



Fleece (Hoodie) Jacket



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Such a great essential for any season! Make this easy jacket from fleece or minky/Cuddle fabric. The **hood is optional** and can be added with snap buttons to make it removable or sewn on. Another great option is to add a **ruffle**. As a closure you can use ribbon and tie it into a bow or sew on snaps. Or both 😊 But you want to do that AFTER you have added a ruffle!!!

First, read the entire tutorial then pick out your optional steps.

If using fleece: hemming the inside seams is not required but you might consider doing this if you are selling garments. It will look more professional.

If using minky/Cuddle fabric: hemming the inside seams is required since those materials fuzz very much. Read the “tips on working with Cuddle fabric or minky at the end of this tutorial)

Pick your options easily:

- **To add a hood:** pages 8 and 16 through 20
- **To add ruffles:** pages 24 through 28
- To add ribbon: pages 22 through 23
- To add snap buttons: page 21 and first part of page 22

List of required materials:

- Fabric
- Ribbon and/or a card of snap buttons in size mini for the optional hood and 2x cards a bit larger for the front (I use sized 10)
- If using ribbon, you need fray check or a lighter
- Sewing machine
- Regular/standard needle and heavy duty needle
- Serger (optional for fleece, required for minky/Cuddle fabric)
- Threaded hand sew needle for the snap buttons
- Straight pins
- Cutting mat
- Rotary cutter

Suitable fabrics: fleece, minky or Cuddle fabric

Sewing stitch: sew all seams with a knit/stretch stitch stated otherwise.



or slight zigzag stitch unless

Seam allowance: 3/8" unless otherwise stated

<u>Size</u>	<u>Appr. Length from shoulder to hem</u>	<u>Yardage for bodice, sleeves and hood</u>	<u>Yardage for bodice ONLY (this includes the hood)</u>	<u>Yardage for sleeves ONLY (this includes the hood)*</u>	<u>Cut the following amount of strips for RUFFLES with hood LxW</u>	<u>Cut the following amount of strips for RUFFLES LxW without hood</u>	<u>Yardage for ruffles</u>	<u>Cut 2 pieces of ribbon 3/8 – 1" wide</u>
12-18m	15.5"	1 yd	1/2"	1/2"	2x 2.5" x47"	2x 2.5" x40"	1/4 yd	18"
24m/2t	16.5"	1 1/8"	2/3"	1/2"	2x 2.5" x50"	2x 2.5" x43"	1/4 yd	18.5"
3t/4t	18.5"	1 1/8"	3/4"	1/2"	2x 2.5" x52"	2x 2.5" x45"	1/4 yd	19.5"
5t/6	19.5"	1 2/3"	3/4"	2/3"	2x 2.5" x55"	2x 2.5" x50"	1/4 yd	21"
7/8	20.5"	1 2/3"	3/4"	2/3"	3x 2.5" x40"	2x 2.5" x55"	1/4 yd	22"
9/10	21"	1 2/3"	3/4"	3/4"	3x 3" x 44"	3x 3" x39"	1/4 yd	23"
11/12	23"	1 1/2"	1 1/8"	3/4"	3x 3" x 48"	3x 3" x42"	1/4 yd	24"

**yardage for sleeves include the hood but will remain the same if no hood is added!*

To print and assemble templates:

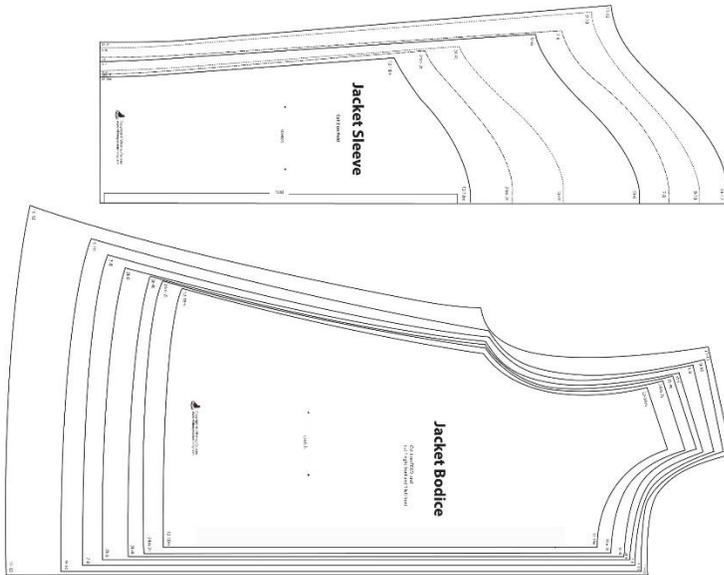
Print on regular computer paper without scaling or any other adjustments. Test print the page with the 1" print scale to check if it got printed correctly, it's only 1/16" off then your jacket won't fit right. Once printed, cut around the perimeter of each page. Piece pages together matching the diamonds with the letters A,B,C,D...:

You may trace the taped together pieces onto a larger piece of paper (a poster roll from Office Depot works great), if desired, as shown below from a different pattern:



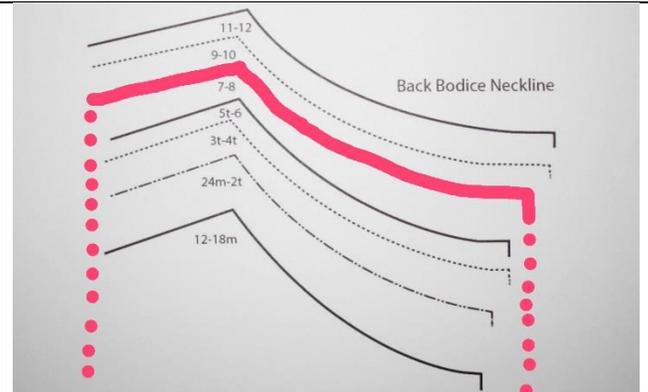
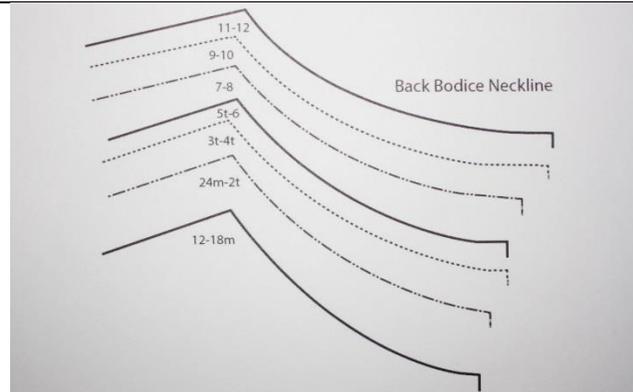
3

