



## Hooded Scarf (with options)



Whimsy Couture

**List of required materials:**

- Fleece, minky/cuddle fabric and/or cotton (other fabrics could be a thicker knit or sweat shirt fleece)
- Sewing machine
- Pins
- Scissors
- Measuring tape or lip edge ruler/cutting mat
- Fabric marker or pencil
- ¼" elastic (optional)

This hooded scarf can be made with a rounded or a pointy hood. You can use fleece on both sides or only on one. If fleece is used for both sides, top stitching is recommended in order to smooth out the outer seams. Use a slight zigzag stitch to allow for elasticity when tying the scarf.

This hooded scarf is reversible! Ruffles can be added to the ends of the scarf. Please read through this tutorial to pick out the sections you need for the version you are making.

Seam allowance: ¼" unless stated otherwise

Stitch: knit stitch or slight zigzag stitch unless stated otherwise

Version for pointy hood = omit cutting the curve from the template (no other adjustments are needed)!



\*Ribbon added to scarf ends

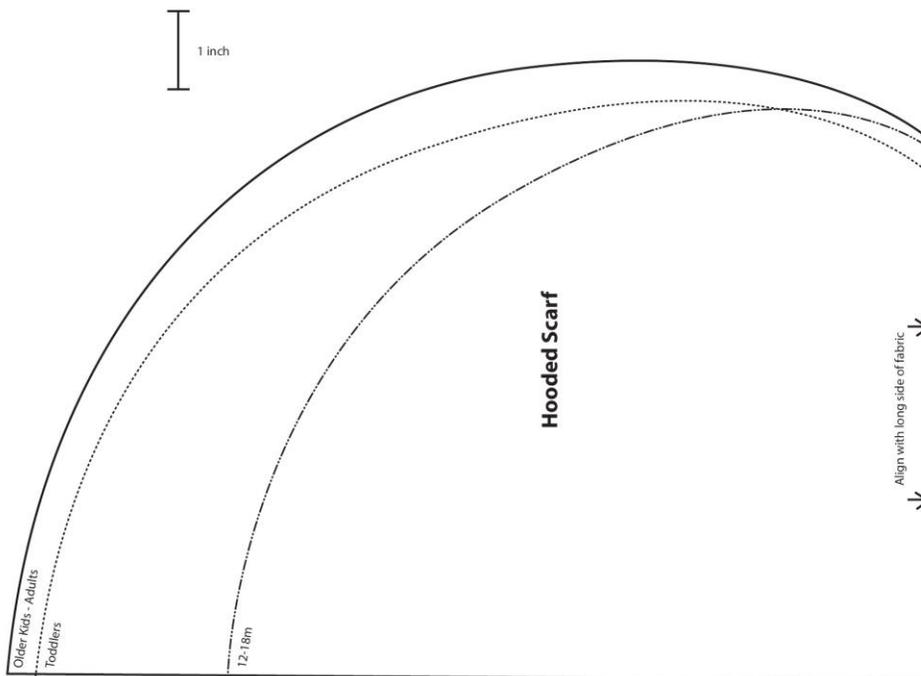
Version for rounded hood and added ruffles to scarf ends: pages 1 through 15

Version for elasticized hood: page 18 through 20

Print the templates without scaling or any other adjustments. Double check the 1 inch printscale.

Cut around the perimeter of each page and piece the pages together, matching the diamond with the letter A.

Diagram of the template:



Either trace the sizes onto transfer paper or cut the desired size out.

## Hooded scarf sizing chart:

This hooded scarf can be made from both sides fleece or one side fleece and one side cotton. Knit fabrics are also suitable. The stretch direction doesn't matter. Print direction can go up or sideways just be sure to have print direction not going upside down when you sew!

