



Scalloped Shorts



These shorts are inspired by the classic-style scalloped shorts but with a few modern twists added. These reversible scalloped hem shorts are a must-have for summer! Wear them with the scalloped hems folded-up and cute ties with buttons or other embellishments, or just leave them unfolded, which makes them longer, kind of like Bermuda shorts. Definitely school approved! (directional fabric prints are not recommended when folding up the cuffs – choose fabrics of medium contrast in case the prints show through to the other side of the shorts)

List of required materials:

- Regular woven cotton fabric or any lightweight material
- Sewing machine
- Scissors
- Lip edge ruler or measuring tape
- Regular standard needle for woven material
- Thread
- 1" elastic
- Iron
- Double-threaded hand-sewing needle with the thread being 25" long. Double-knot the ends.
- Substitute for handmade hem ties, such as FOE elastic, ribbon, etc. (optional)
- Buttons, bows, or other small embellishments
- Fabric marker (optional)
- Safety pin

Seam allowance: 3/8" (or half a presser foot)

Difficulty Level: Intermediate

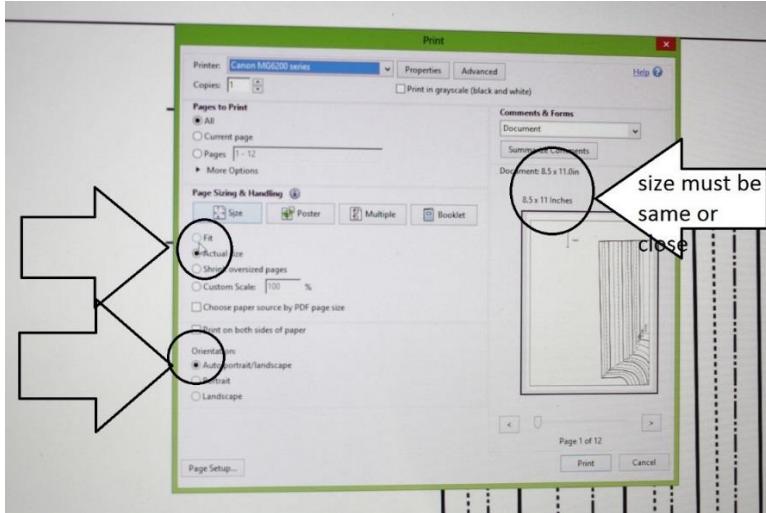
Sizing chart – based on 42 inch wide fabric WITH print direction (possible SHRINKAGE INCLUDED!!!)

Size	Approx. inseam when shorts are not folded up.	Fits a hip circumference (or widest part of body) of about	Yardage needed for ONE side of shorts (There are 2 sides.)	Yardage needed for straps	*page3- Hem straps Cut 4	1" waist elastic Cut 1
12-18m	2 1/2"	23"	1/3 yd	1/8"	2" x 5 3/4"	18"
18-24m	3 1/4"	25"	1/3 yd	1/8"	2" x 5 3/4"	19"
2t	4"	26"	1/3 yd	1/8"	2" x 5 3/4"	19 1/2"
3t	4 3/4"	27"	3/8 yd	1/8"	2" x 5 3/4"	20"
4t	5 1/2"	28"	3/8 yd	1/8"	2" x 6"	20 1/2 "
5t	5 3/4"	28.5"	3/8 yd	1/8"	2" x 6"	21"
6	6"	29.5"	1/2 yd	1/8"	2" x 6"	21 1/2"
7	6 1/2"	30"	1/2 yd	1/8"	2" x 6"	22"
8	7"	30.5"	1/2 yd	1/8"	2" x 6"	22 1/2"
9	7 1/4"	31.5"	1/2 yd	1/8"	2" x 6 1/4"	23"
10	7 1/2"	32"	1 yd	1/8"	2" x 6 1/4"	24"
11	7 3/4"	33"	2 1/4 yd	1/8"	2 1/4" x 6 1/2"	25 1/2"
12	8"	34"	2 1/4 yd	1/8"	2 1/4" x 6 1/2"	27 1/2"
13/14	8 3/4"	35"	2 1/3 yd	1/8"	2 1/2" x 7"	30"
15/16	9"	36"	2 1/3 yd	1/8"	2 1/2" x 7"	31"

***If you are using ribbon, etc. for the hem straps, you want to cut it to 4" long for sizes up to 3t, 4 1/4" long for up to a size 8, 4.5" long for up to a size 11, 4 3/4" for up to 14, and 5" for up to 16. Make sure you heat seal the ends or use Fray Check.**

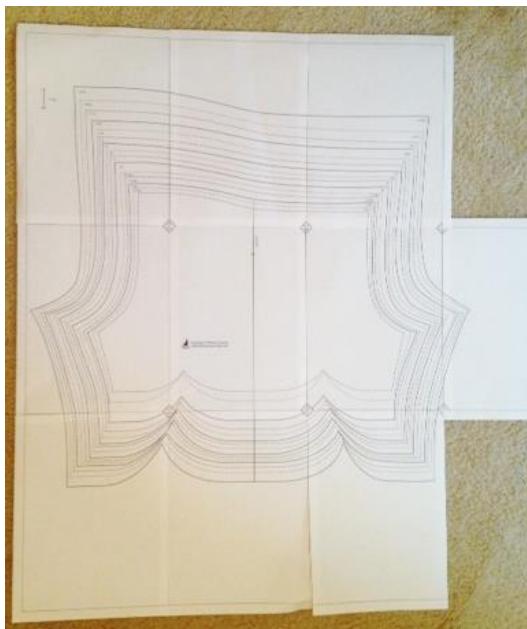
To print out your templates:

Print out your templates without scaling. Double check the 1 inch print scale to make sure your templates print to scale. Any discrepancies of 1/8" or more will result in ill-fitting shorts. Here is a screen shot of my print preview window:



Cut around the perimeter of each page and piece pages together matching the diamonds with letters. Don't overlap and don't leave gaps.