Diagram of the bodice (there is only one bodice piece, same template is for FRONT and BACK. The original bodice template is the FRONT. The BACK has to be adjusted which is described further down) and sleeve:

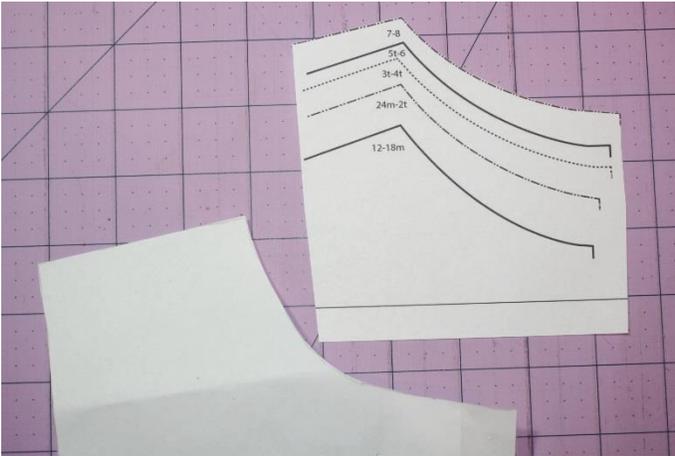


This is your neckline guide piece:

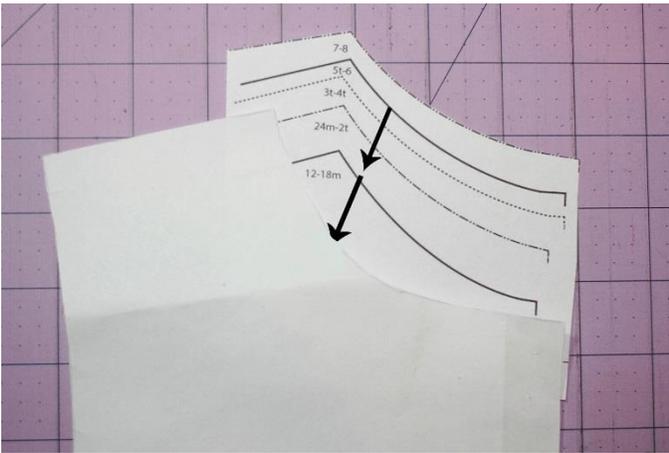
Only cut along the lines of the size you are making (as marked on size 7/8). Then simply cut the rest off as shown with the dots:



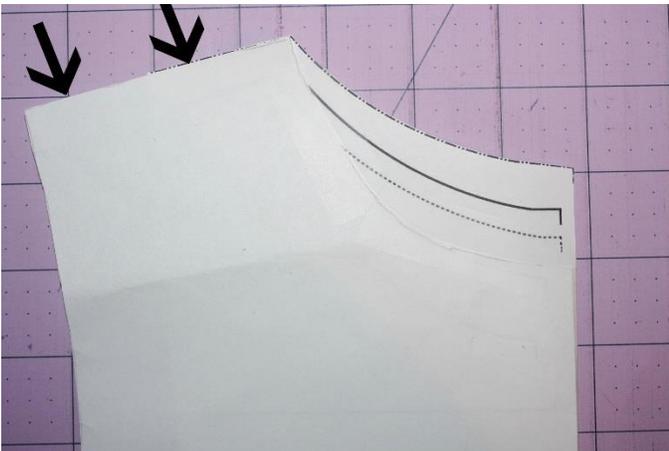
Place your neckline guide piece above the bodice template as shown below:



Slide the neckline piece down and under the bodice template:



Until you have the top edge of the neckline piece aligned with the top edge of the shoulder line. Make sure that both of those edges will meet flush:



To cut out the jacket pieces:

Fold your fabric over sideways (from selvage to selvage) so your print direction goes vertically and stretch horizontally. Place your bodice template (which is the FRONT unadjusted). Pin template in place, the fold does not have to be aligned:



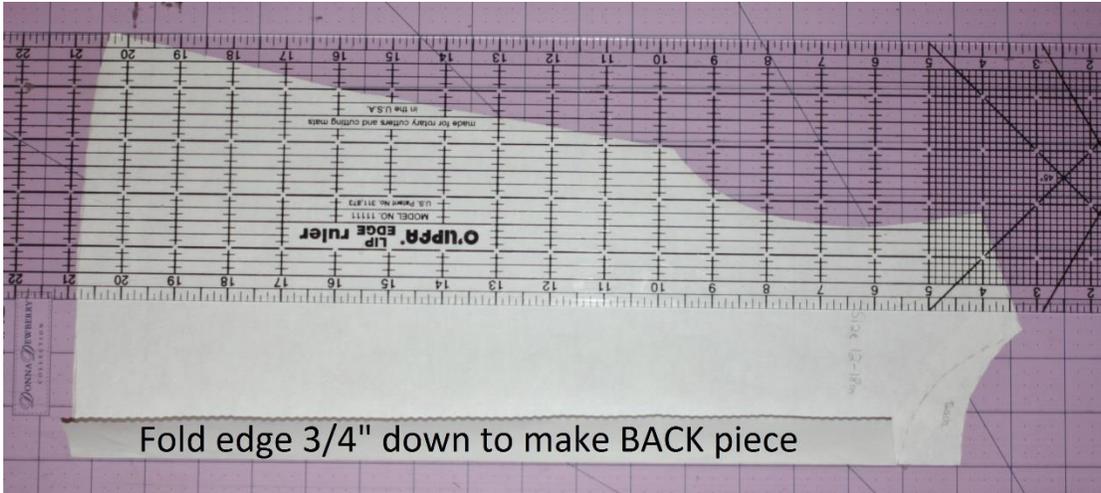
Then cut around the template. These are now your two front pieces:



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To adjust the FRONT template to make the BACK template:

In order to make the BACK template you want to fold in the center edge $\frac{3}{4}$ ":



To cut the BACK piece:

Fold your fabric over as you did with the FRONT and place the adjusted BACK piece onto the fabric, aligning the FOLD of the fabric with the folded in edge as shown:



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This is your cut out BACK jacket piece:



To cut out 2 sleeves:

Fold your fabric over sideways as you did with the above jacket pieces. Place your sleeve template onto the fabric fold (print direction is vertical and stretch horizontal). Pin template in place and cut around template. Repeat this to cut the second sleeve.

These are your 2 cut sleeves:



OPTION to add a hood:

Repeat above steps with the hood. You want to cut 2 hood pieces.

These are your two cut hood pieces:



To sew the hood:

Place both hood pieces with right sides together, pin and sew along the dashed lines with a stretch stitch:



To sew the front pieces to the back:

Place both front pieces onto the back with right sides together:



Pin the shoulders and sew along the dashed lines with a stretch stitch or straight stitch:



10

This is one of your sewn shoulders:



Note: if you prefer to hem the edges (for minky it's required), either use a wide zigzag stitch or your serger.