Cut 2 pieces for inside and 2 for outside from the following chart

Sizes	*width		*length		width	length	distance to mark hood
Up to 12m	9	x	32	ruffles	2	x	14 1"
Toddlers	11.5	x	36	ruffles	2	x	17 2"
Older kids	11 ¾	x	38	ruffles	2.5	x	18 3"
Adults	11 ¾	x	41	ruffles	2.5	x	18 3"

### Guide for hood elastic – cut 2 pieces of ¼ inch elastic:

Up to 12m – 6"

Toddlers - 8"

Older kids - 11"

Adults - 12"

Yardage depends on if you are using a directional or non directional print.

If your print is **non directional** you can multiply the \*width measurements by 2 for one type of fabric. You need 2 types.

If your print is **directional** you can take the \*length measurement once for one type of fabric. You need 2 types.

Add about 0.5- 1 yd extra for ruffles.

These should be the pieces you have cut out – 2 outsides and 2 insides:



Version for rounded hood and added ruffles to scarf ends

**To make head pieces curved :**

Begin with the fabric piece set for the outside – place both panels with right sides together .

NOTE: if you prefer the top of the head to be pointy please go now to page 6



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Place your template onto your fabric, aligning the LEFT side (long fabric edge) and the TOP edge (which is turned upside down). The curved template should be placed flush with the top edge of your fabric panels (fabric print should be UPSIDEDOWN):

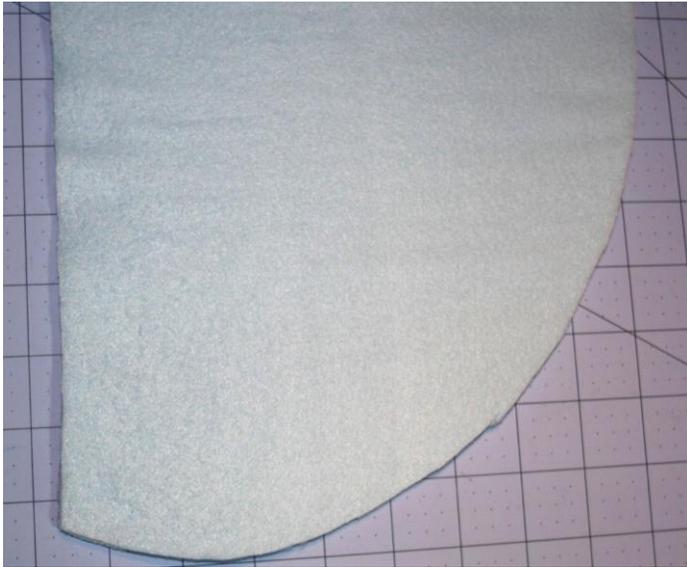


Pin and trim off along the curve to create the rounded hood tip (omit if pointy hood is desired):



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Repeat with other set of fabric (fleece) for the inside:



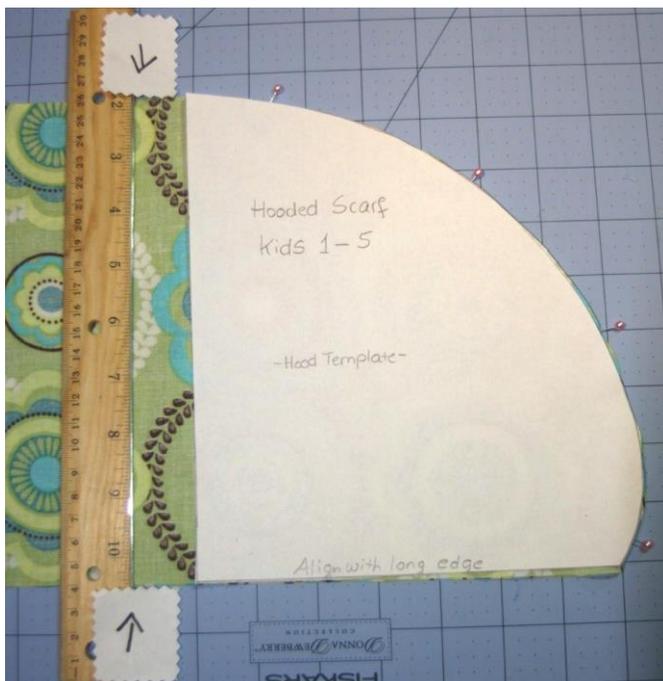
You should now have 4 rounded fabric panels.

