



## **Lacettes (Leg Warmers)**



Lacettes are a fun accessories and very similar to legwarmers only cuter! Lacettes have lace added as embellishments but you can add pretty much anything to them.....soft ruffled ribbon, gathered fabric ruffles, fringed rose trim etc.

The basic material can be cotton, knit fabric, silk, satin or any other thin and smooth fabric. Ruffle fabric is also recommended (you would sew rows of elastic thread in between ruffles) see page 8.

**List of required materials:**

- Sewing machine
- Elastic thread
- Regular thread
- Fabric
- Scissors
- Pins
- Cutting board or measuring tape
- Serger/overlock machine optional
- Embellishments such as lace, ribbon etc.

**SIZING CHART:**

	length	x	width
Newborn – 6m	7"	x	13"
9m-18m	8"	x	14"
24m/2t – 5t	10"	x	16.5"
6 – 10	12"	x	18.5"
Preteen – teen	13"	x	20"
Adult	14"	x	25"

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**First option:**

**To begin cut your fabric as shown:**

Cut 2 pieces of fabric and let the print side (if applicable) face up (my fabric was equal on both sides).....



.....and hem (serge/zigzag stitch) top and bottom edges



**To add embellishment:**

I added lace to my first pair and cut the lace to the length of the panels' width. Then pin positioned slightly over the bottom edge on the right side of fabric print. Then sew between arrows with straight stitch:



For sewing with elastic thread here are some tips and tricks on how to achieve great results:

<http://whimsycoutureboutique.blogspot.com/2010/08/no-more-shirring-problems-ever.html>

<http://whimsycoutureboutique.blogspot.com/2010/01/tutorial-how-to-shirr-fabric.html>

**To sew in the elastic:**

Wind some elastic manually onto your bobbin. I use the brand shown but any brand available at craft/fabric stores will be fine! Wind the thread tight but not too tight. You can pull slightly on your elastic thread while you are winding it up.



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Insert the bobbin with the elastic thread into your lower part of your machine and thread the upper with regular thread. Leave several inches of both threads hanging out when you start. Insert your fabric into your sewing machine with right sides up. Set your machine to the longest stitch length and the tension to 2-3. Sew right along the edge (seam allowance should be about  $\frac{1}{4}$ - $\frac{3}{8}$ " ).

Be sure to check while you are sewing if your elastic thread has not jumped out from over the bobbin. That sometimes happens and will make your elastic not being gathered. If that happens rewind your elastic thread!

Start sewing 1" away from top edge:



Once you have sewn the first row lift the needle and lift up your presser foot. Turn your fabric around and gently pull out some of the elastic thread (and upper thread) so you'll have enough slack to start sewing the second row without having to cut threads. Sew your second row about half a presser foot besides the first row.

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Sew rows until you reach about 0.5-1 inch to the bottom edge (or lace). This should now be your finished first lacette:



Add some embellishment to the center if you wish:



**To sew lacette together:**

Fold over with right sides together and pin. Then sew between arrows with a seam allowance of 3/8" making sure you sew over all the elastic thread ends:



Serge or zigzag stitch raw edges .....



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..... and topstitch loose hanging end threads:



One finished lacette! Repeat with other fabric piece.



## Second option – lacettes made with ruffle fabric:

This is one piece of your cut ruffle fabric:



Follow the same steps as described starting on page 3. Sew right in between ruffles with a distance of  $\frac{1}{4}$ "- $\frac{3}{8}$ " as shown:



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This is now your finished ruffle fabric piece from the backside:



Follow the same steps for finishing the lacette as described starting on page 6.



Design examples:



**TIP:**

If your shirring does not look tight you may steam press your lacettes from the inside! Set your iron to MED to LOW heat with steam and gently hold it over the shirring. DO NOT fully place the iron onto your legwarmers:



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To find premade ruffle fabric please search on etsy/ebay or online.

For questions please email [whimsycouture@hotmail.com](mailto:whimsycouture@hotmail.com)

Thank you so much for using this pattern!

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