To sew the sleeves on:

Unfold your jacket and place it in front of you with the right side up. Place your sleeve with the right side up into the arm curve:

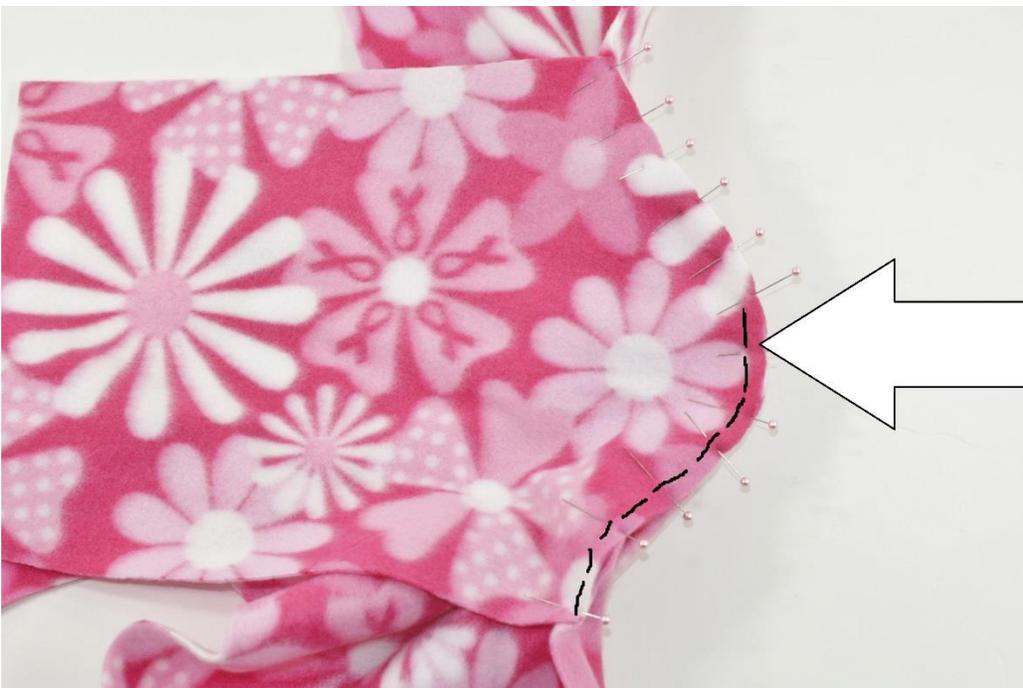


11

Now flip the sleeve over the jacket and have the highest point of the sleeve meet the shoulder seam. Pin in place right into the middle:



Pin entire sleeve to jacket by starting at the first pin and making your way down first. Then start at the middle again and pin your way up. Then start sewing at the arrow using a stretch stitch, sew downwards first, then start again in the middle and sew your way up. This way you ensure a nicely and evenly sewn on sleeve 😊 :



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Repeat with other sleeve. This is now your jacket:



To hem the edges:

First we hem the sleeves. Place your jacket with right sides down in front of you and fold up the sleeve hem 1". Pin in place and sew along the x's (those should be the wide zigzag stitch, you can also use this stretch stitch



it gives the garment a nice touch and works well for stretchy materials):



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This is my sleeve hem with the stitch shown above:



Repeat with other sleeve hem.

To sew the sides together:

Pin both sides starting on the sleeves and ending at the bottom hems. Using a stretch stitch, sew along the dashed lines. Backstitch the beginning and end:



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Now place your jacket in front of you with right side down and fold the front center hem in 3/4". Pin in place and sew along the dashed line using your preferred zigzag stitch:



Repeat with other front edge. These are now your finished front edges:



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Fold up the bottom hem 1" and pin, then sew in place along the dashed lines using your preferred zigzag stitch:



This is how your jacket looks like now:



Note: If you are NOT adding a hood, skip step **“to hem the hood”** below and go directly to **To sew the neckline for both options, hood or without hood.**

To hem the hood:

First, take your jacket and mark the center of the neckline with a pin. Then place your unfolded hood with right sides down right above the neckline. Align the center seam of the hood with the center of the jacket (marked with pin). Fold in the edge of the hood as far as it needs to be to match the neckline width. Pin fold down:



Repeat with other side of the hood. Pin this fold down all the way around the front of the hood. Lay hood aside.

To sew the neckline for both options, hood or without hood:

Fold down the neckline line 0.5" and pin using many pins. Pin about every inch. If you like to add tags, add those to the center while pinning. Sew the neckline fold down using your preferred zigzag stitch. Backstitch the beginning and end:



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This is your finished neckline:



Sewing your jacket is done if you are NOT adding a hood (or ruffles):



To add ribbons or snaps to the jacket, go now to pagexxx

Continue for further instructions!

To sew the hood:

You previously pinned the outer edge down. Now pin the bottom edge making a 0.5" fold. Sew all edges down along the dashed lines with your preferred zigzag stitch:



This is now your finished hood:

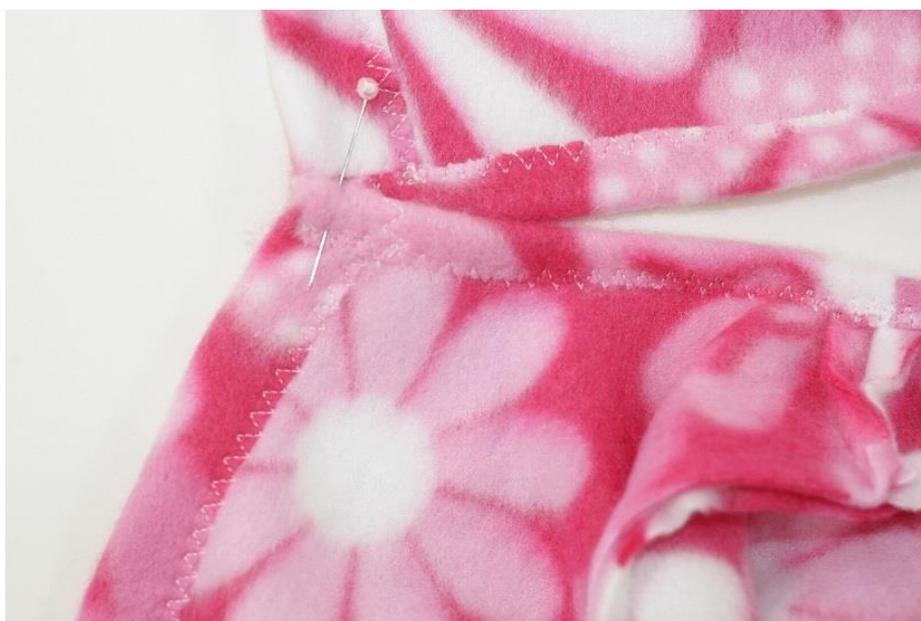


To attach the hood:

First option is to use snap buttons to make the hood removable. Simply overlap the hood to the jacket just enough to cover the jacket's neckline fold. Using a double threaded handsew needle, sew the snaps onto the inner hood edge and the outer jacket edge. Space them about 2" apart.