**To sew fabric panels together:**

Pin your head edge together by placing the set for outside of the scarf with right sides together.

Place your template onto your fabric (over the pins) and align a ruler (0.5" for babies, 1" for kids 1-5, 3" for adults) below the template. I placed arrows to show you that I placed my ruler 1" under the template.

NOTE: the individual distance measurements will ensure a perfect fit for each size! Find this in the SIZING CHART under "distance to mark hood" for the size you are making.



Mark the distance ONLY on the upper (outer) edge with your fabric pen or pencil:



Put the template aside.

Sew with a straight stitch if you have cotton fabric (for fleece or other knits use a knit stitch or slight zigzag stitch) between arrows. Backstitch beginning and end:



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This should now be your sewn together hood part or your outside fabric:



Repeat with set of inside fabric:



Sew inside fabric together as well and lay aside.

**OPTION- To make ruffles:**

If you prefer no ruffles please go now to page 11

**How to ruffle your fabric/fleece:**

Set your sewing machine to the longest stitch length and the highest number tension. This way your machine should automatically gather your fabric! (If your machine doesn't allow this setting you may set your tension to 2-3 and to the longest stitch length and sew. Then manually pull the upper thread to gather your ruffle. )

Sew along the raw edge with a seam allowance of about  $\frac{1}{4}$  inch very slowly.  
This should now be your gathered ruffle piece:

Fleece ruffles are easy to make and may be cut on the corners to make them rounded:



**To sew ruffles on:**

Place ruffles onto outside fabric at the ends of the scarf and leave both sides clear of  $\frac{3}{4}$ ". Pin:



Sew with straight stitch and backstitching right over the ruffle seam:



Repeat with other scarf end.

Regardless if you have added ruffles, you'll have your two hooded scarf sets for inside and outside and want to sew both together.

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Place both sets side by side (the outside with right sides facing and the inside with wrong sides facing):



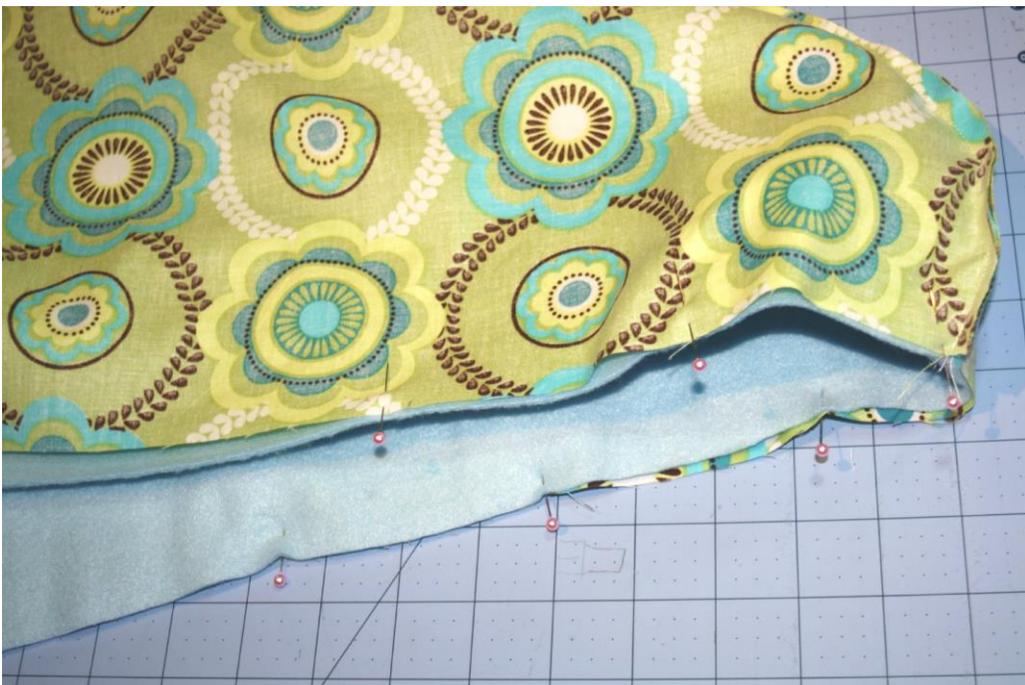
Take the inside panel and insert it into the outside panel as shown:



Match up the hood center seam.....



.....and pin along the outside edge (front of hooded scarf):



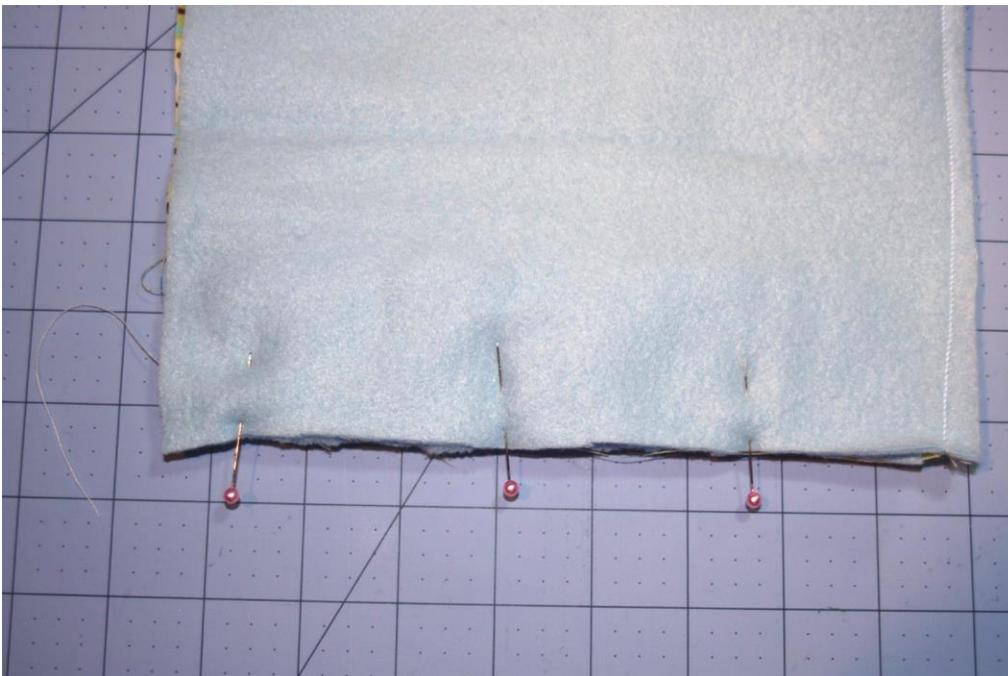
Pin the entire outer edge, right side and left side and sew (with knit stitch).

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Place your inside fabric over the sewn-on ruffle:

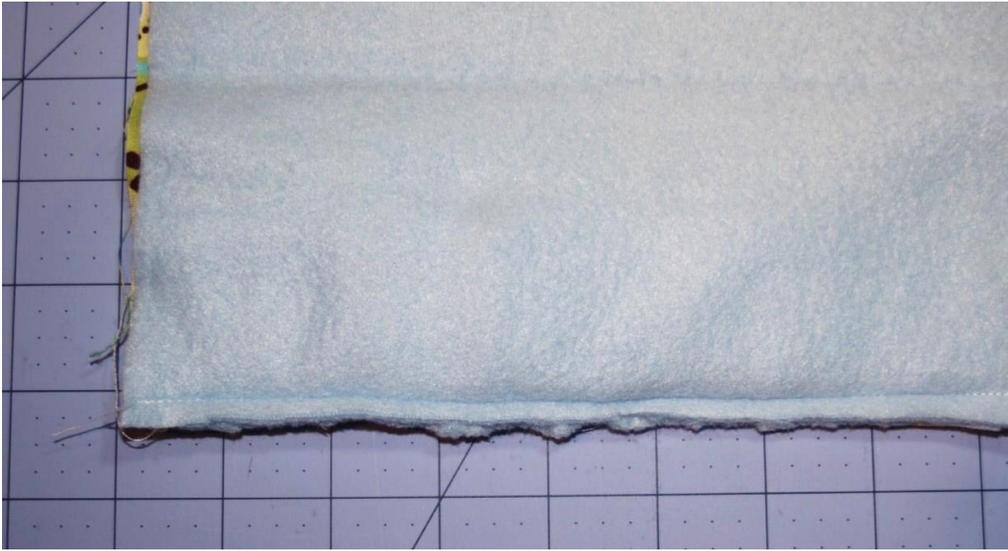


Pin:



14

Sew with straight stitch slightly ABOVE the ruffles seam:



**To sew inside and outside together:**

This should now be your hooded scarf:



**To finish the hooded scarf:**

Your scarf is almost done and only needs to be sewn on the back sides (left and right side). First, mark a 4" opening where you will turn your scarf inside out later on. Ideally place it somewhere along the back side where I placed my arrows:



Sew the entire back side leaving the marked space open. Sew over the hood backside as shown:





Trim off corners to prevent bulk:



Turn hooded scarf inside out.

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This is your opening.....



.....turn the edges in and pin. Then sew with a straight stitch close to the outer edge. Backstitch:



Done!

You may topstitch your hooded scarf using a slight zigzag stitch to allow for elasticity when tying the scarf.

## Version for elasticized hood

To make the hood fit snug and to prevent much wind from coming in you can add elastic to the inside of the hood fabric pieces. To sew this scarf follow the same steps as shown in the tutorial and come here for adding the elastic BEFORE you sew inside and outside together:

Flatten the hood by lining up the center seams of the hood until it lays flat. Find the measurements for the elastic in the sizing chart under "hood elastic".

Cut 2 pieces of  $\frac{1}{4}$ " elastic in the just determined length. Place the elastic centered onto the inside of fabric of the hood as shown. The distance between elastic and outer edge should be about  $\frac{3}{4}$  to 0.5 inch. Pin in the center:



Start sewing the center of the elastic strip with regular stitch back and forth a couple of times, then switch your machine to knit stitch (or slight zigzag stitch) and gently pull on the elastic while you are holding the other side of the hood behind your machine. Start sewing while holding elastic and hood taut (holding with a slight pull, no slack). Make sure to keep distance of  $\frac{3}{4}$  to 0.5 inch to the outer edge!

Keep sewing like this until you reach the end of the elastic. Release from machine and mark the other side where you ended with the elastic strip. That's where you want to end up with the other side of the elastic strip.



This should now be your sewn on elastic:



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Repeat with other hooded scarf piece.

Continue sewing the hooded scarf as described above. This should be your finished hood with elastic.



You may topstitch your hooded scarf using a slight zigzag stitch to allow for elasticity when tying the scarf.

