



Boys Overalls – for girls, too!



BOYS Overalls with *girls*
~ option ~

This girls/boys overall is fast to make and has snap button tape in the crotch/leg area to easily change diapers/pull-ups! For bigger sizes you can leave the snap buttons out and sew the legs together normally. This pattern comes with full length overall templates only but in the tutorial you will find how to modify/adjust the leg lengths. The girls version has a ruffle option for which the inseam length needs to be adjusted!

PLEASE READ THE ENTIRE TUTORIAL FIRST BEFORE STARTING! There are different options which require you to skip back and forth pages.

List of required materials:

- Fabric for main overall and facings (and for optional ruffles) – sizing chart page 32
- Sewing machine (with buttonhole function)
- Serger (optional)
- Scissors
- Pins
- Iron
- Sewing thread
- Sewing needle
- Snap button tape – 2 packages if making full length!!
- Lip edge ruler or other longer ruler
- 2 buttons with holes (no shank buttons)

Seam allowance: 3/8” unless otherwise stated

Sizing chart: page 30

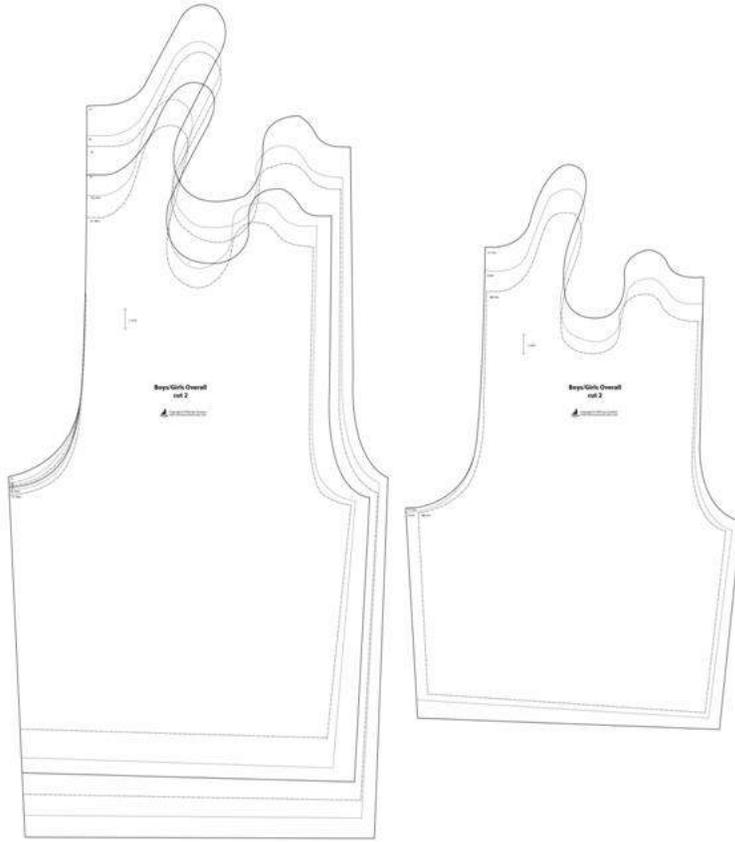
To begin:

Print out the templates without scaling. Double check the 1 inch print scale.

Cut each page along the perimeter. Then piece the pages together matching the letters in the corners. Tape pages together without overlapping or leaving gaps.