**Second option is to sew the hood on:**

Place hood's bottom edge to the outside of the jacket's neckline edge and pin. Continue pinning the entire row:



Sew the two together along the dashed lines using your preferred zigzag stitch. Backstitch the beginning and the end:



This is what your sewn on hood looks from the back:



Optional closures:

If you are adding snap buttons, follow the instructions below. If not, please go now to page 21.

If you are adding a ruffle, please go now to page 23 first! Then come back here once done.

These are the snaps I use, the card says size 10. They are large and perfect for small fingers!



Sew them on to the upper corner very close to the edges. Hand stitch those on in a circular fashion and at least 4 times around since they will get lots of wear and tear:

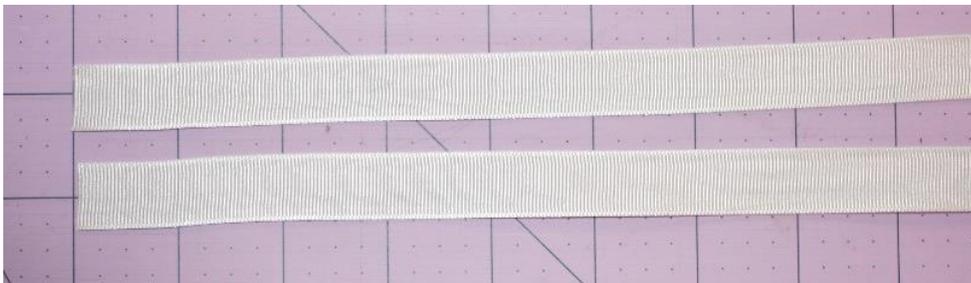


Here is a jacket with ruffles added and snap buttons added at the last step. You want to sew the snaps only to the jacket fabric, not through the ruffles:



Option: to add ribbon ties:

Heat seal or fray check your ribbon ends and let them dry:



Take one ribbon piece and fold one end down 0.5" and place ribbon with folded end down, to the top edge as shown. Pin in place and sew a rectangle along the dashed lines. Backstitch the beginning and the end:



Repeat with other side. This is now your sewn on ribbon:



Tie ribbon into a bow and you are done:



Option to add ruffles:

Have your 2 or 3 cut ruffle pieces ready:



Place pieces with right sides together and pin then sew with a straight stitch, along dashed lines. Backstitch the beginning and the end:



To ruffle your piece:

Set your sewing machine to the longest stitch length and the highest number tension. This way your machine should automatically gather your fabric! (If your machine doesn't allow this setting you may set your tension to 2-3 and to the longest stitch length and sew. Then manually pull the upper thread to gather your ruffle.)

NOTE: if you are using minky or Cuddle fabric you want to serge the edges to prevent them from fuzzing.

Sew along the center of your fabric using a straight stitch:



When you reach the seam you want to unfold it and sew right over it:



This is your ruffled fabric:



Remember to reset your machine!

To pin the ruffles on:

Mark the center/middle of your ruffle by folding it in half. Place a pin or safety pin. Place the ruffles loosely onto your jacket. If you didn't add a hood, place the middle of the ruffle with right side down, onto the center of your neckline. If your jacket has a hood, place the ruffle center onto the top of the hood. Start pinning from there and pin so that the ruffle slightly overlaps the outer edge of your jacket. You may also pin the ruffle further into the jacket. Continue pinning your ruffle on going down. The ruffle might exceed the bottom hem of the jacket which is normal. Distribute the ruffles nicely and make sure they are not too thick or bulky:



Important: Change your needle to a heavy duty one, this is important as you are going to sew through several layers plus the bulkiness of your ruffles and your standard needle will most likely have a hard time getting through. Often times the thread breaks at this time.

Set your machine to your preferred zigzag stitch (do not use a straight stitch) and start sewing from the highest point right where you started to pin. Sew right over the gathering stitch.



An inch or so before you reach the bottom hem you might have some ruffles hanging over. Cut the excess off and pull slightly on the thread of the ruffle to adjust the gathers before you sew down the rest:



Note: If you are working with minky/cuddle fabric you want to tuck the bottom edge of the ruffle under 0.5 inch and finish sewing the ruffle, then top stitch the horizontal ruffle edge you just tucked under.

Repeat with other side of the jacket and ruffle.

All done!

Design examples:



TIPS FOR WORKING WITH CUDDLE FABRIC OR MINKY:

-once you cut all your fuzzy material pattern pieces, put those into a plastic bag and carry it to your dryer.

-wet a small hand towel with water and press out most of it

-put your fabric pieces with the damp towel into your dryer and set it for about 10 minutes on very low or no heat

-remove promptly and remove the accumulated lint from your dryer filter, best is to use a vacuum with long attachment

