



Headband/Ear Warmer (reversible)



Headbands with “ear flaps” are great to keep the wind away. This is a great alternative to hats or ear muffs. Make these for kids ages 5 through adults.

List of required materials:

- Fleece (1/8 yard) if two different prints/colors are wanted you need 1/8 yd of each
- Sewing machine
- Double threaded hand sew needle
- Straight pins

Seam allowance: 3/8” unless stated otherwise

Machine sewing needle: standard

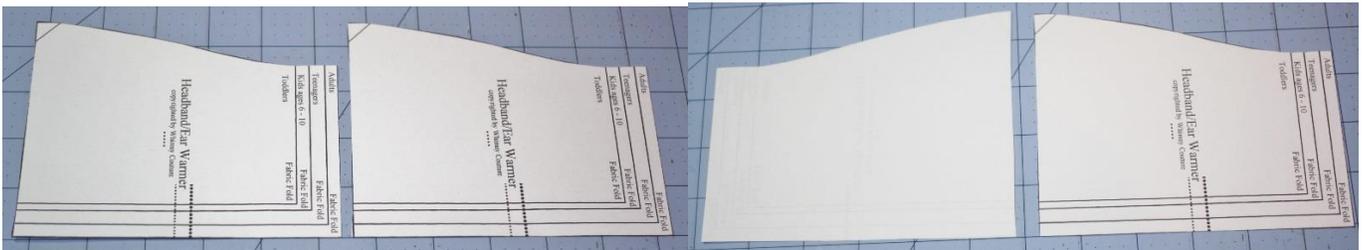
Sewing stitch: knit/stretch stitch or narrow/short zigzag stitch

To print the template:

Set your printer without scaling and print the page twice (2x). Check the 1 inch print scale to make sure your printer has printed it correctly. Any small discrepancies will result in a bad fit.

Cut out the template from both pages:

Turn one upside down and have the long vertical edges meet:

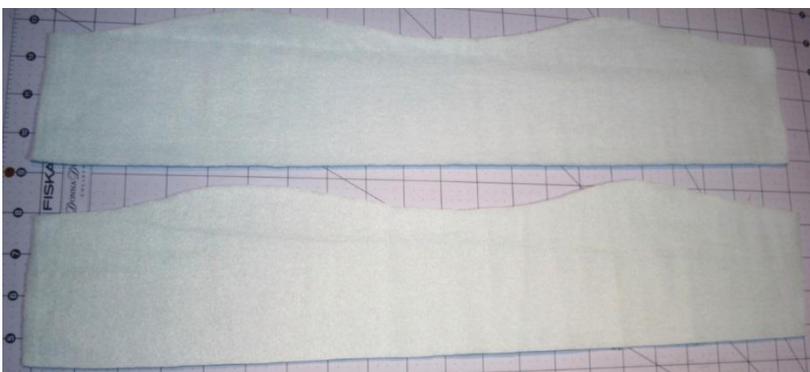


Tape both together. Select the size you are making and cut it out.

To cut the headband pieces:

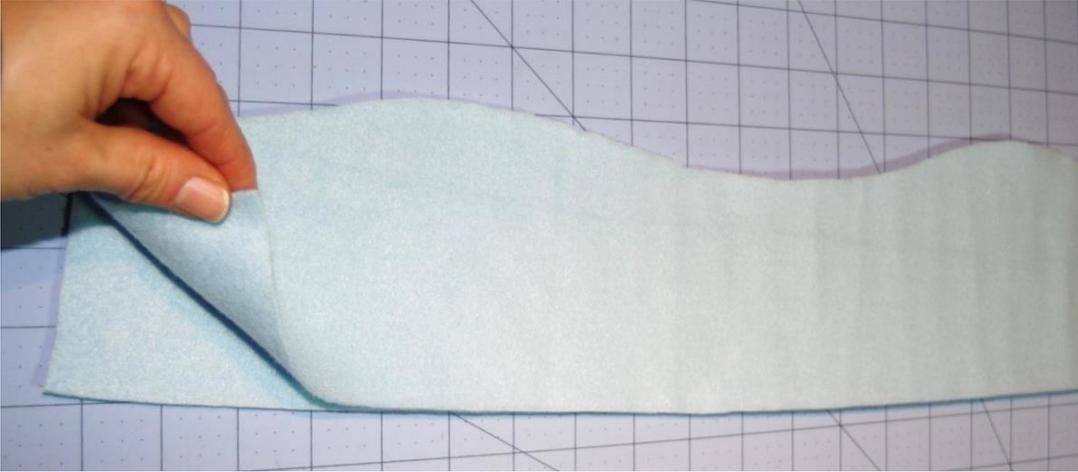
Fold over your fleece sideways so that the stretch goes horizontally. Place your template onto your fleece matching the FOLD of the template with the fold of the fleece as shown:

These are cut headband pieces:

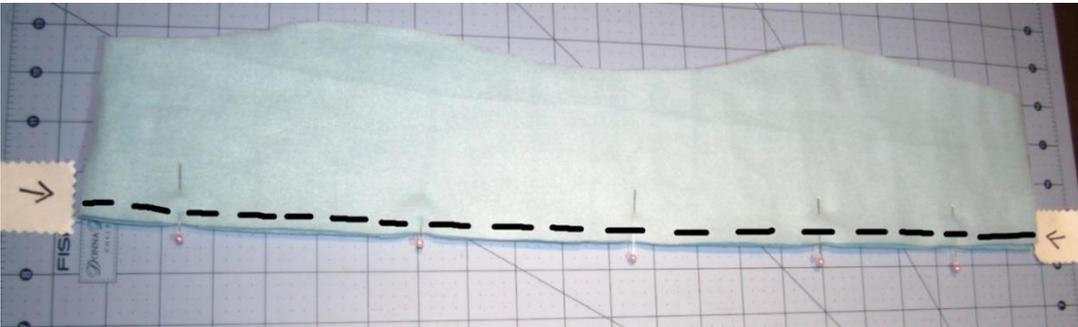


To sew the headband:

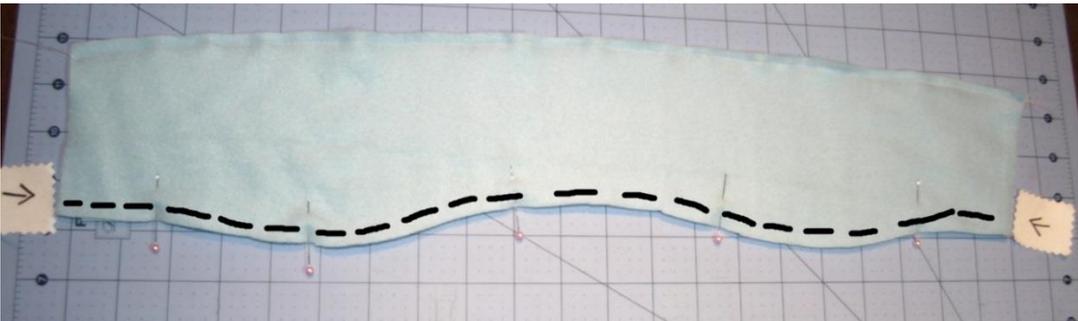
Place both pieces with right sides together (some fleece material does not have a very noticeable right and wrong side):



Pin the straight long edges and sew along the dashed lines. Backstitch the beginning and end:

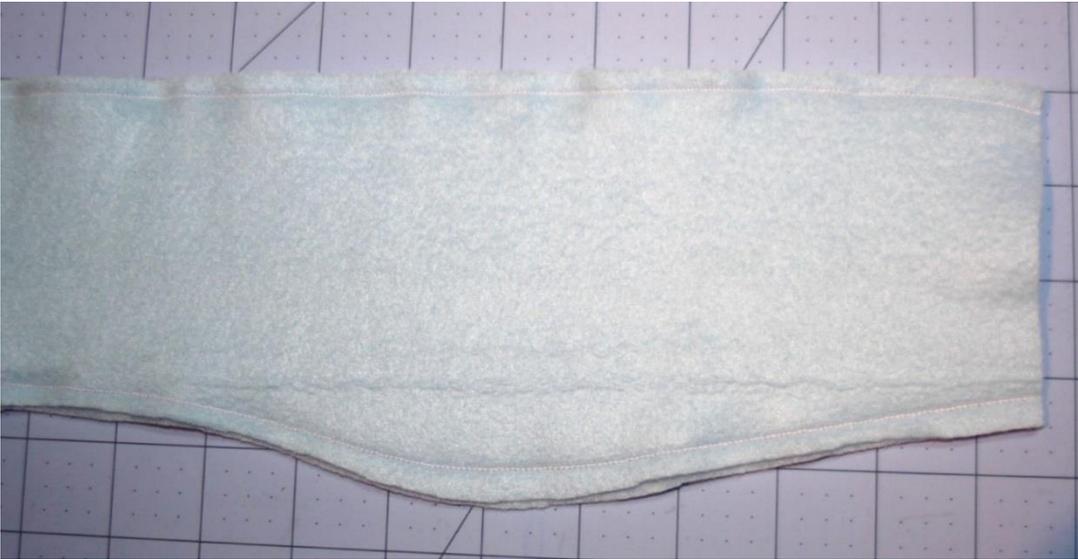


Pin the long curved edges and sew along the dashed lines. Backstitch the beginning and end:



3

This is what your project look like now:



Turn headband with right sides out and finger press the seams out as much as possible:



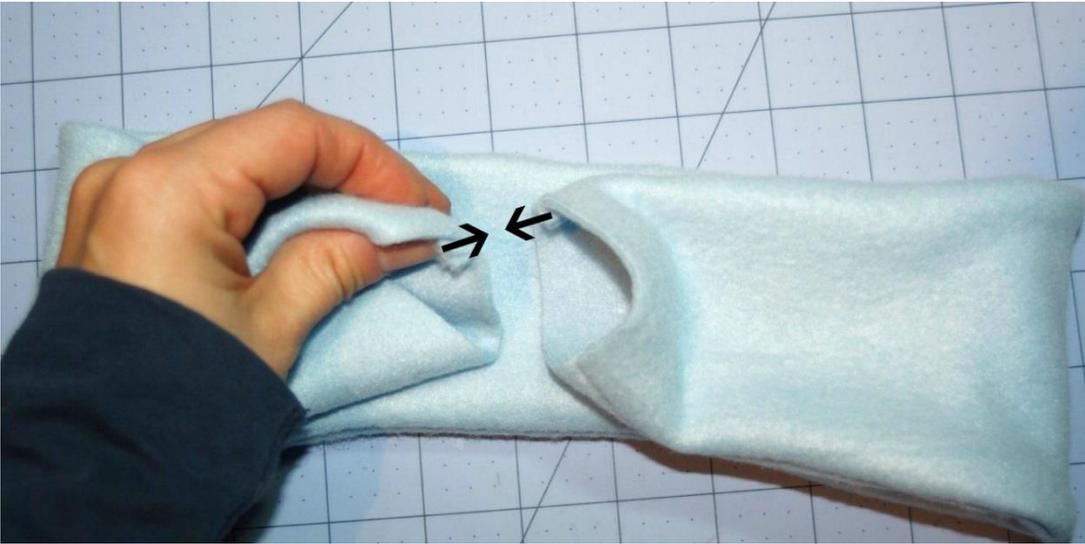
To sew the headband together:

Bring both short ends together in the center:

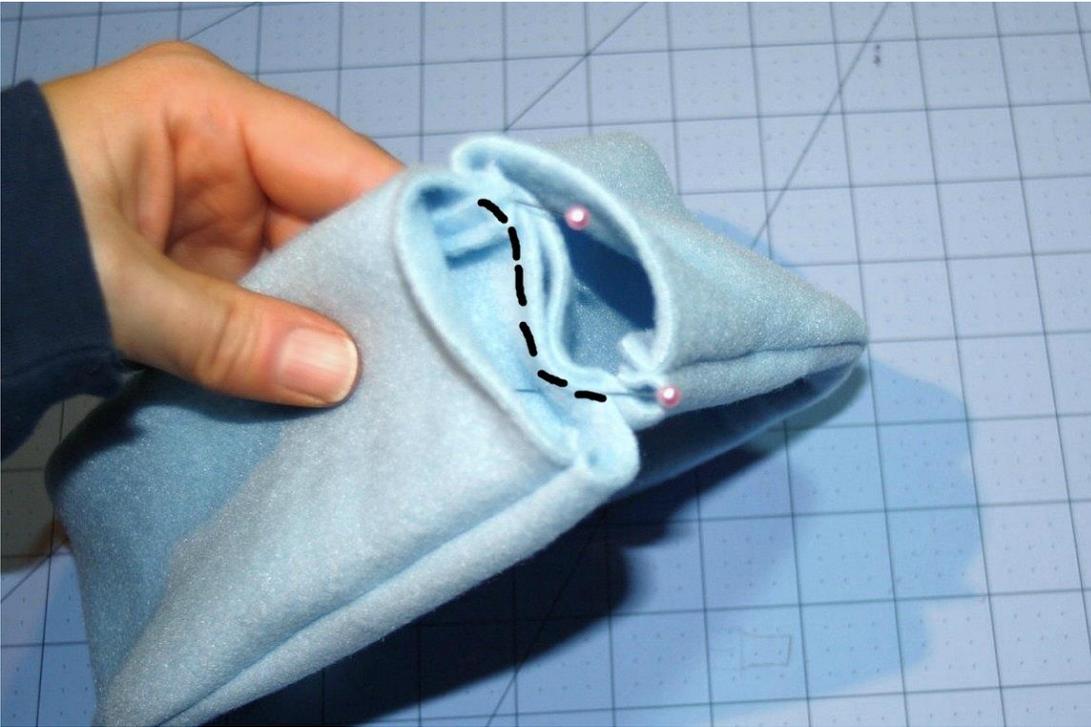


4

Match both upper corner seams:



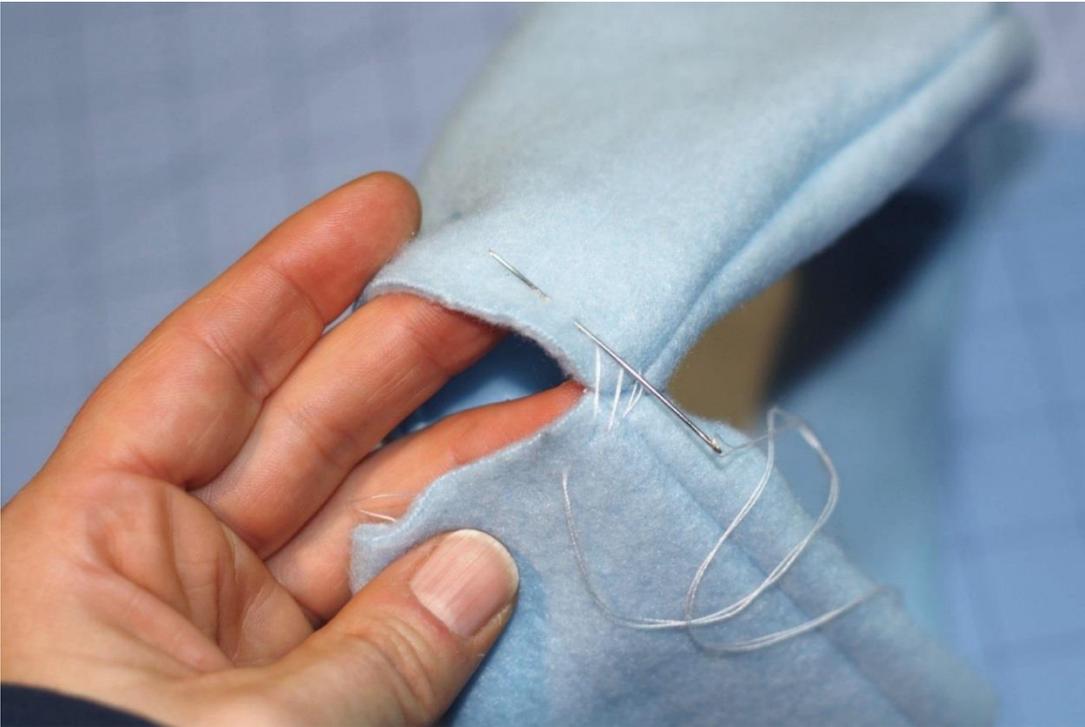
Pin the inner two seams together and sew along the dashed lines. Backstitch the beginning and end:



This is what your headband will look like now:

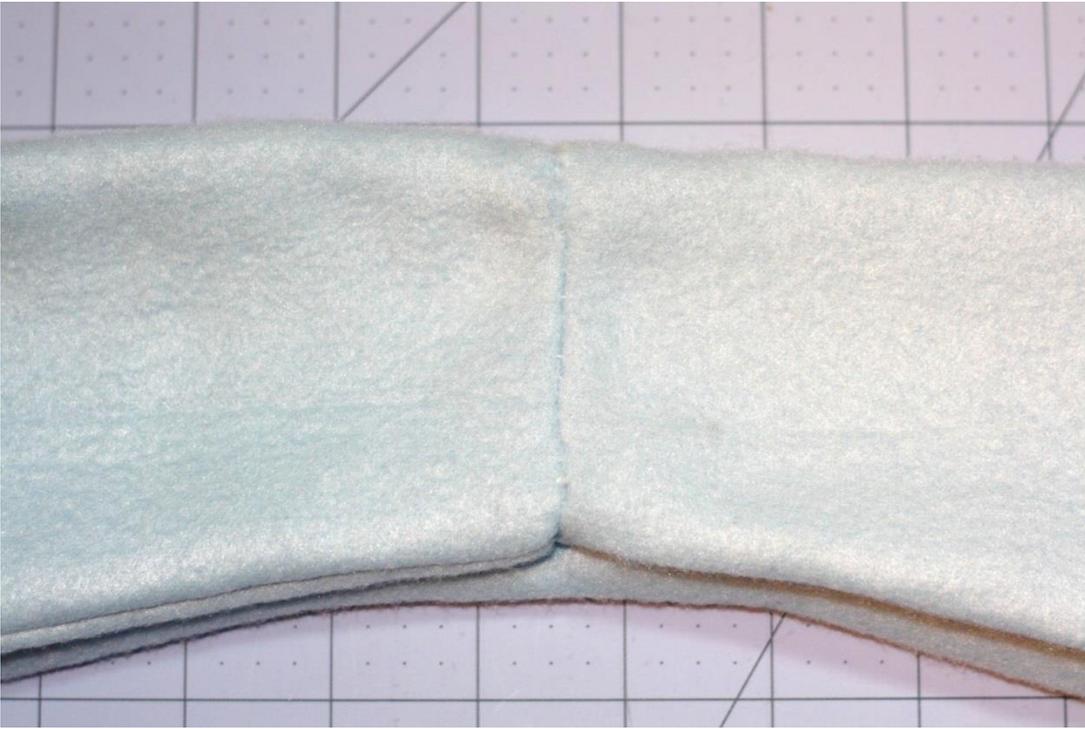


Take your double threaded hand sew needle and sew the opening together using a slip stitch:



Once you reached the end, stitch in one place several times to secure the stitches and double knot the thread. Then cut off thread.

This is now your finished seam:



To finish the headband you want to top stitch about $\frac{3}{8}$ " to $\frac{1}{2}$ " in from the outer edge. Use a wider zigzag stitch or any other decorative stitch that resembles a zigzag stitch. Sew along both edges. Backstitch the beginning and end:



Your reversible headband/ear warmer is done

Design examples:



For instant download ebooks please visit <http://whimsycouturepatternshop.blogspot.com/>

Etsy shop: www.whimsycouture.etsy.com/

Blog: <http://whimsycoutureboutique.blogspot.com/>

For questions please email whimsycouture@hotmail.com

Copyright © Whimsy Couture, 2013 (do not copy or distribute without my consent)