2

This should be your finished layout:



This is your template cut out around the biggest size:

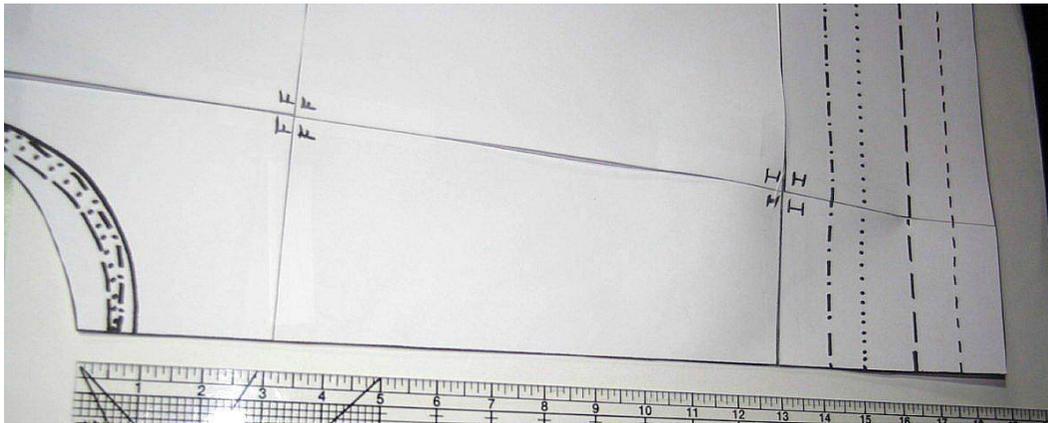


3

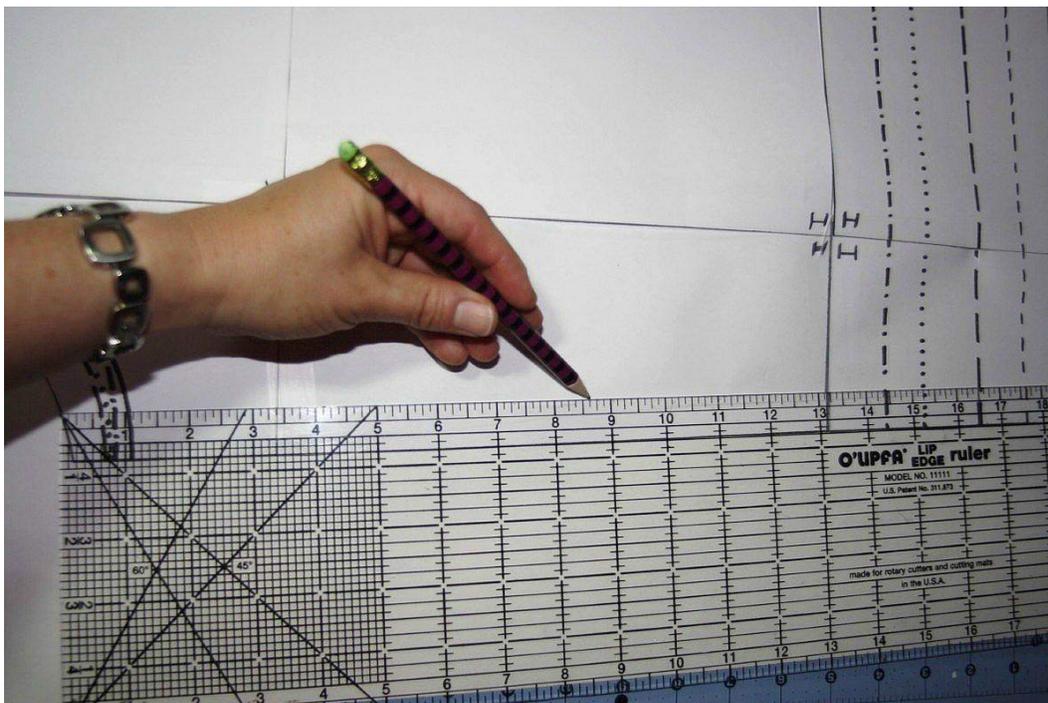
You want to consider tracing the sizes onto transfer paper or bigger sized poster paper to preserve them. Cut out the desired size.

