



# BOYS VEST

Sewing  
Pattern

with

*Girls  
Option*



This versatile essential is easy to make and comes with a girls (ruffle) option! Find instructions for the ruffle version on page 11, follow through until page 21 and come back to section “To add buttonholes and buttons”.

**Table of content:**

- Page 1: yardage chart for vest
- Page 10: girls ruffled version
- Page 11: yardage chart for ruffles

**List of required materials:**

- Fabric
- 2-3 buttons
- Sewing machine
- Buttonhole attachment
- Iron
- Measuring tape
- Straight pins
- Scissors
- Safety pin

**Suitable materials:** Non stretch cotton, lightweight corduroy for outer

**Seam allowance:** 3/8” unless other stated

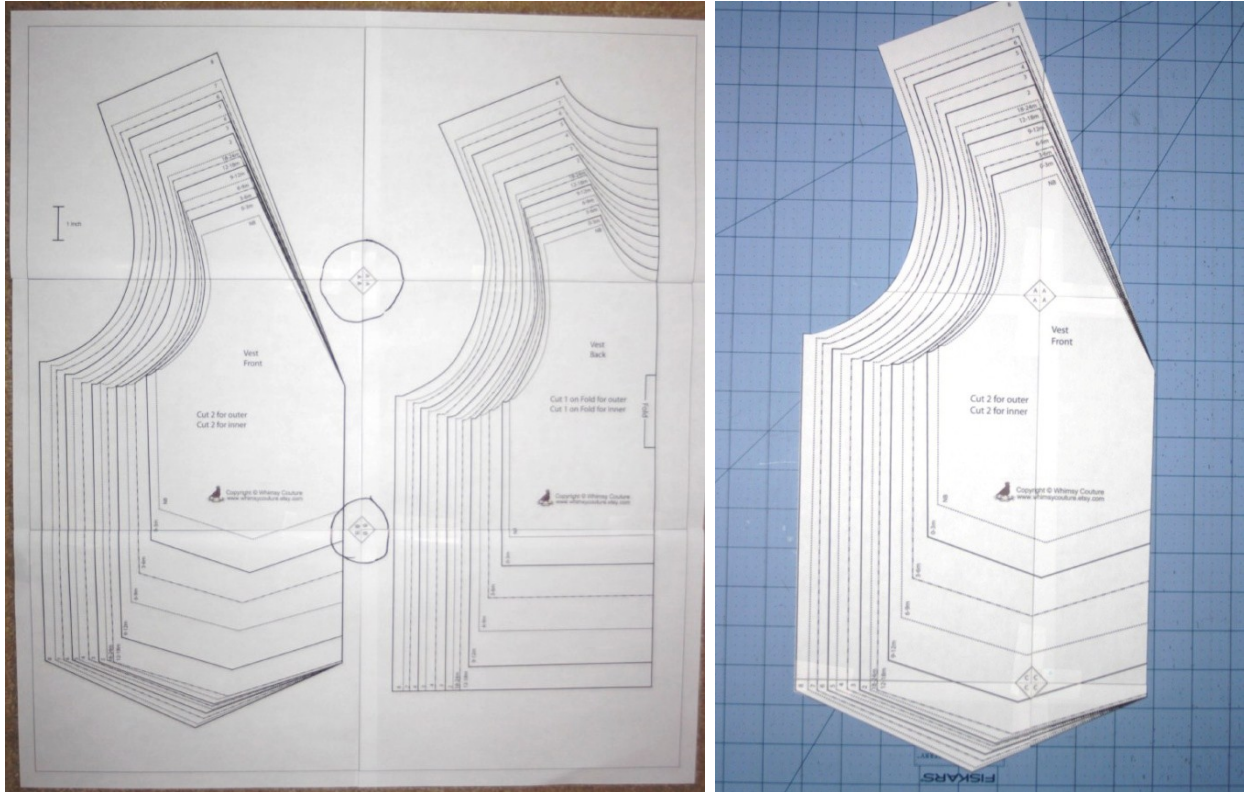
Size	Finished length from shoulder to front hem (pointy tip)	Yardage for outer vest yard	Yardage for inner vest yard
nb	9”	1/3	1/3
0-3m	10 ¼ “	1/3	1/3
3-6m	11 ¼ “	0.5	0.5
6-9m	12.5”	0.5	0.5
9-12m	14”	0.5	0.5
12-18m	15.5”	0.5	0.5
18-24m	15 ¾ “	0.5	0.5
2	16 ¼ “	0.5	0.5
3	16.5”	0.5	0.5
4	16 ¾ “	2/3	2/3
5	17”	2/3	2/3
6	17.5”	2/3	2/3
7	18”	2/3	2/3
8	19”	2/3	2/3

**Yardage for ruffles are on page 11.**

**To print your templates:** set your printer to none scaling and double check the 1 inch print sale of the 4<sup>th</sup> page before printing the rest.