This is your taped together template:



TIP: to preserve the other sizes you can trace the template onto tracing paper or a big poster roll from Office Depot.

Cut out the size you are making for each template piece.

To cut out the shorts pieces:

Your fabric print needs to face down (if applicable). *Please note that if using a directional print, when you fold the hem over, the print from the opposite side will be upside down.* Fold your fabric over sideways (from selvage to selvage) for sizes up to 9. For sizes larger than 9, you want to unfold your entire fabric width and cut 1 shorts piece at a time. Reverse the template with the other fabric cut so you will end up with 2 mirrored shorts pieces. Place your template onto the folded fabric as shown.



Here's a tip to prevent your templates from ripping where you pin: Put a piece of tape into each corner before pinning. ☺



Pin template in place and cut around it. You now have two mirrored pieces of your shorts:



Cut out the second pair of shorts from your other fabric. You will now have two mirrored shorts pieces:



Lay this set of cut pieces aside for now.

To assemble the first set of shorts pieces:

Fold one shorts piece with right sides together and pin along the leg inseam. Then, sew along the dashed line. Backstitch the beginning and end:



Repeat with other shorts piece of the same print.

Trim off half of the seam allowance you just sewed:



Turn one leg with right sides out and place it above the other leg which should have the wrong sides out:



Insert the leg from above (with the right sides out) into the other leg as shown:



Match both crotch/rises and pin in place. Then, sew along the dashed line. Backstitch at the beginning and end:



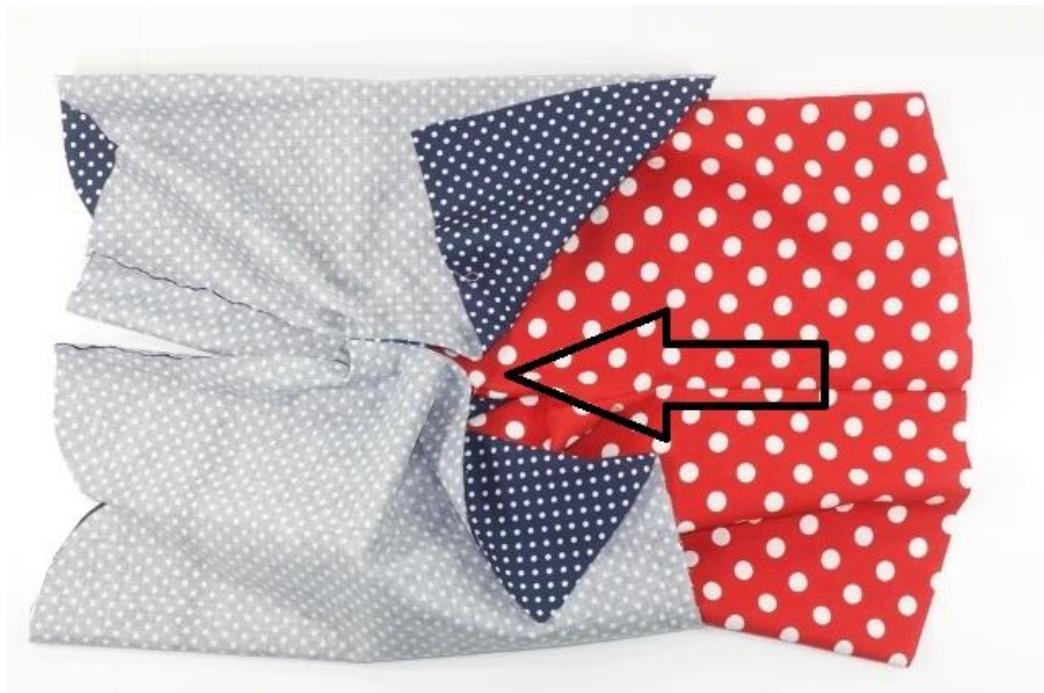
Trim off half of the seam allowance:



Take your other two shorts pieces of the second fabric and ONLY sew the leg inseam together (following the steps above). The crotch/rise will be left unsewn.

To sew inside and outside of shorts together:

Take your second pair of shorts with right sides in (and the crotch/rise unsewn) and the first pair with right sides out. Insert the one with right sides out into the other pair of shorts as shown. Make sure both sides, front and back, will match:

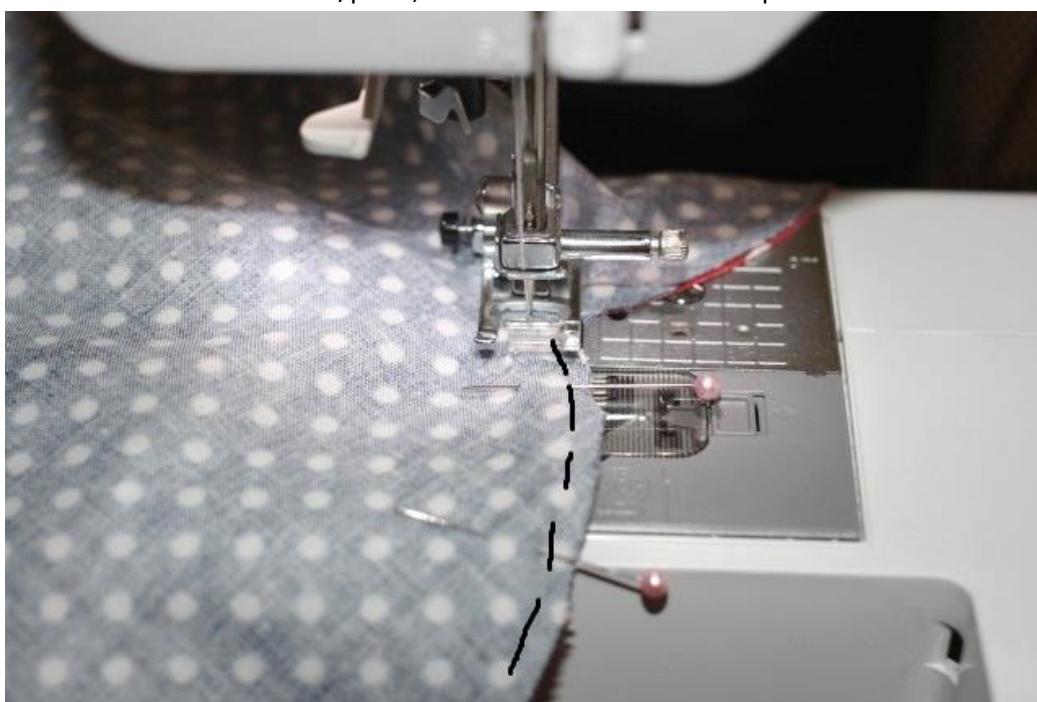


To sew the scalloped hems:

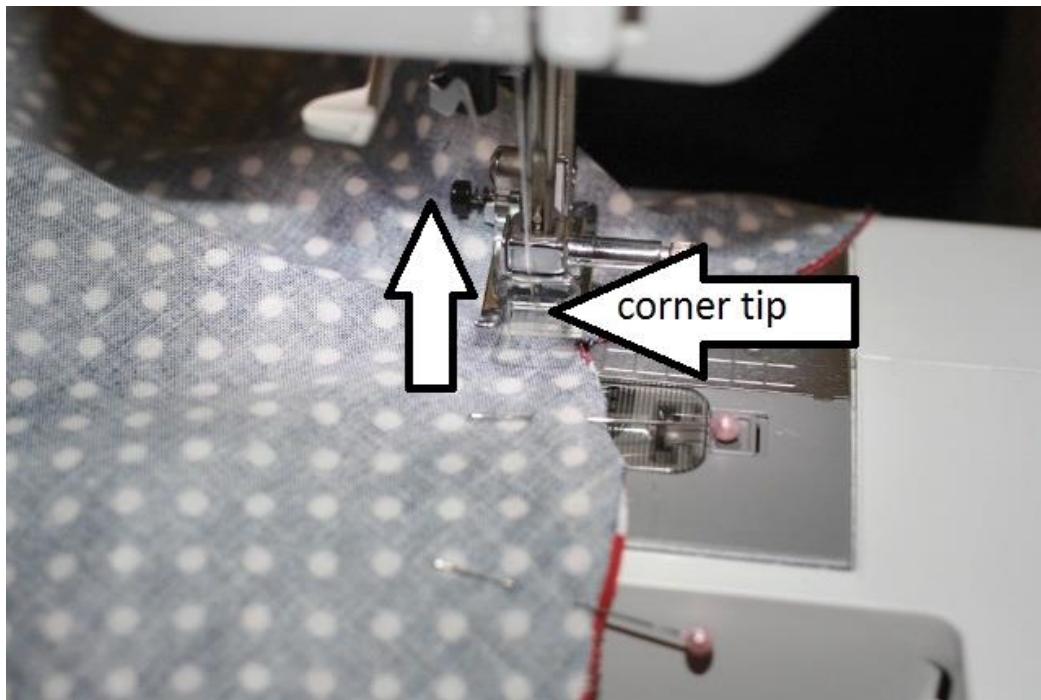
Match up the curved leg hems by aligning the leg inseam. Pin both layers in place with straight pins every $\frac{1}{2}$ " (pins not shown). Repeat with the other leg.



Place one leg onto your machine but do not let it run underneath the machine. Start sewing at the inseam and sew very slowly and carefully along the dashed line until you reach the top of the first scallop. It is very important not to stretch the fabric at all! Let it run smoothly along and only guided by your machine. You want to make sure to keep the exact same seam allowance throughout. Once you have reached the first curve/point, sew a tad further with a couple of stitches and then stop:



Lift up your presser foot



...turn your fabric into the direction of the next scalloped curve and lower the presser foot. Do all of this without any pulling (if possible). Continue sewing all the way around and backstitch the end. Repeat with the other leg.



This is what your shorts should look like after sewing together the leg hems.



Trim off half of the seam allowance and cut slits into each corner tip. Be careful to cut your slit up to the point of the curve, but do not clip through the thread.



To turn the pants right side out:

This is what your shorts look like now. The crotch/rise is still open:



We are now turning the shorts with right sides out.