-now your fabric is ready to be worked with and won't fuzz too much 😊

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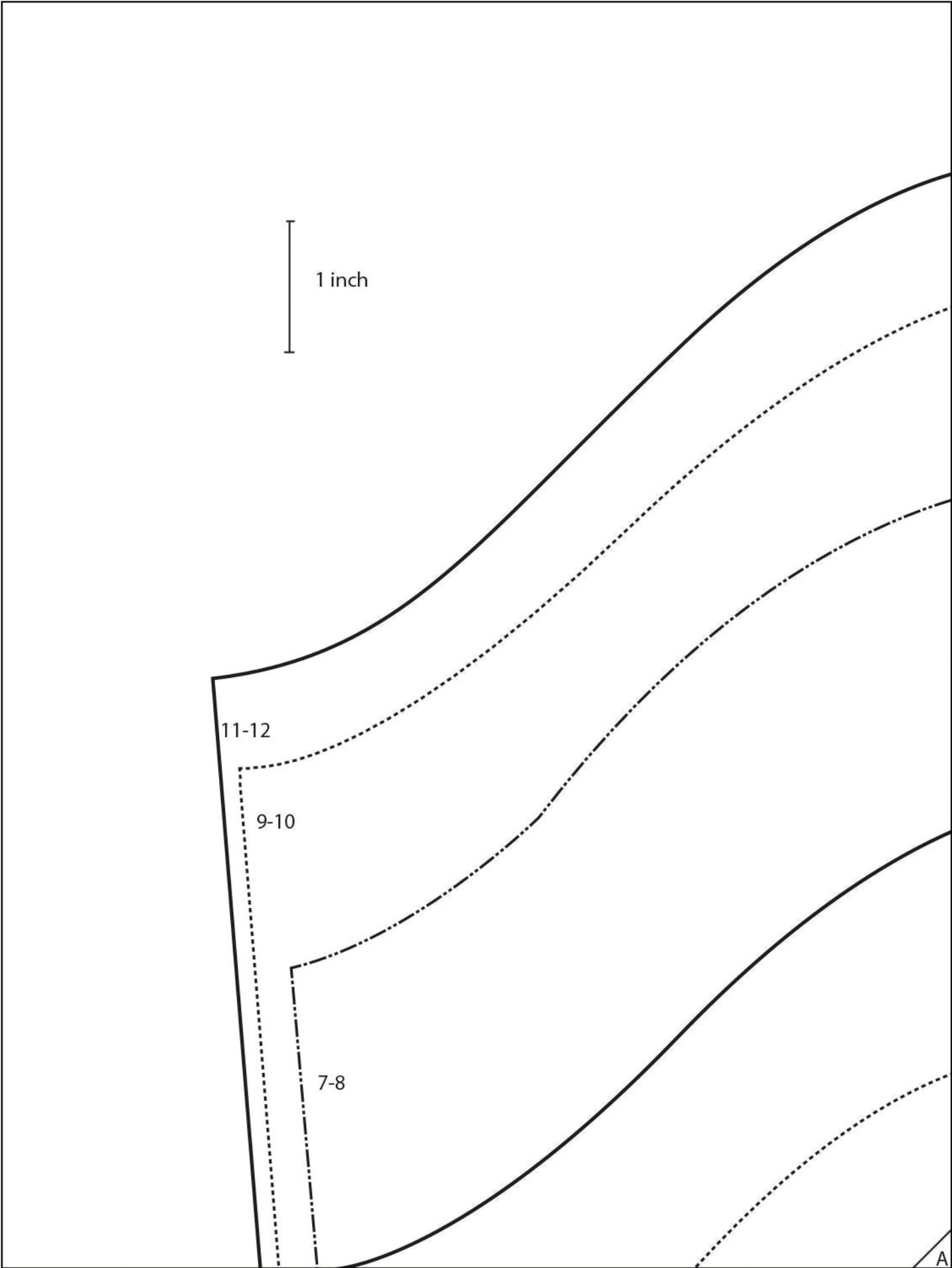
1 inch