Then cut around the perimeter of each page and

piece pages together matching all 4 diamonds: Cut out the templates:



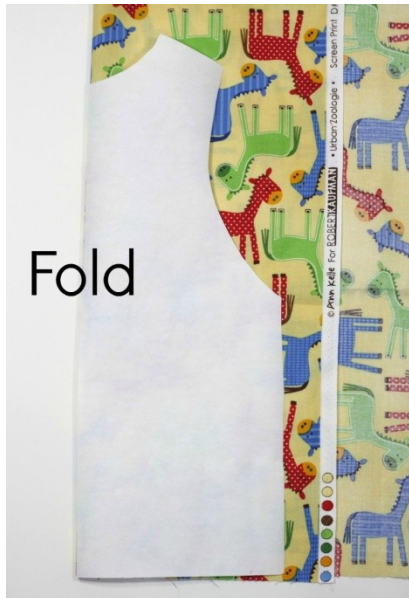
You may trace the taped together pieces onto a larger piece of paper (a poster roll from Office Depot works great), if desired, as shown below:



**To cut out the vest pieces:**

You want to cut out a set of 2 corresponding front pieces and 1 back piece for the outer side. Cut the same amount of the inner side.

Fold your fabric over side to side and place the BACK vest template onto your fabric aligning the fold of the template with the fold of the fabric. Print direction vertical.



Pin and cut around template. DO NOT cut the fold!



This is now your cut out BACK piece:



Repeat with the 2 FRONT pieces:



**To sew front and back together:**

Place the front pieces onto your back piece. Right sides together:



Pin and sew the shoulders together along dashed lines:



Repeat with inner side.

**To sew front and back together:**

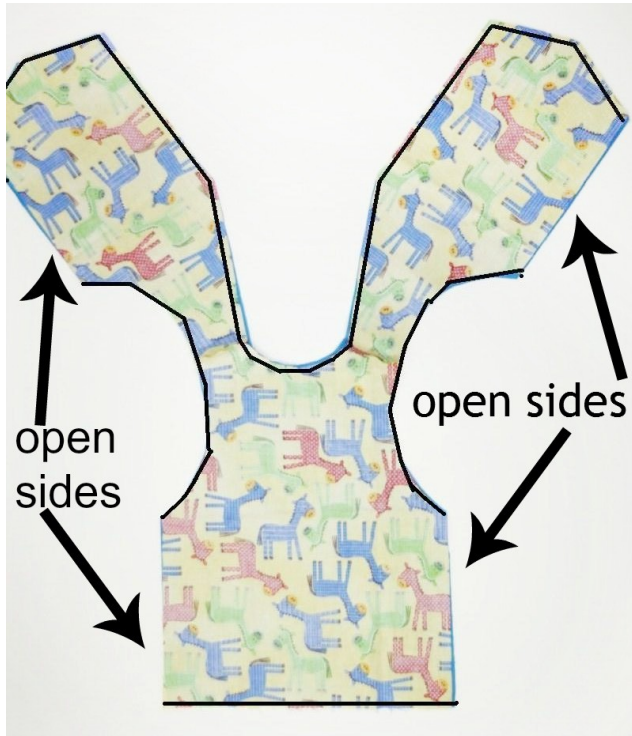
This should be your inner side (front pieces sewn to back piece):



Place both sewn together pieces (front and back) with right sides together as shown:



Pin and sew along the black lines. Backstitch beginning and end. Leave all 4 straight sides open:



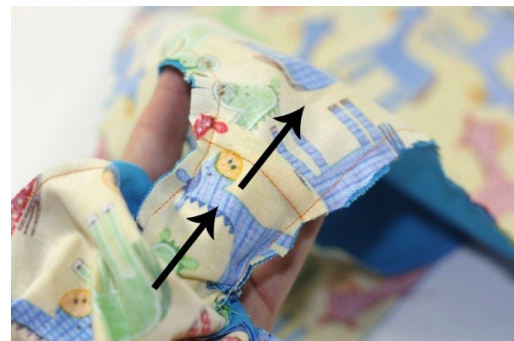
To turn vest inside out you want to grab the bottom hem tip with one hand....