Fold down the open shorts (legs) so that they are laying flat as shown:



Now, insert those legs into the connected shorts, one leg at a time:



Then, turn the entire pair of shorts “inside” out so that the side with the open crotch faces you:



To sew the crotch area (partially):

Fold down the shorts with the open crotch to where the inner leg seam meets the open crotch edges. Pin the open crotch seam in place (only on one side, we'll get to the other crotch side later). Sew along the dashed lines and backstitch the beginning and end:



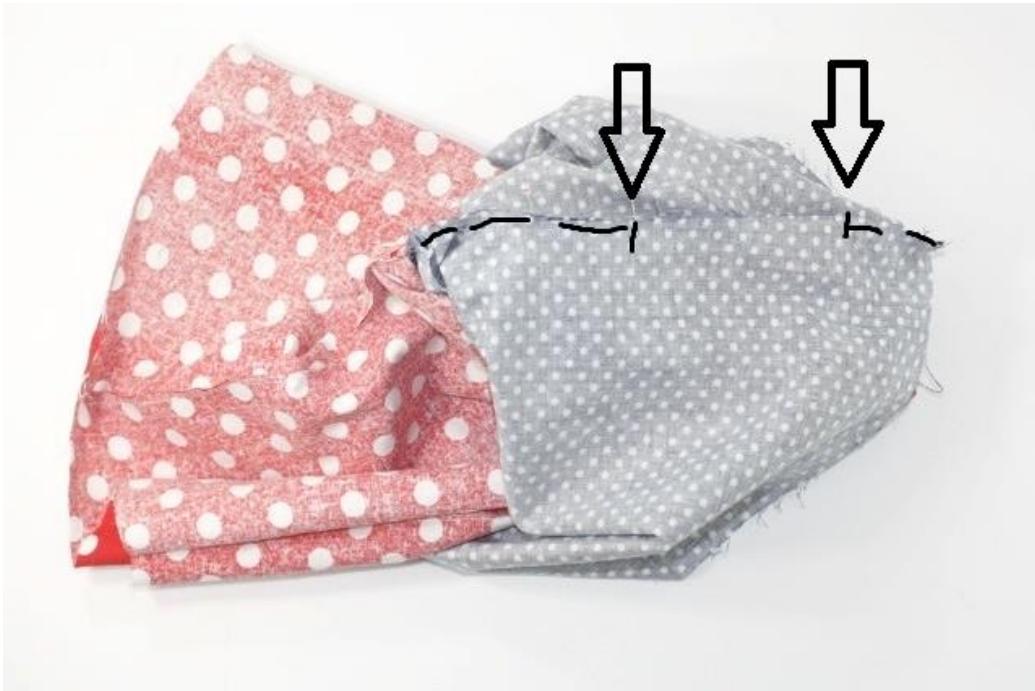
Fold the sewn crotch area back over the other shorts:



Flip the shorts over so that the other open crotch area will face you now:



Fold it down as you did with the reverse side and only pin from the crotch/leg inseam up to about half way. Then pin the top area. This will leave an opening of about 4-5" which should be big enough to insert your hand later on. Sew the pinned area with backstitching at the beginning and end:



Fold the sewn area back up. This is now what your shorts look like with the opening:



To sew the top edge and casing:

Have your safety pin handy. Grab both top edge center seams and fold them down so both right sides of the fabric will meet:



Place the safety pin inside so both top edges will stay put as you folded them down.



Here is a view of the inside with the placed safety pin:



Reach into the crotch opening and gently pull the entire shorts through, leaving the safety pin intact:



Your shorts will look very bunched and unrecognizable at this time. Don't worry, it will straighten out soon. ;)

Lay both top edges of one side flat (still leaving the safety pin intact which now will be exposed):



Pin entire top edge together one inch at a time. Once you have finished pinning the first side you want to slowly go around and only concentrate on the top edges.



Your shorts will look like this now. They will be a tube with an opening in the center:



You want to keep turning the shorts so it will allow you to pin the entire top edge together. Once you have reached the other side, start sewing the top edge in place and leave a 3" opening in the back center (at the higher waist edge point). Backstitch the beginning and end:



This is what your shorts will look like now. The top edge opening and the back rise opening shown:



Pin and then sew the back rise opening in place and backstitch the beginning and end:



That leaves us only one opening on the top edge. Reach in and gently pull the shorts out ...



... so that they will now be with right sides out. Press the opening seam flat along with the rest of the top edge:

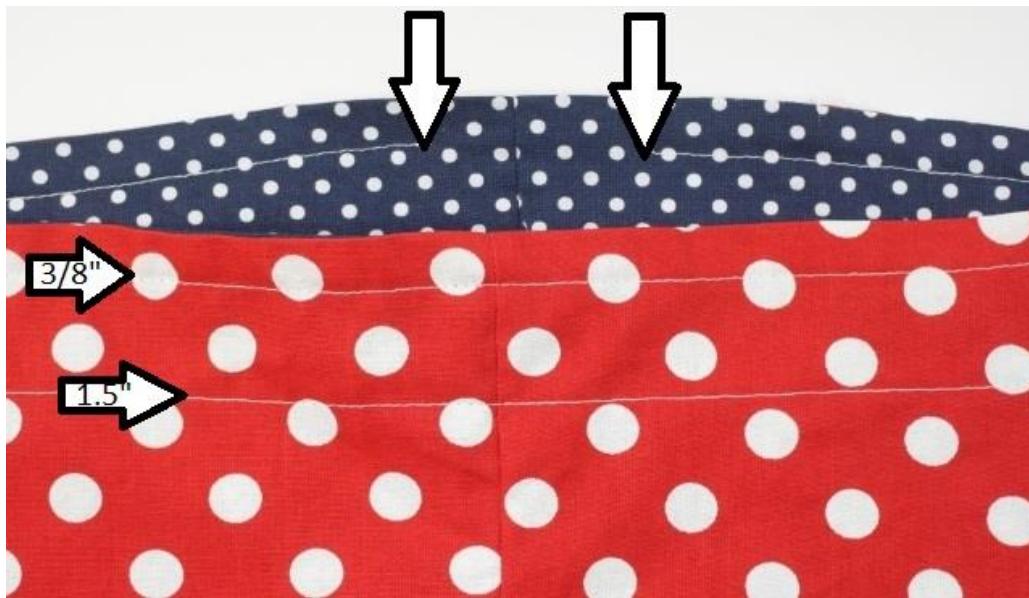


Press both leg hems flat as well. When pressing those, please do not pull on the fabric. Rather, have a dampened towel nearby to moisten your fingers while unfolding the seams. This is your pressed top edge:



To make the casing:

Use a fabric pen to draw the lines or go directly to sewing. Sew a line $3/8"$ down from the top edge, leaving a back center opening of $1.5"$. Then, sew a continuous line $1.5"$ down from the top edge. Backstitch the beginning and ends:

**To insert the elastic:**

Secure a safety pin to one end of your elastic and insert it into the casing:



Once both ends meet, overlap $\frac{1}{2}$ " and pin in place. Sew both ends together by stitching back and forth about 10 times with your hand-sewing needle:



Since these shorts are reversible there really isn't a good spot for a size tag. Sorry!

Close the opening to the elastic casing first, then close the top edge opening. Backstitch the beginning and end of both:



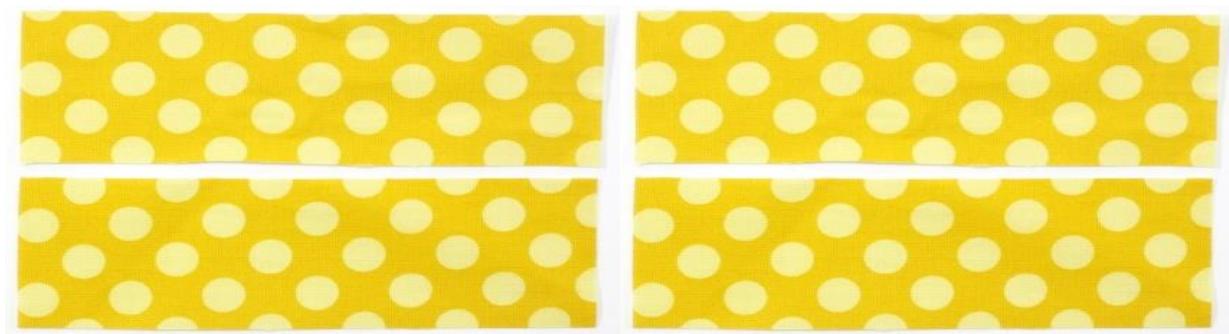
Topstitch the scalloped hems:

Top stitch the scalloped leg seams and follow the same regimen as when you sewed the leg hems together- no pulling or stretching . ☺ Try to use a color for the upper thread and bobbin that will work well with both of your fabric choices. Backstitch the ends:

**To make the hem ties:**

NOTE: If you prefer to use ribbon, please skip this section and continue to Page 26, where I show you how to sew the ties on.

These are your hem ties fabric pieces cut out:



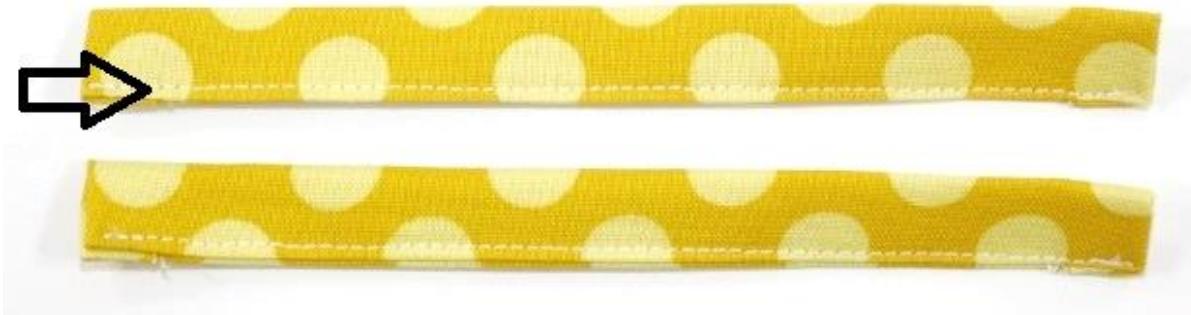
Fold in both long edges towards the middle and leave just a smidgen of a gap where both edges meet. Press in place:



Fold the strip in half. Press:



Fold in both short edges $\frac{1}{4}$ " and press entire strip once more. Then, sew in place along the folded edges (see arrow). You don't have to sew the short edges. Backstitch the beginning and ends. Repeat with the 2 remaining ties.



Decide whether or not you want the hems folded up permanently (you can still flip the shorts inside out and flip the hems accordingly) or leave the legs long. Place your hem tie into the center of the scallop peak so that both sides of the tie are of equal length. Pin both tie ends in place through the two layers of the shorts and sew in place with your machine. Then, add your decoration (buttons, bows, flowers, etc.)