11-12

9-10

7-8

A



5t-6

3t-4t

24m-2t

12-18m

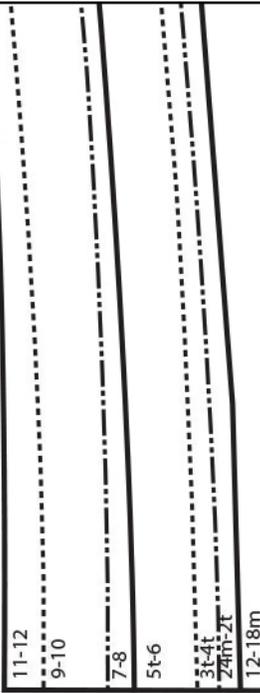
Jacket Sleeve

Cut 2 on Fold

← stretch →

A

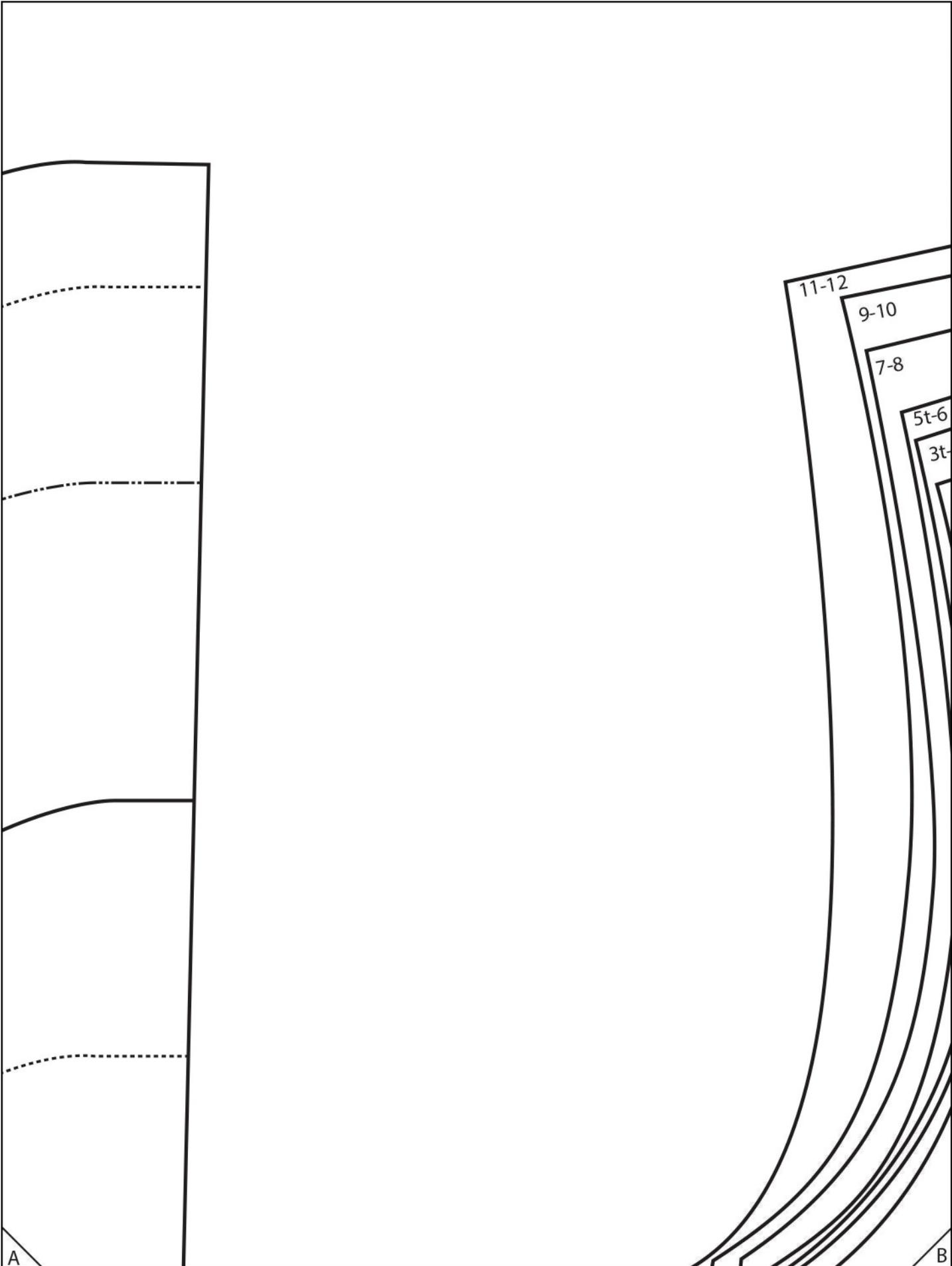
C

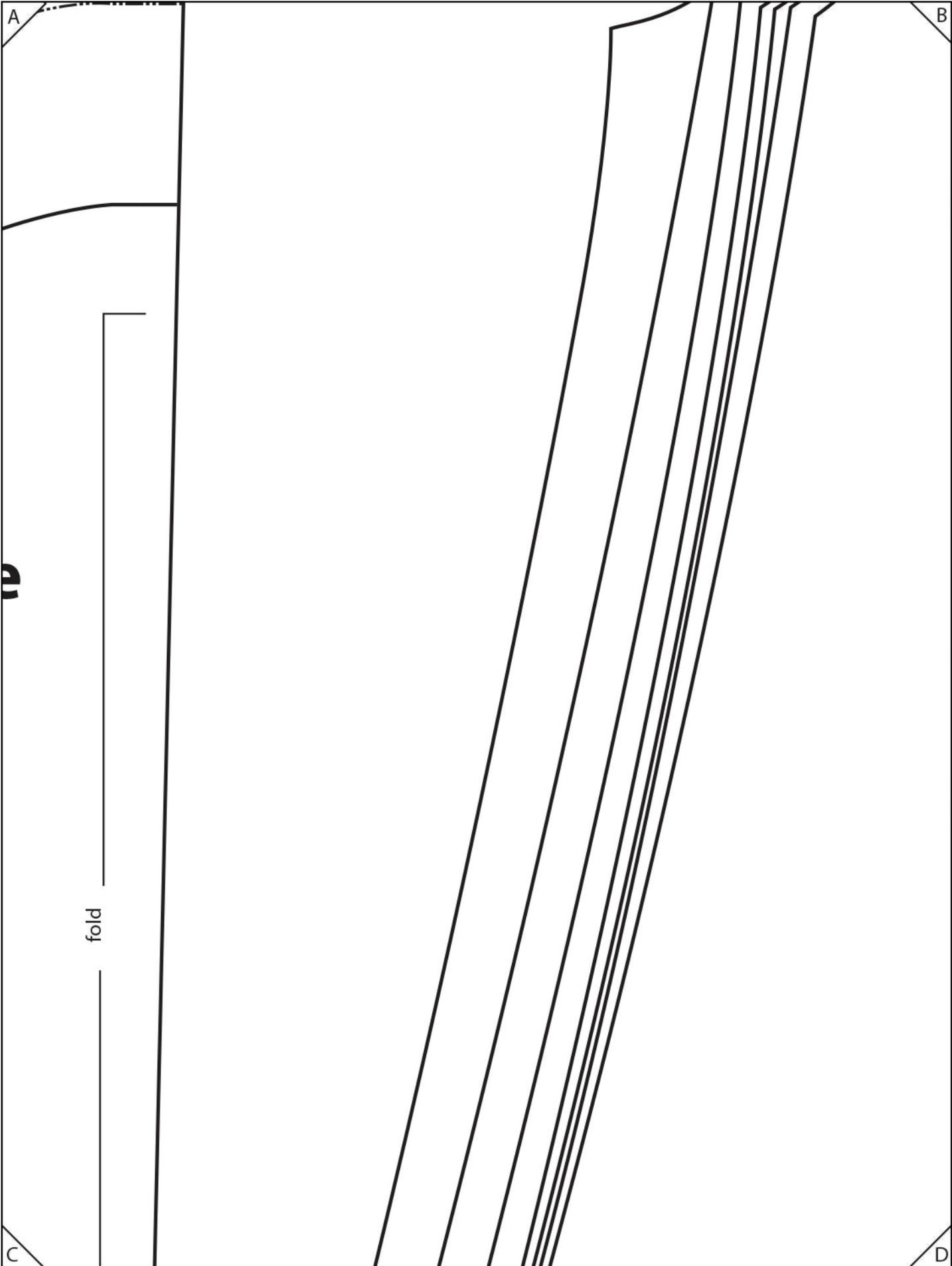


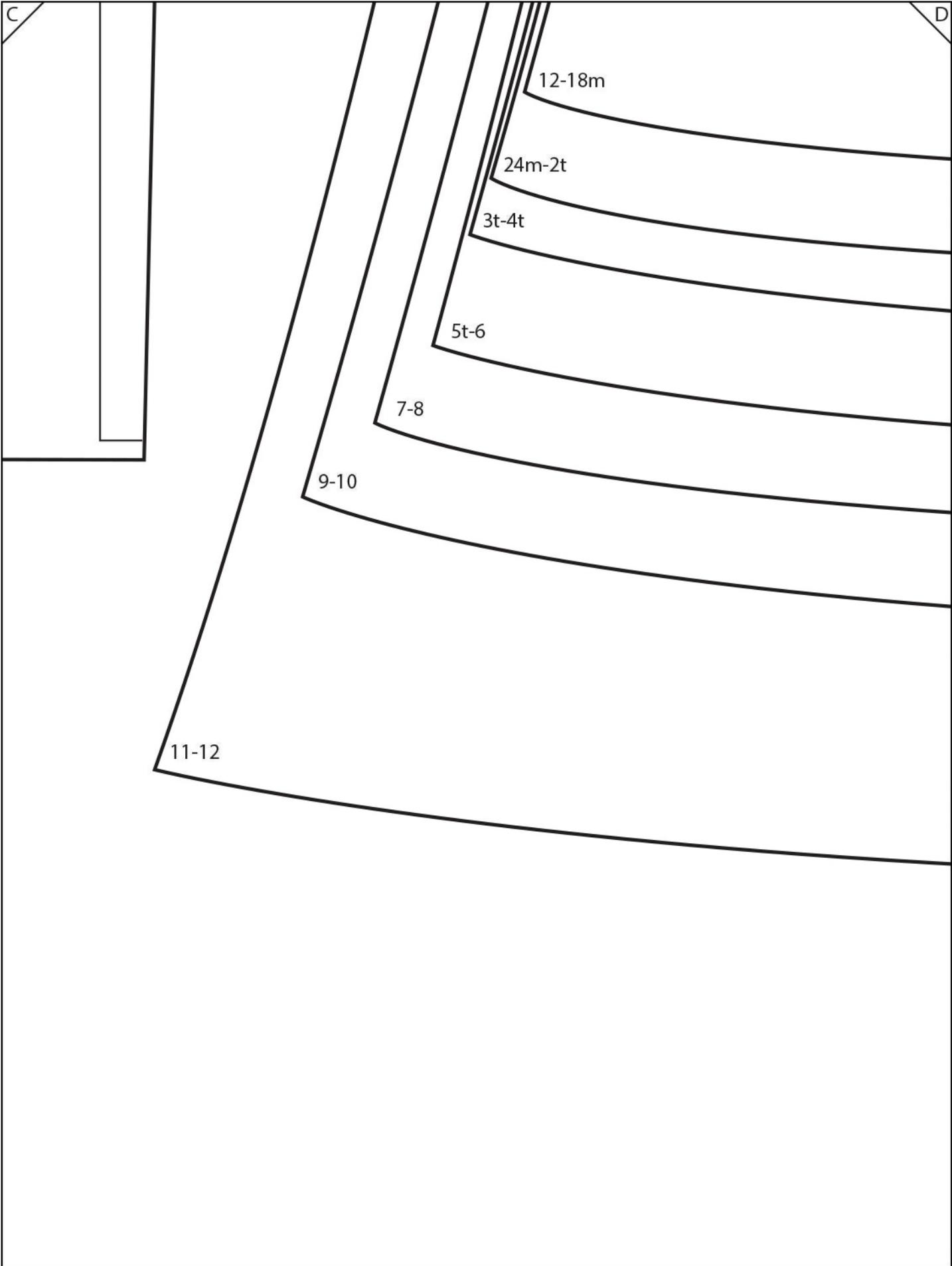
11-12
9-10