....and reach into a side opening with the other hand:



Reach all the way through until you can grab the bottom hem tip you pushed in with the other hand. Feed it through the narrow shoulder passe' using a turning tool or a closed pair of scissors:



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Once you have fed the bottom hem tip through the shoulder passe', pull entire vest through until you have this:



Press all seams flat with a steaming iron making sure that you roll the seams with your fingers back and forth to ensure you have no fold. Top stitch if preferred along black lines and close to the outer edges. Leave the sides open:

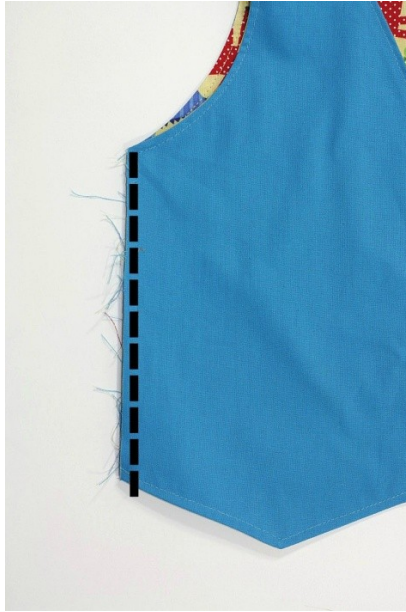


**To sew the sides:**

Place your vest with right sides facing in front of you....



...and pin then the side:



Serge/zigzag stitch raw edge:



Repeat with other side.

**To sew buttonholes:**

Mark 2 or 3 horizontal spots for the buttonholes evenly spaced 0.5" away from outer edge:



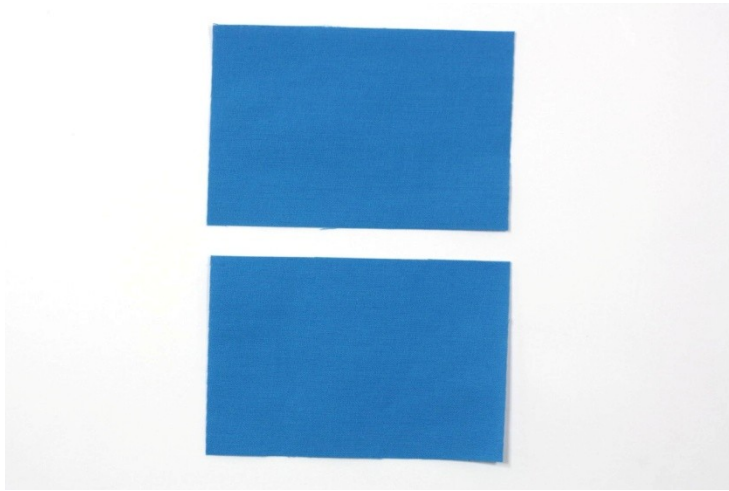
Sew buttonholes in place and sew buttons to the other side in corresponding places:





## **OPTIONAL – faux pocket plaques**

Cut out 2 pieces as shown:



Take one piece and fold the top edge down and pin, then sew the sides as shown:



Without clipping the edges, turn plaque with right sides out and fold the open edge towards inside  $\frac{1}{4}$ ":



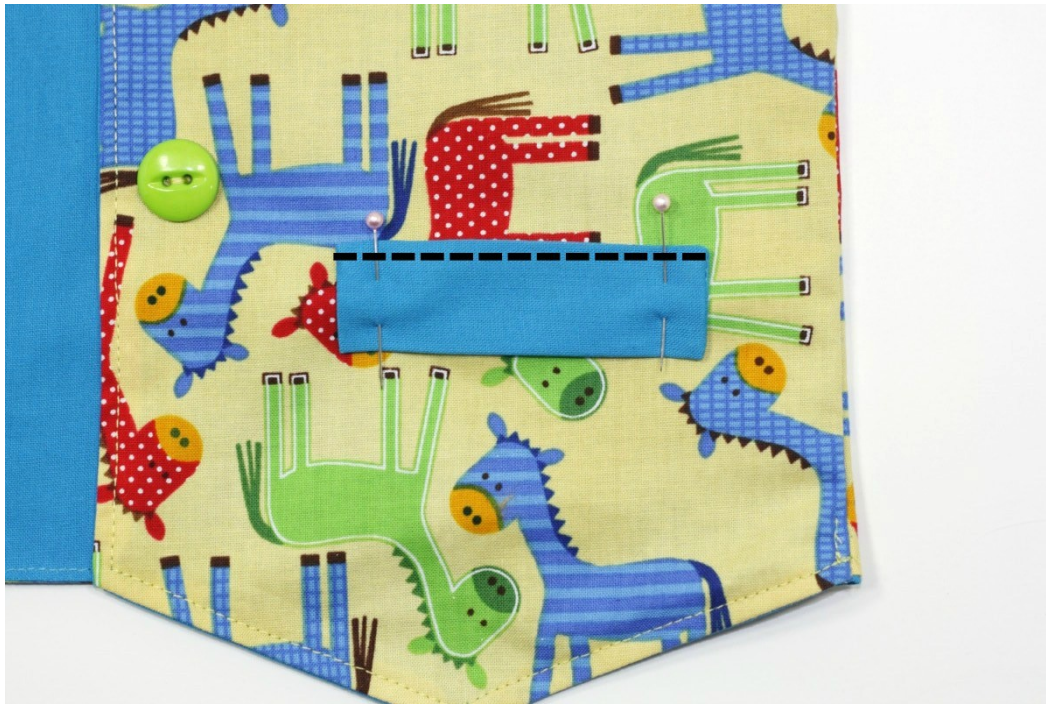
Press plaque:



Repeat with other plaque piece.

**To sew plaque to vest:**

Position plaque with open/folded in edge, 1-2" away from side and about a third up from the bottom edge of the vest's front. Pin in place and sew along dashes with backstitching beginning and end:



Repeat with other side.



## Girls version with ruffle added



To “girly – fy” this vest you can add a cute ruffle to the neckline. Due to the fact that the shoulder passe’ is very narrow, it is recommended to only add a ruffle to sizes 12m and up.

Cut your ruffle fabric to the following measurements (inches):

Size	Width x length	yardage
12m -2t	1 piece @ 38 x 4.5	1/4
3t-5t	1 piece @ 42 x 5	1/3
6-8	1 piece @ 44 x 6	1/3
9-12	2 pieces @ 25 x 6.5	1/2

This is your ruffle strip (for sizes 9-12 you will have 2 strips):



**For sizes 9 – 12 you want to sew the 2 pieces together as follows:**

Place both ruffle strips with right sides together making sure the print direction is the same:



Pin and sew along dashes:



Having the fold on the top edge, trim off the corner to make it rounded. A great helper to achieve an even cut is to use a cup or small plate which you want to place onto the corner and trace around it:



Pin and sew along dashes with backstitching beginning and end:



Repeat with other end.

Trim off half of the seam allowance:



Turn ruffle strip inside out and press seam flat:



**To ruffle the strip:**

Most machines allow to ruffle fabric automatically by setting the tension to the highest number (strongest tension) and stitch length to the highest number (longest stitch). Some machines may have different number indications.

Some machines may allow only hand gathering and in this case you want to set your machine to the lowest number tension (weakest tension) and longest stitch. Then sew as instructed below by placing the fabric with the raw edge to the right. Sew with a ¼" seam allowance along entire strip:



This is now your ruffle:



**To sew ruffle to vest:**

Have your vest pieces sewn together and place your outside vest with right sides up in front of you as shown:



Place ruffle onto neckline making sure the ruffle fabric print is facing towards the outside (or down in the front). If necessary, distribute the gathers to make the ruffle fit into the neckline:





Leaving about  $\frac{1}{4}$ " room at the lowest point (marked with arrows) before you reach the vertical edge of the vest's front, pin and sew ruffle in place. Sew right on top of the gathering stitches:



Place your inner vest pieces (which should be sewn together) on top of the vest with ruffles, right sides facing. Push the ruffle on the narrow shoulder areas towards the inside. You may pin the ruffle with a safety pin to prevent it from going between front and back vest pieces.