Repeat with other leg and add decoration to all 4 leg sides.

This view shows you how it looks with the hem folded up (and I scrunched the hem just a tad so the ties stay put a bit better). TIP: if you press the fold it will hold up better for your active child!



Here is my pair of shorts with both sides shown:



Design examples:



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1 inch

15/16

14

13

12

11

10

9

8

7

6

5

4

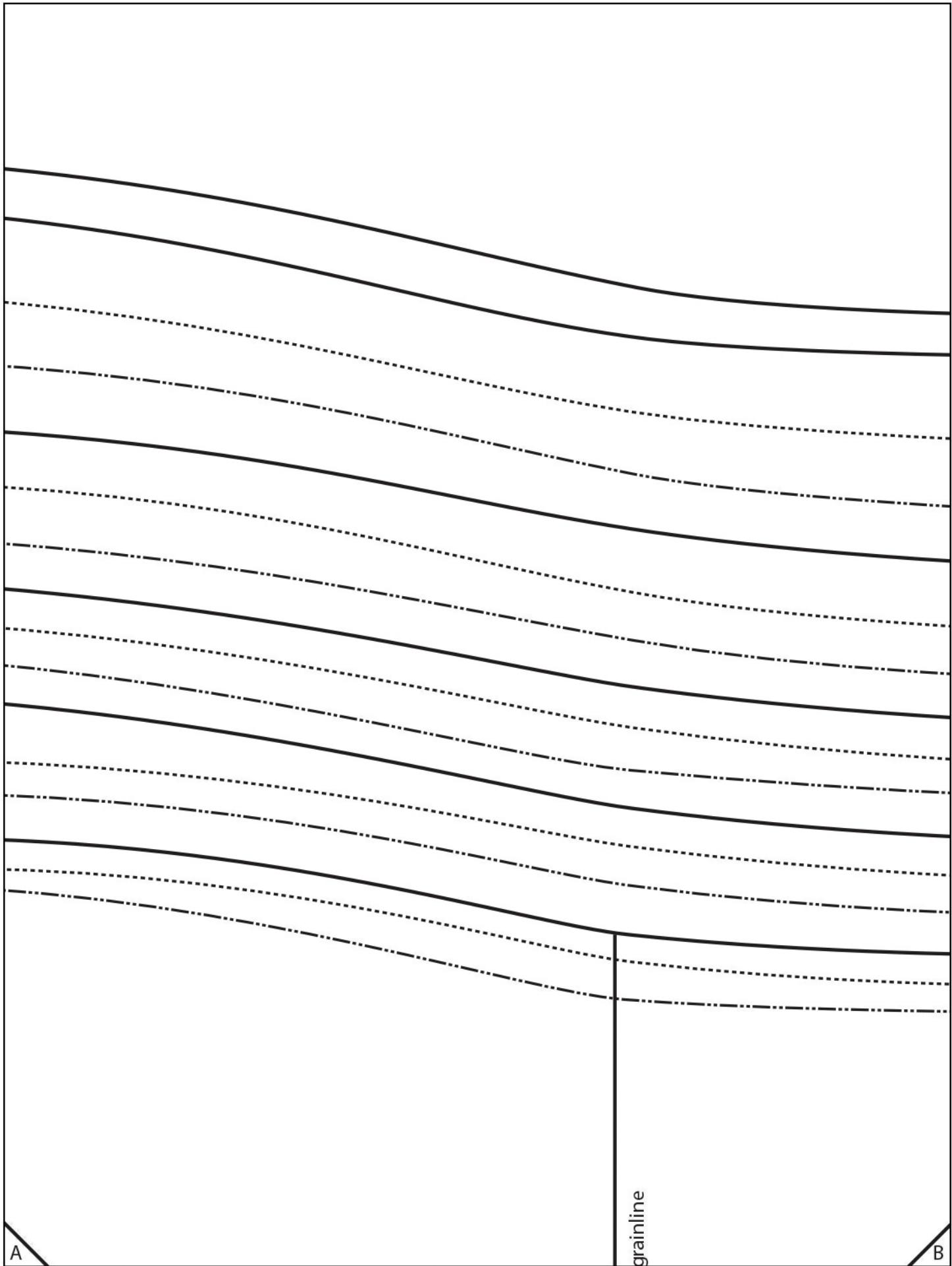
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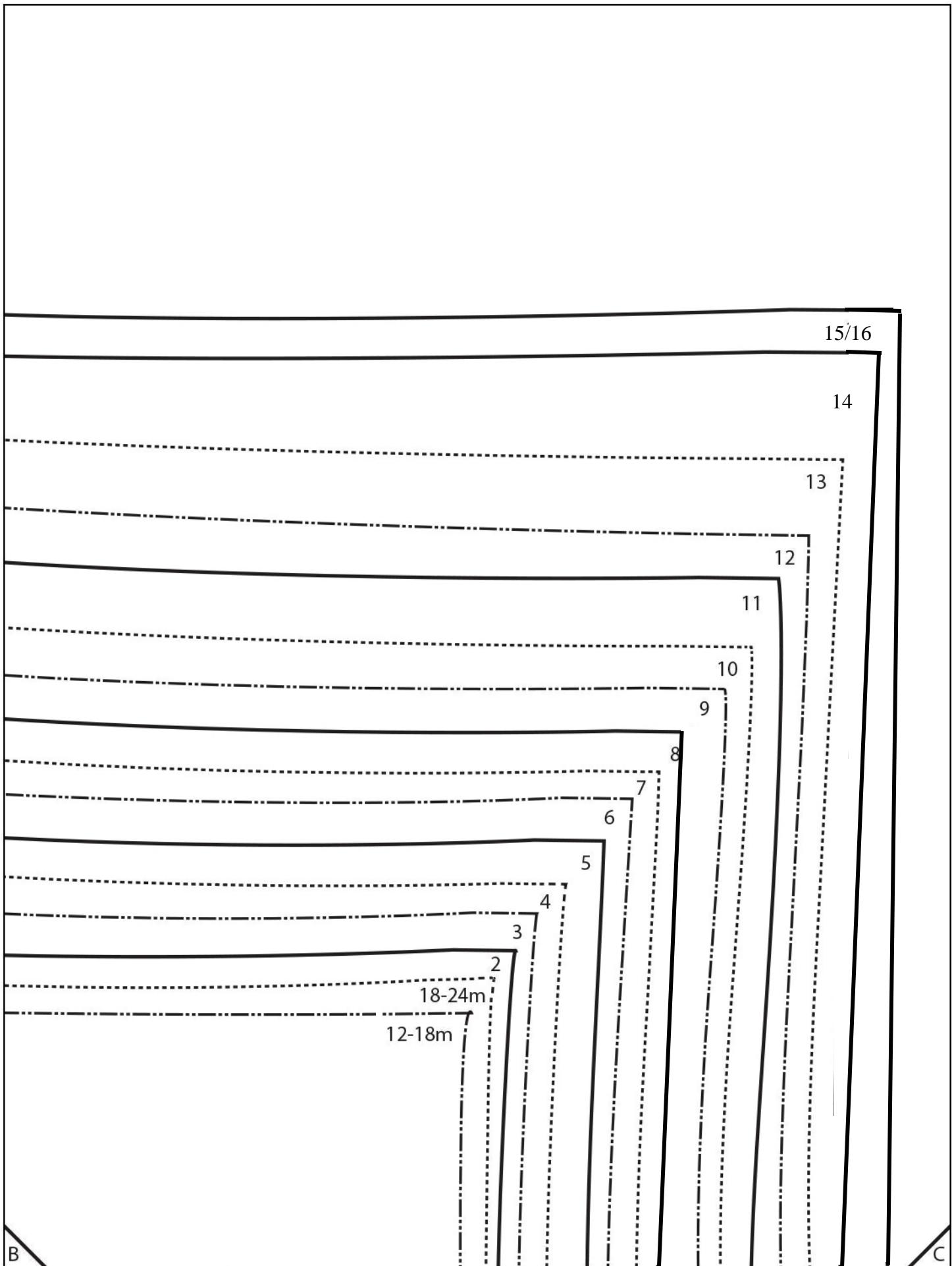
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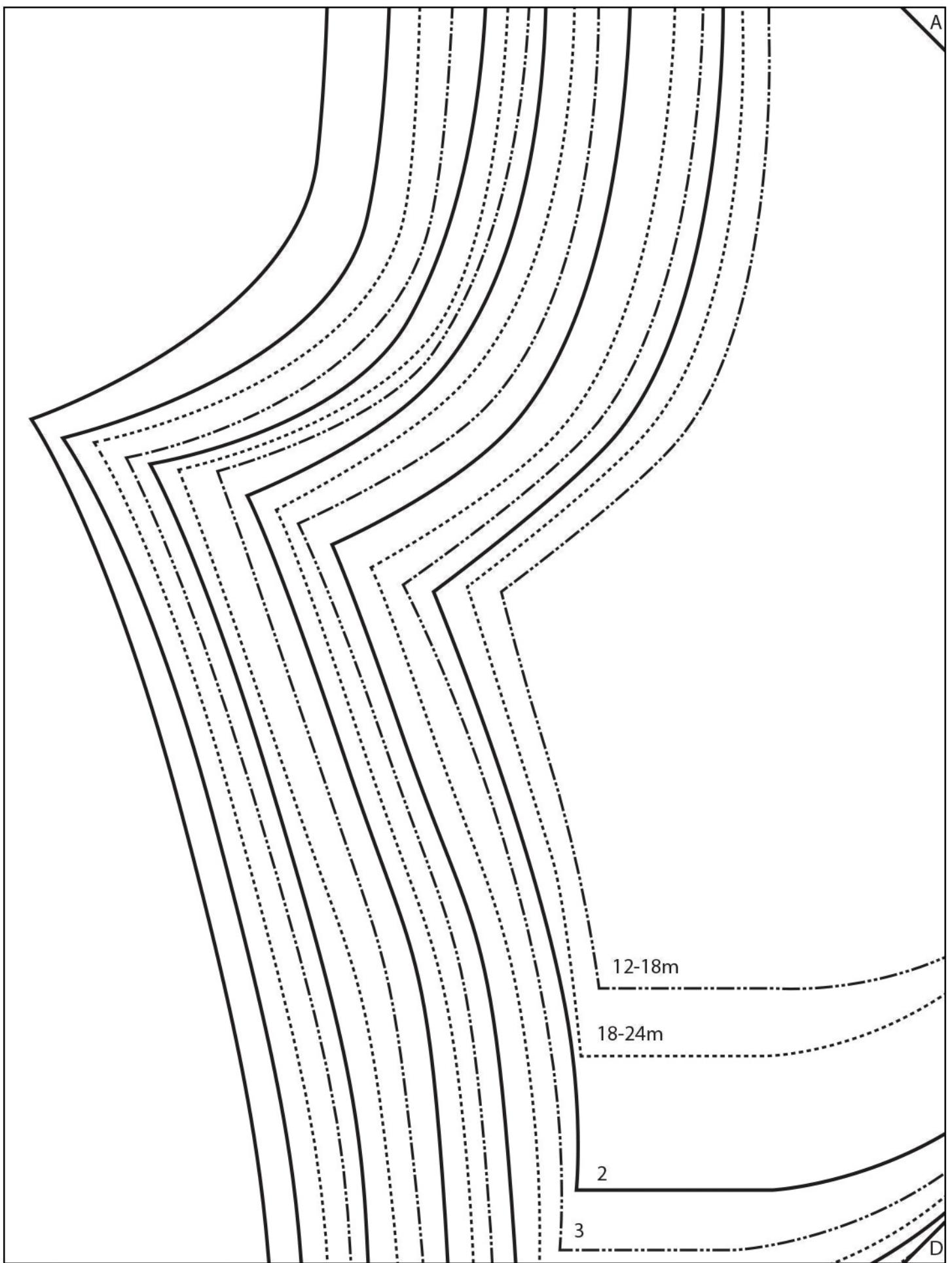
18-24m