Design examples:



For all questions or suggestions to make this pattern better please email me at

[whimsycouture@hotmail.com](mailto:whimsycouture@hotmail.com)

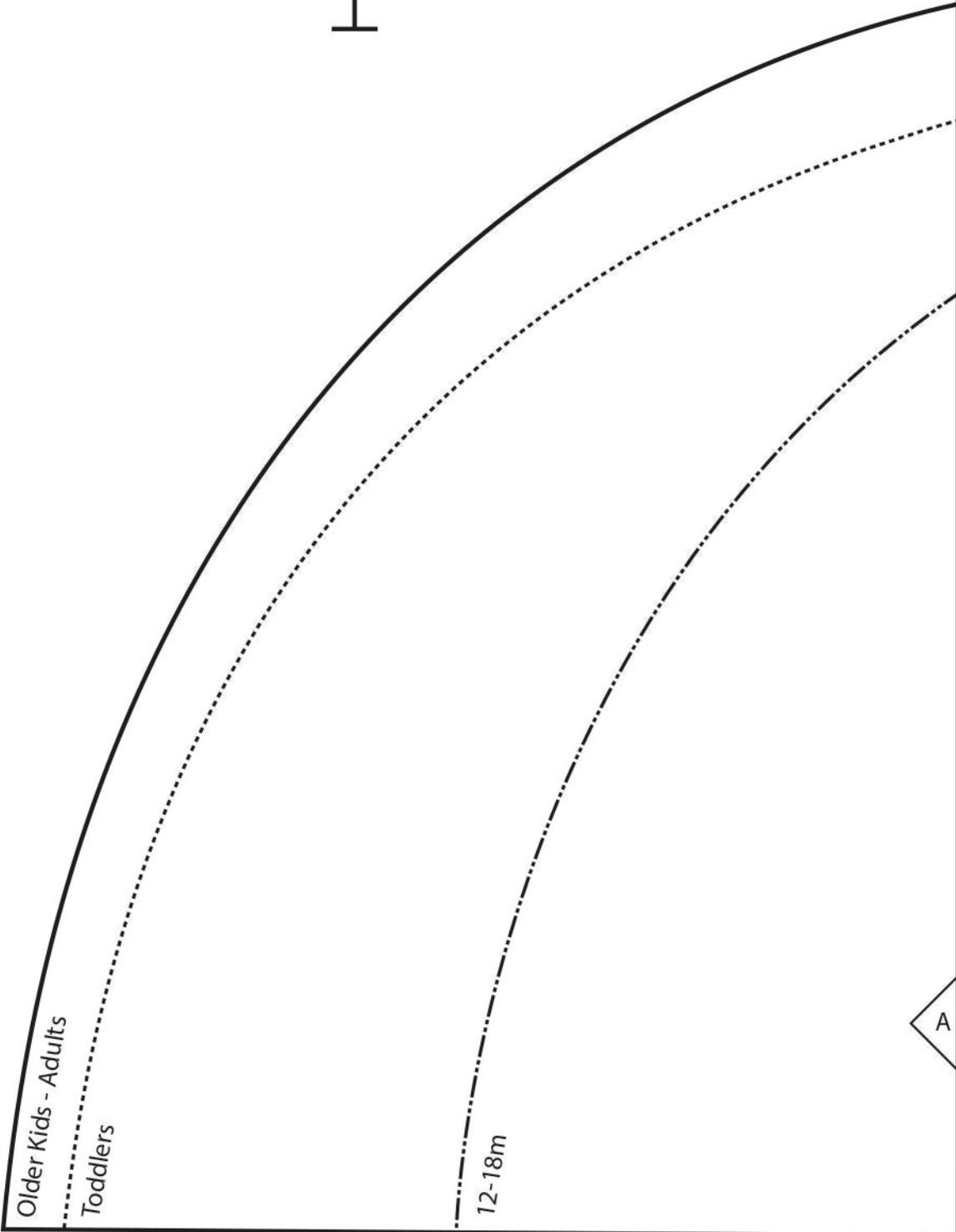
Thank you so much for using this pattern!