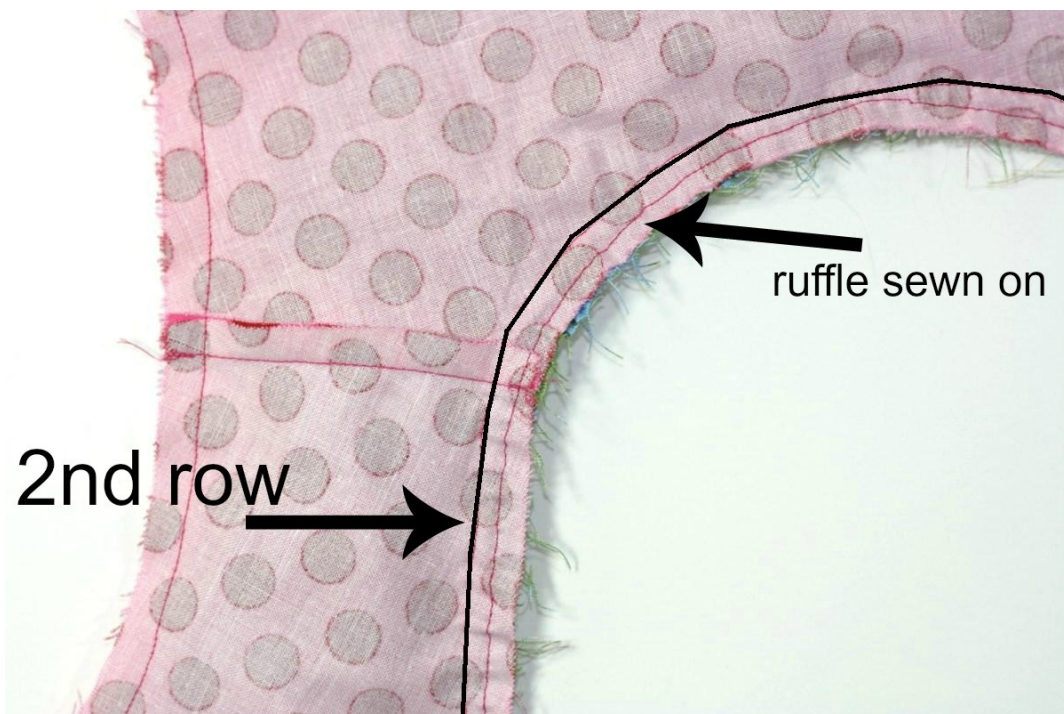


Repeat with other side:



Pin both sides together along the outer edges leaving all 4 sides open.

Turn vest upside down so your outer print (inside) is facing up. Sew vest together with a seam allowance of  $\frac{3}{8}$ ". I placed arrows by the seam of the sewn on ruffle (right) and where you want to sew (left) which will be the 2<sup>nd</sup> row:



Trim off half of the seam allowance which will be right along the first row from sewing on the ruffle:



At this point you can decide whether you want the ruffle to stand up. Then you want to omit the topstitching.



Topstitching is necessary to keep the ruffle down. Press ruffle in place so that the inner fabric won't show. Then top stitch close to the edge along black line:



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Finish vest by adding buttons and buttonholes.

All done!



Design examples:



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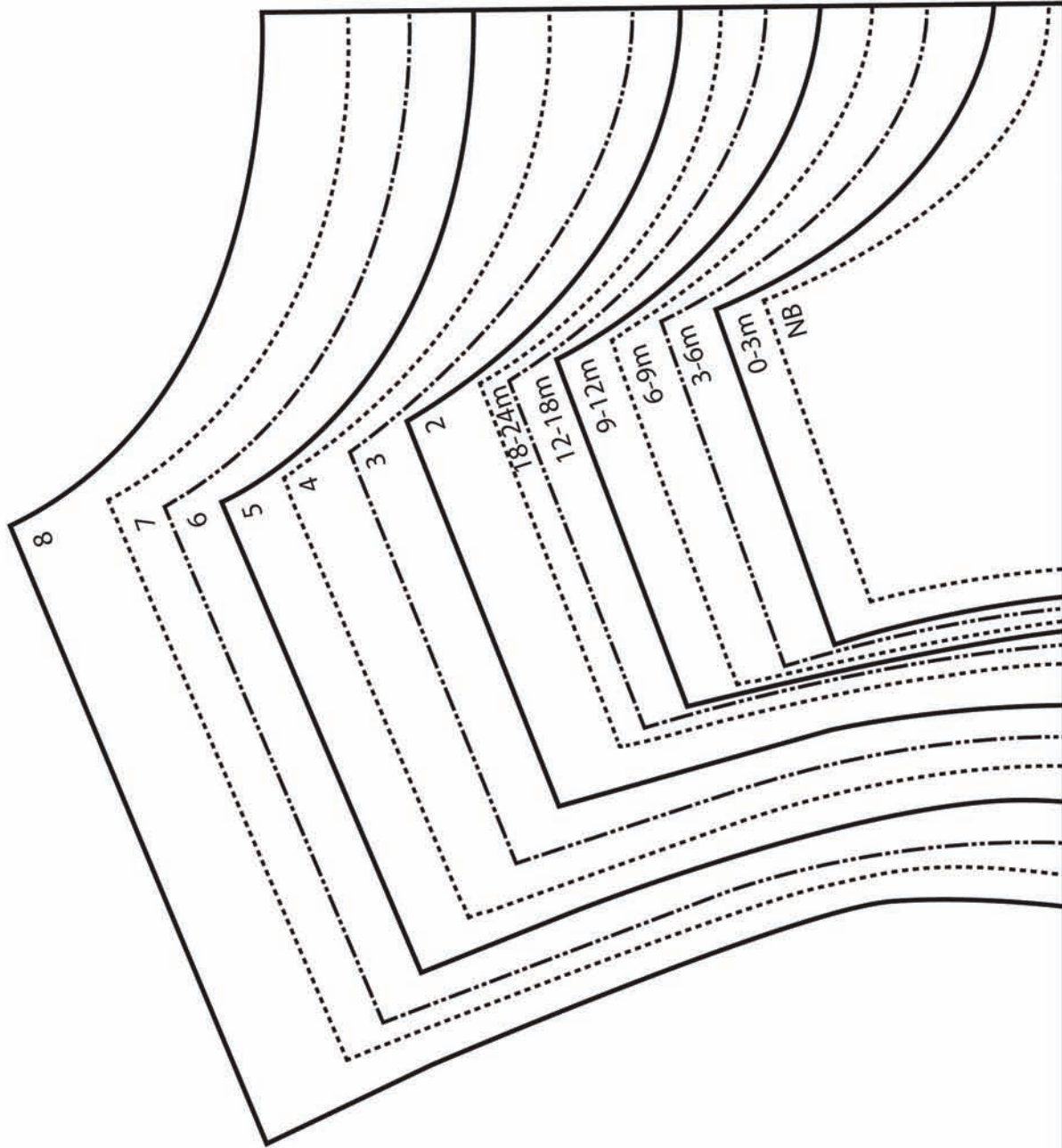
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For questions please email [whimsycouture@hotmail.com](mailto:whimsycouture@hotmail.com)