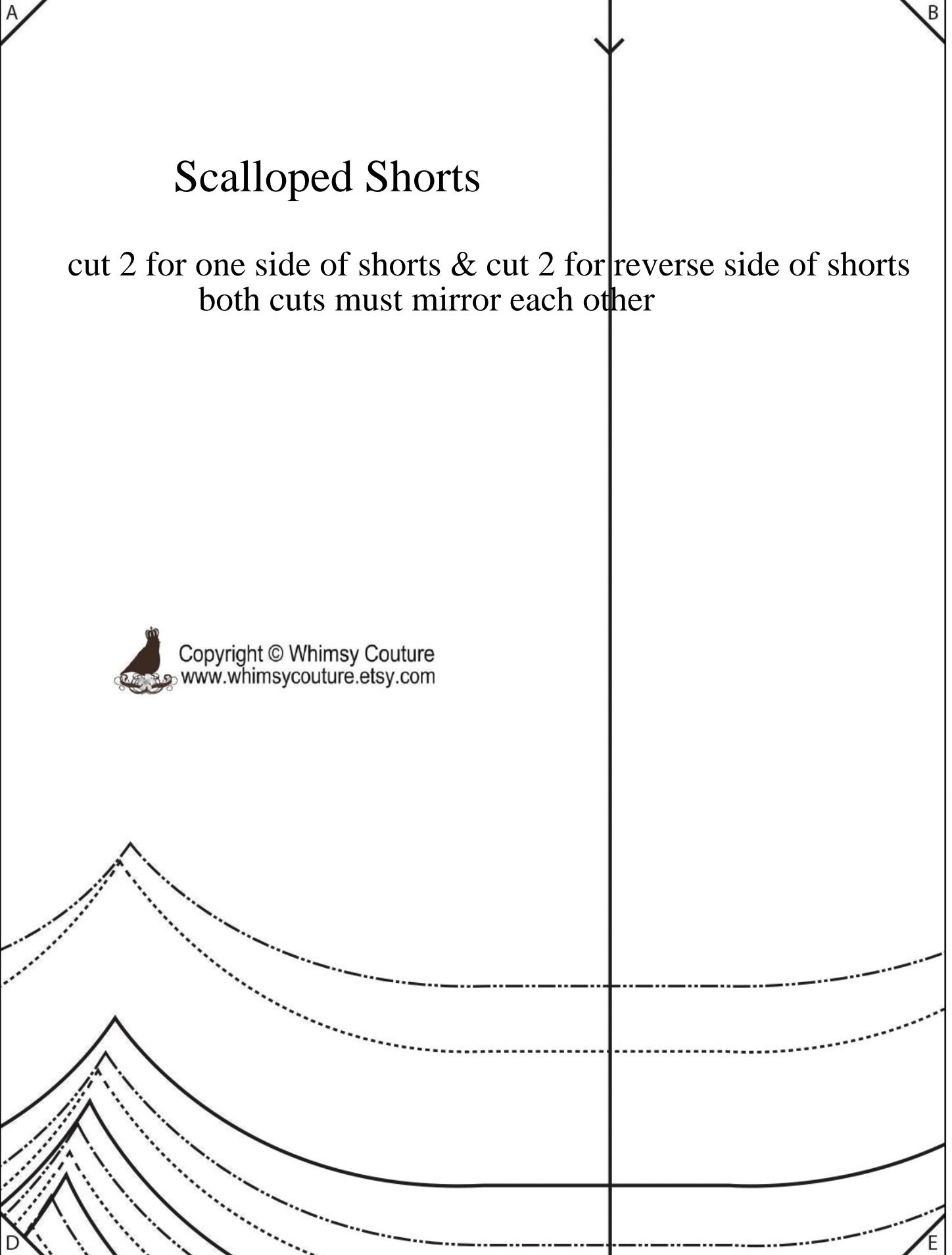
12-18m

A









Scalloped Shorts

cut 2 for one side of shorts & cut 2 for reverse side of shorts
both cuts must mirror each other



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