For more great sewing patterns please visit my shop [www.whimsycouture.etsy.com/](http://www.whimsycouture.etsy.com/) and blog [www.whimsycoutureboutique.blogspot.com/](http://www.whimsycoutureboutique.blogspot.com/)

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1 inch



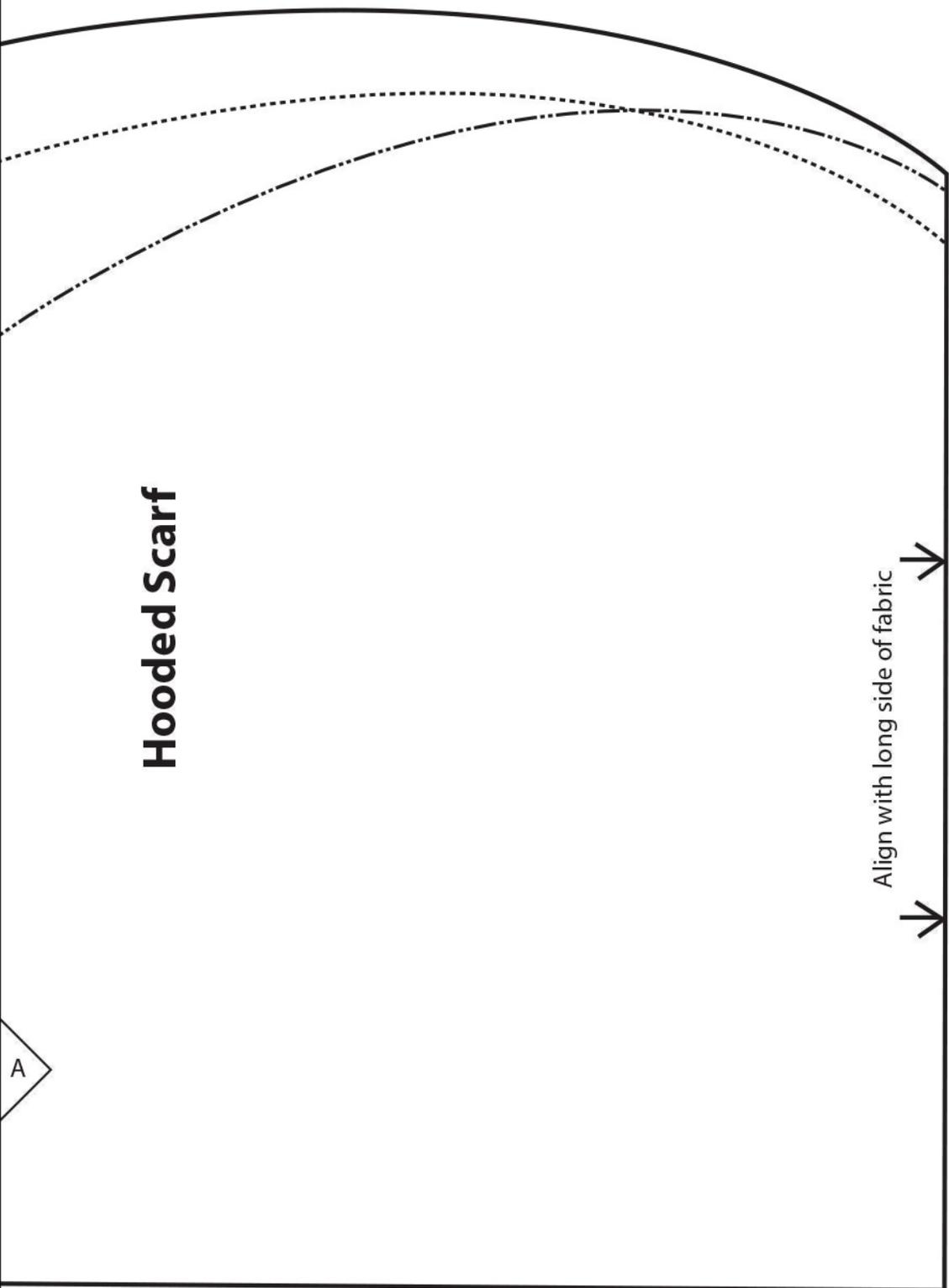
Older Kids - Adults

Toddlers

12-18m



# Hooded Scarf



Align with long side of fabric

A