7-8
5t-6
3t-4t
24t-2t
12-18m

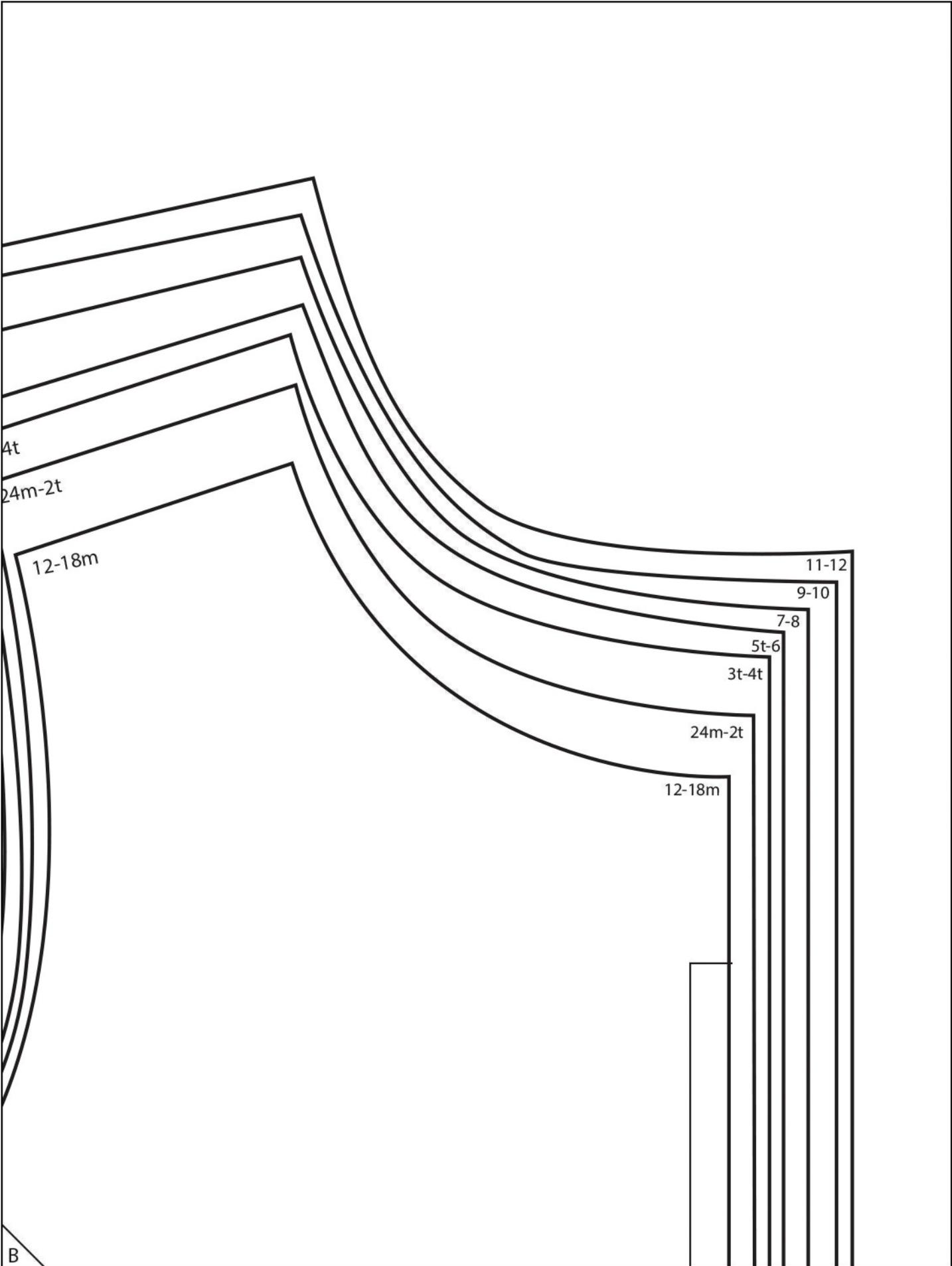


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B

Jacket Bodice

Cut 1 on FOLD and
cut 1 right front and 1 left front

fold

stretch

D

D



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12-18m