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Vest  
Back

Cut 1 on Fold for outer  
Cut 1 on Fold for inner

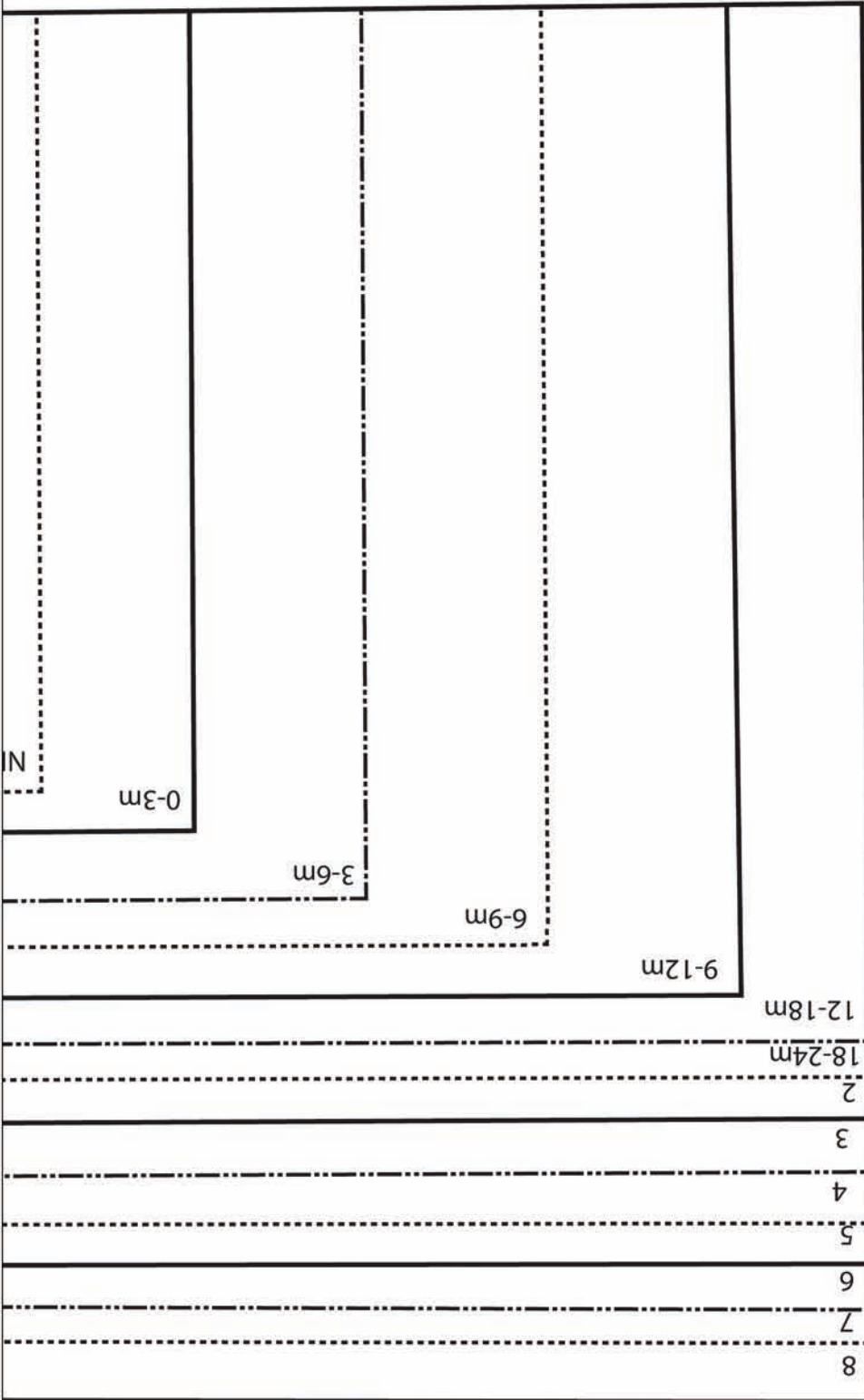
Fold



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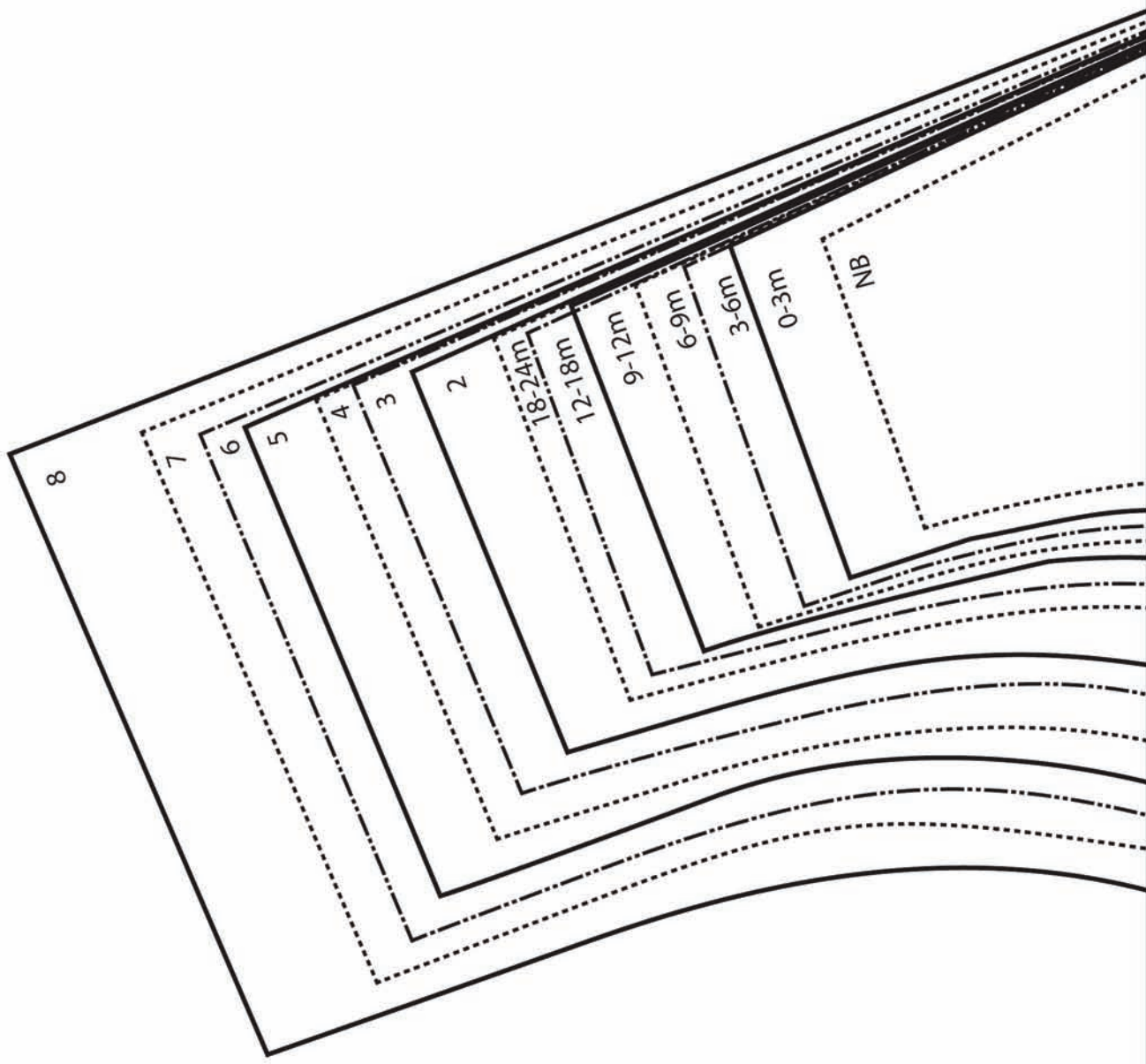
A

B





A



1 inch

A

B

Vest  
Front

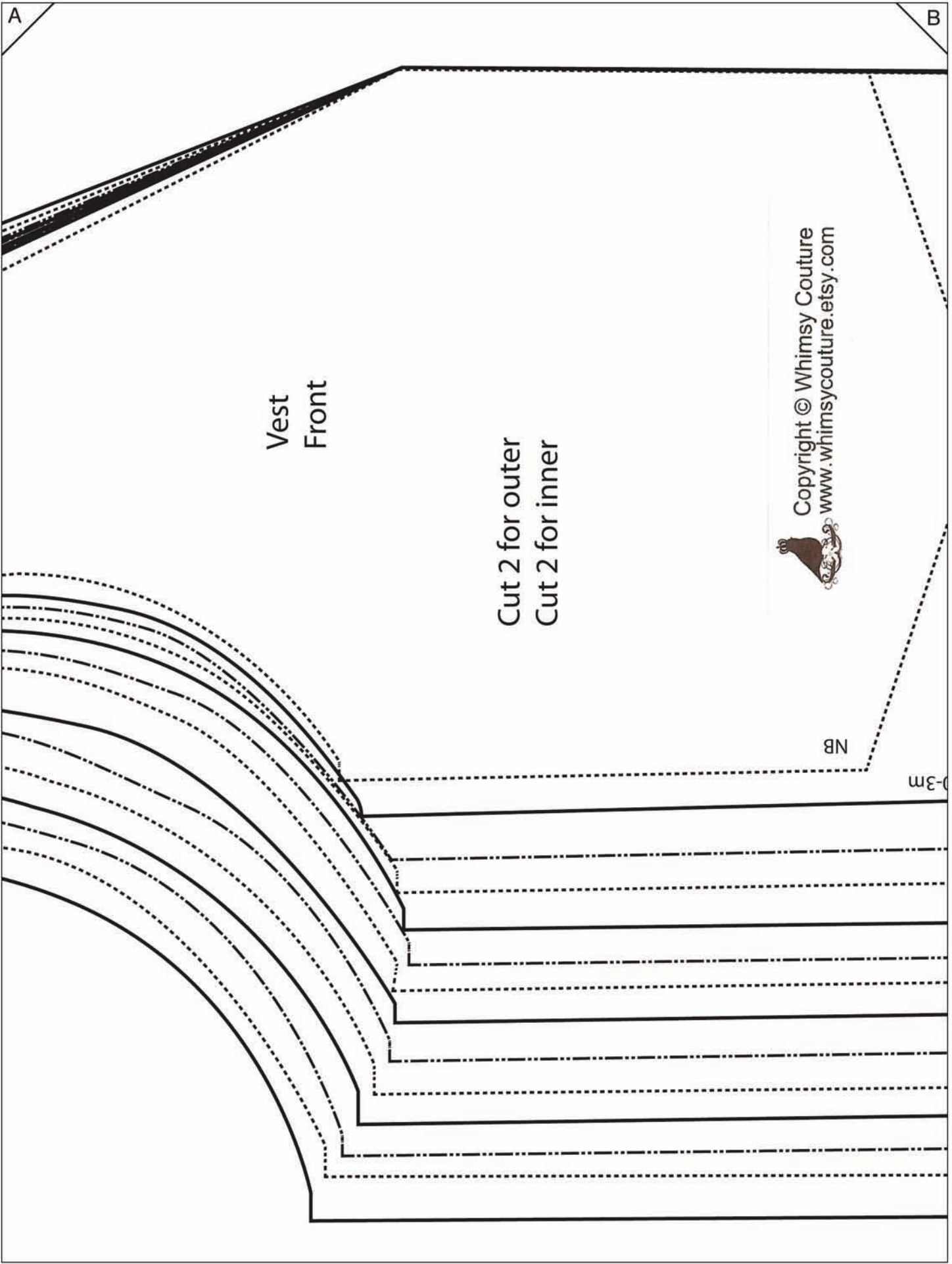
Cut 2 for outer  
Cut 2 for inner

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NB

3m



B