24m-2t

3t-4t

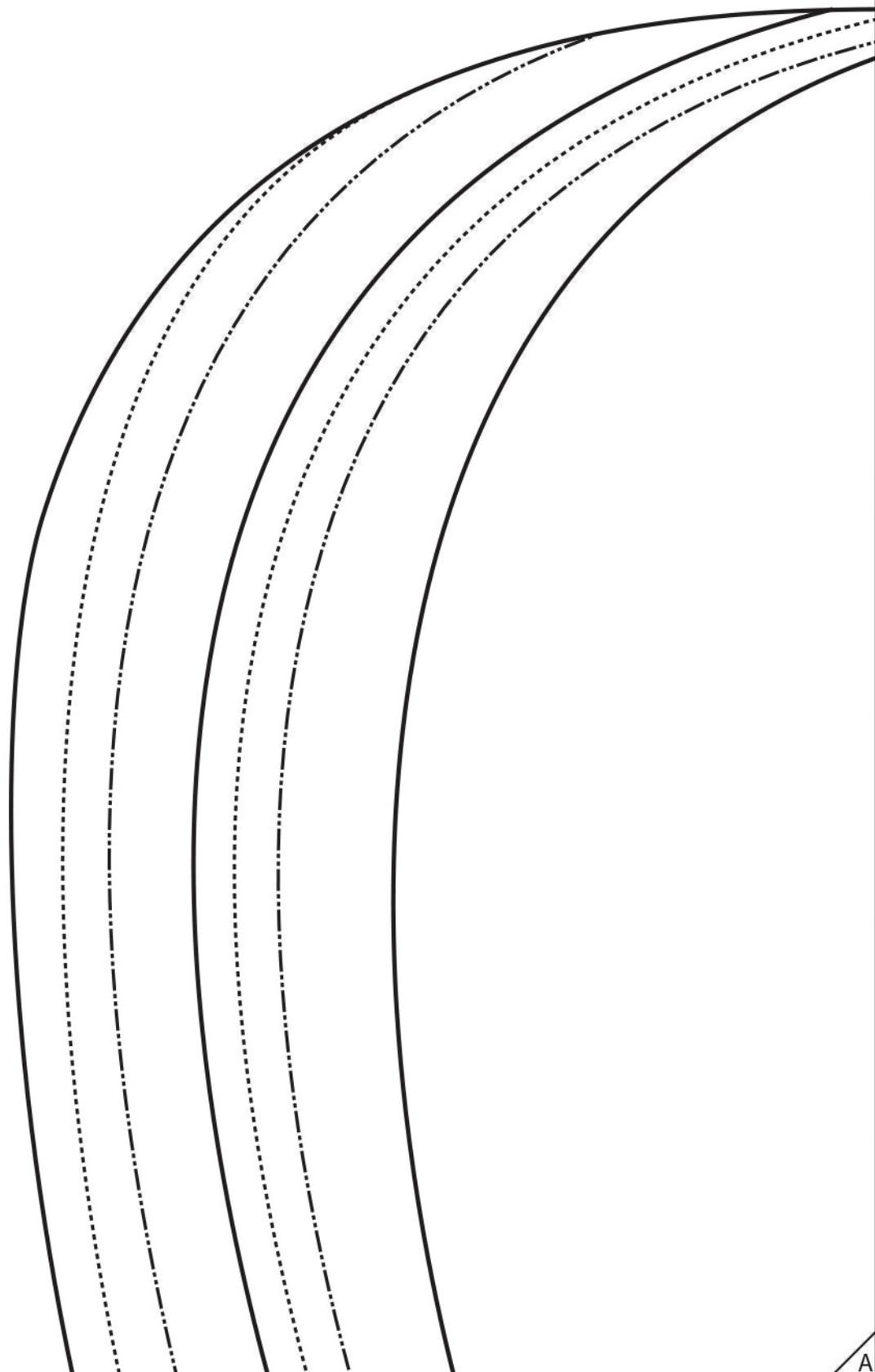
5t-6

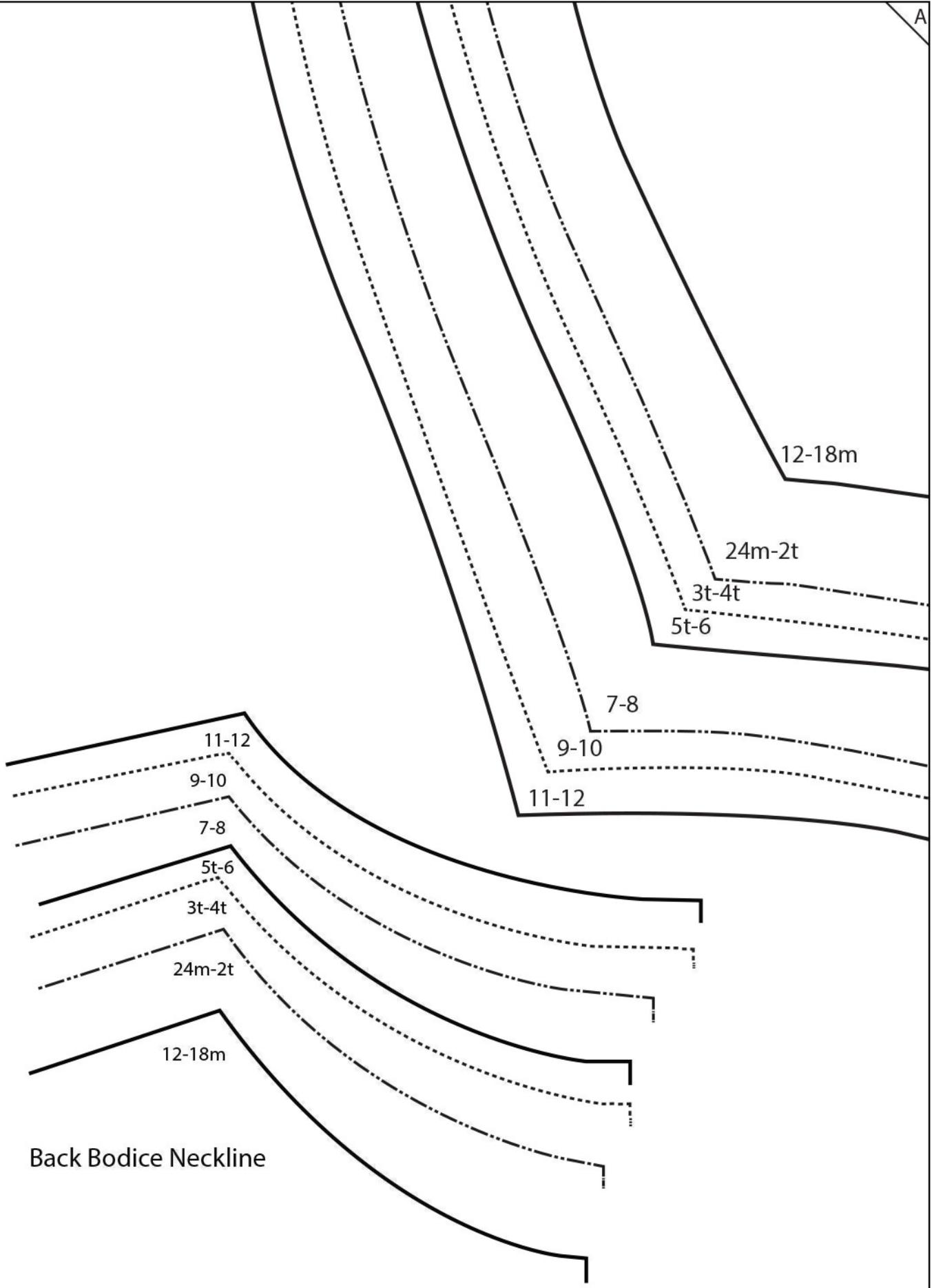
7-8

9-10

11-12

1 inch





Back Bodice Neckline



Hood



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A

12-18m

24m-2t

3t-4t

5t-6

7-8

9-10

11-12