To modify the legs/crotch when NOT sewing in snap button tape:

Not all overalls in all sizes require snap buttons so the following steps are for modifying the legs/crotch. Place your template in front of you as shown:

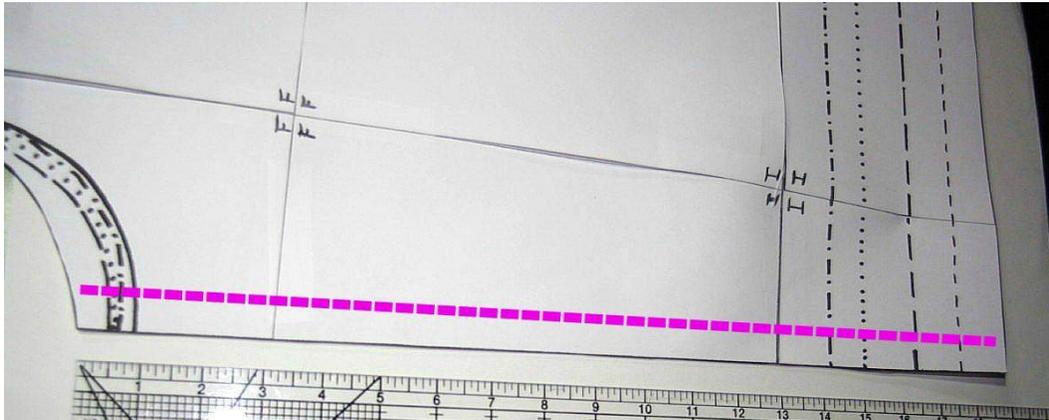


Align your ruler alongside the leg and draw a line $\frac{3}{4}$ " in to the template:

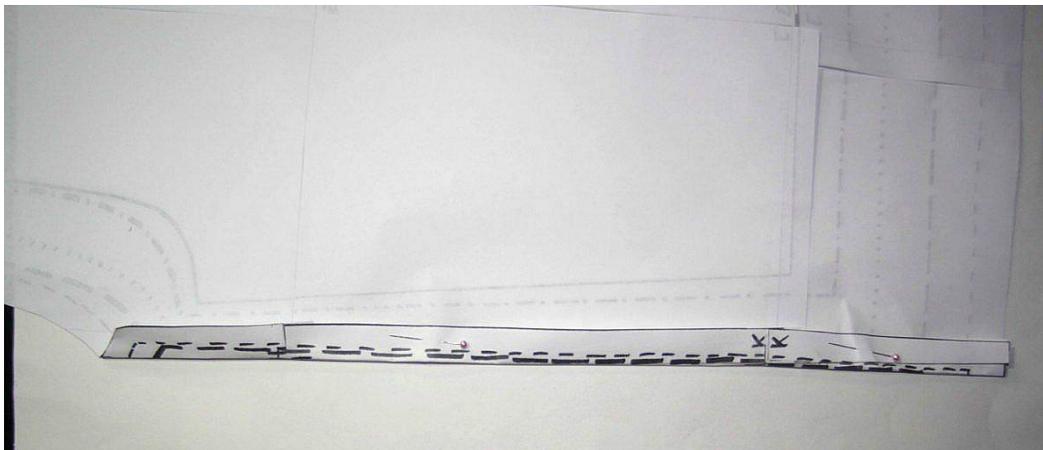


4

This should now be your drawn line (I marked it with better visible pink dashes):



You can either cut this strip off or simply fold it under the template and pin in place. That way you can reuse it WITH the snap button extension later on:



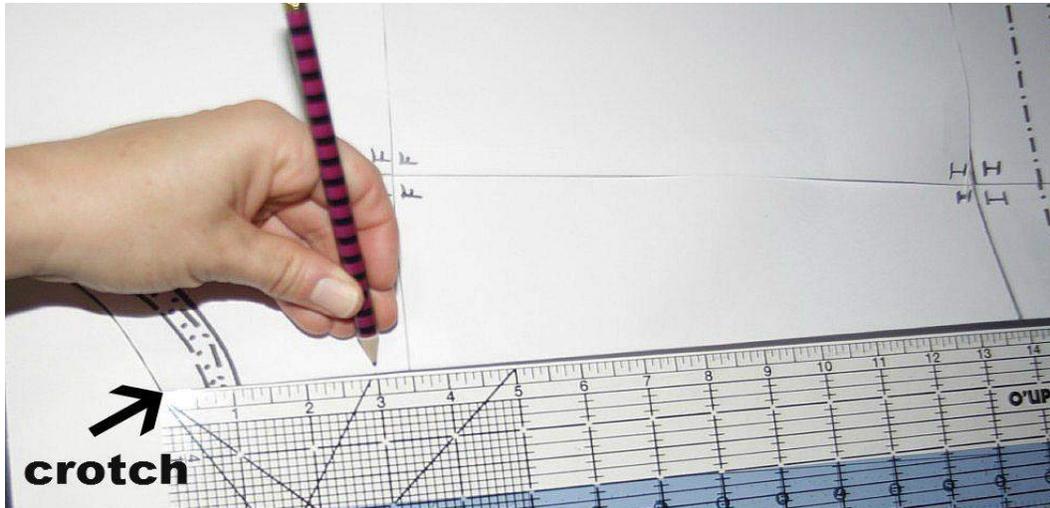
Repeat with other leg side!

NOTE: Due to altering the legs this way, they might not line up perfectly anymore since the crotch on both sides have slightly different curves. In this case you want to trim off any excess to make both leg sides fit!

Now you can proceed to placing it onto your fabric as instructed.

To mark legs for shorts or capris:

Although this pattern comes with full length legs of average inseams (correct inseam NEEDS to be checked before finishing legs!), you can easily adjust the leg length by picking your desired length according to size from the SIZING CHART on page 32. For this template example I am making shorts. Align your ruler with the crotch and measure down to the listed measurements in the sizing chart, then mark it:



Repeat with other side of leg and draw a line to connect both marks. Then either cut away the bottom part or fold it away underneath the template so you can reuse it for future projects and other leg lengths.

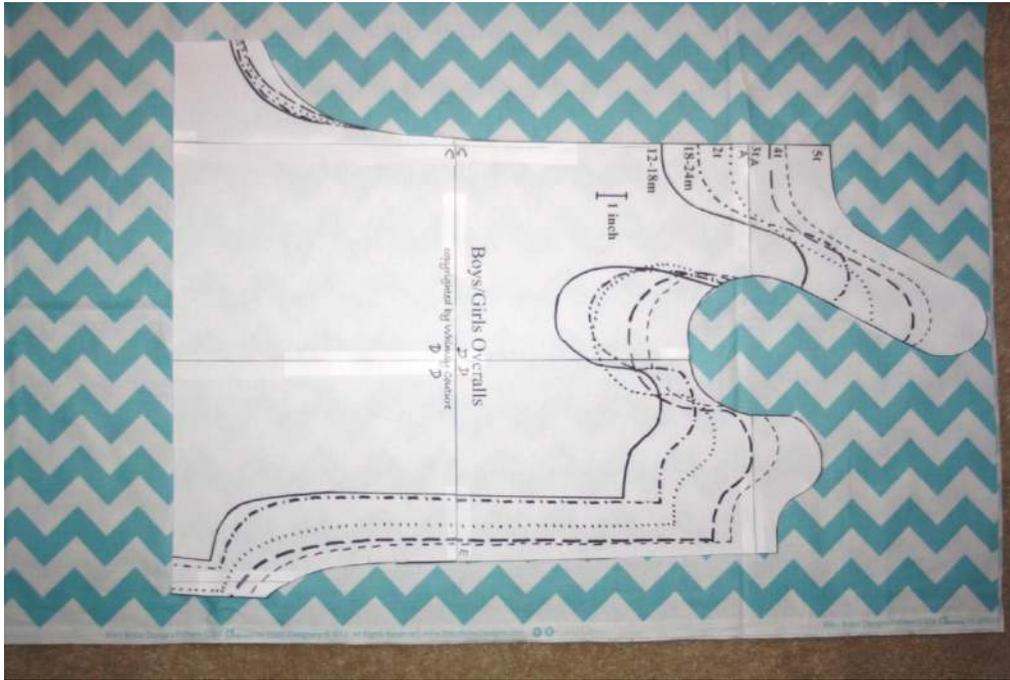
To place template:

Fold your fabric over so both selvages will meet:



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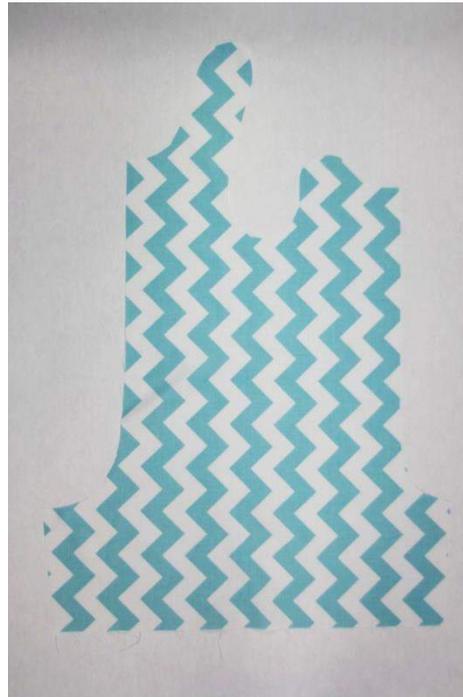
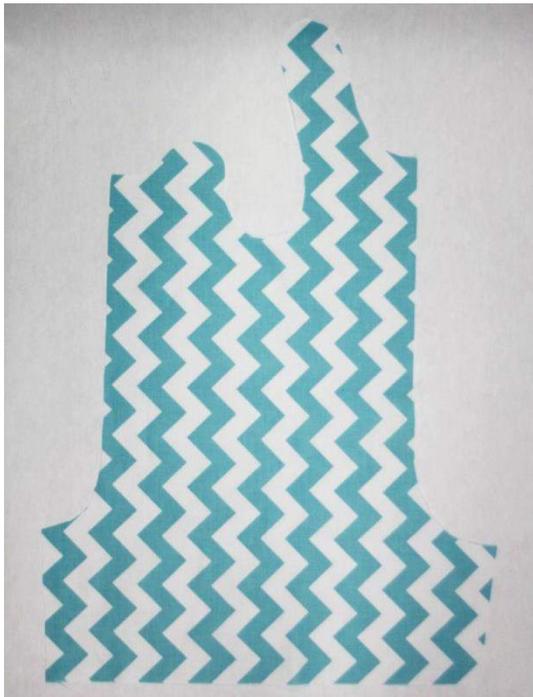
Place your template (I cut mine to shorts length) onto fabric and pin. Then cut around it.



These are the overall pieces you should have cut out:

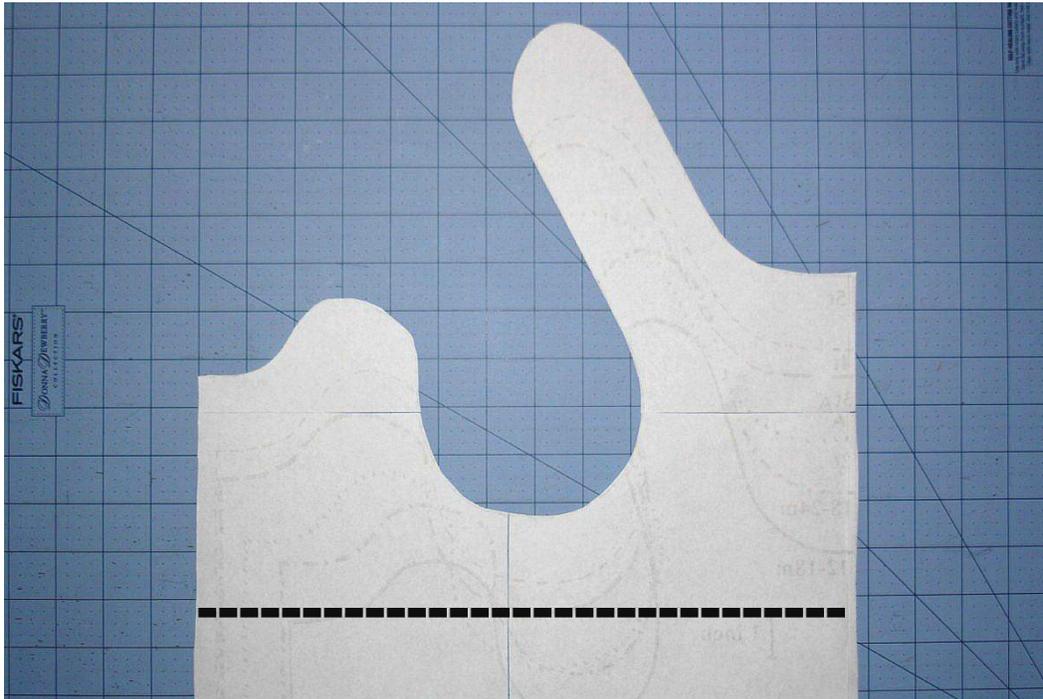
1x piece with strap going to one side

1x piece in reverse

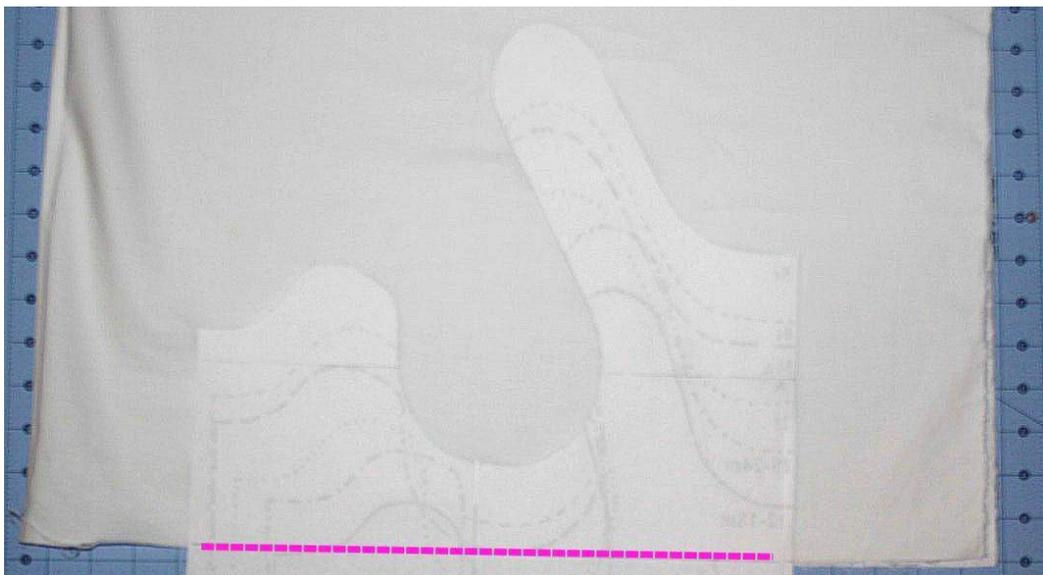


To make the template for the facings:

To eliminate too many lines on the template you want to “make” your facing template. Turn your overall template around so the wrong side is facing you. Draw a line at about 2” down from the lowest dip (armpit). I marked it with a dashed line:



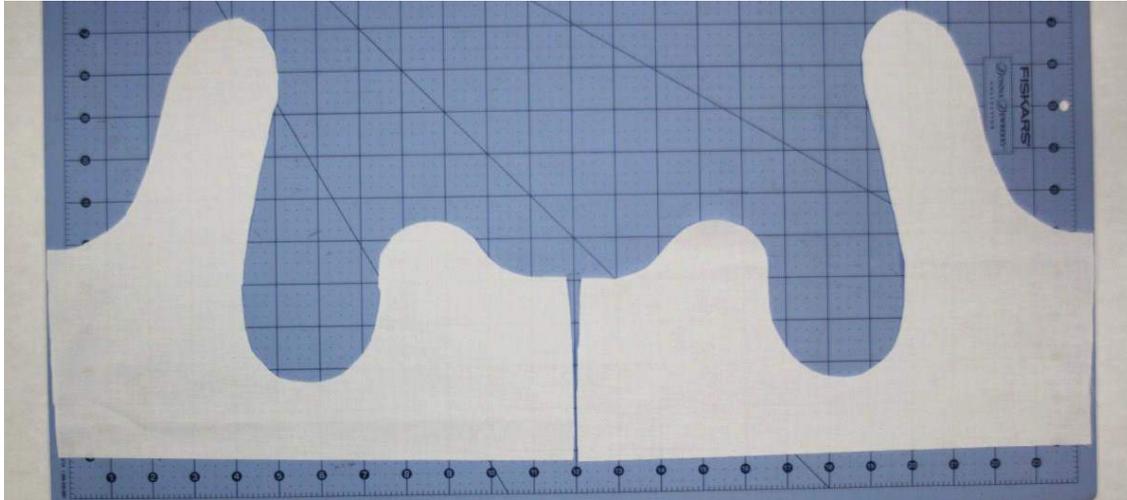
Fold your facing fabric over so you'll have 2 layers. Place the template still with the wrong side up, onto your fabric and align the dashed line (sorry, I switched colors) with the fabric edge:



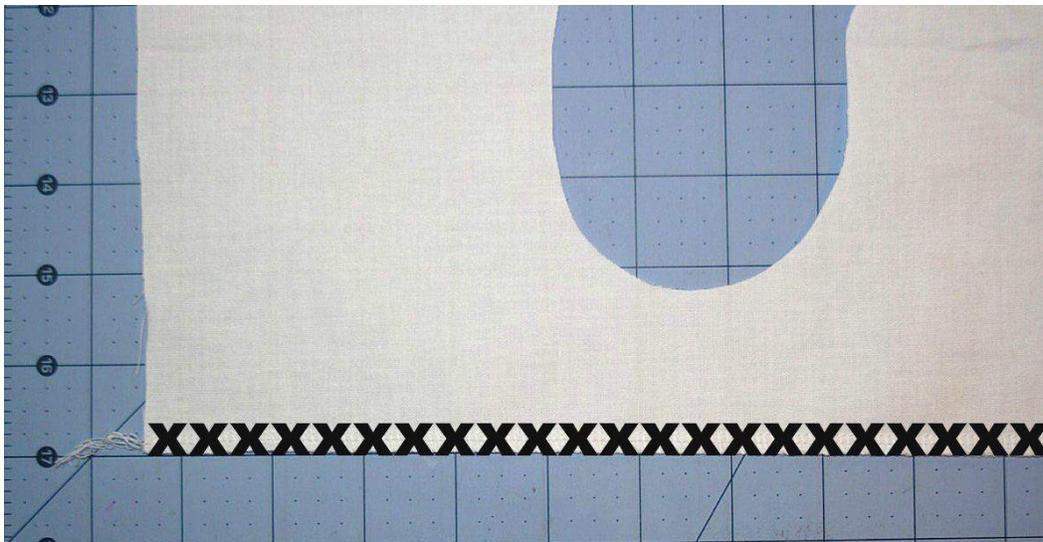
8

Pin in place and trim around.

These should be the facings for both overall pieces:



Zigzag stitch/serge the bottom edges of the facings:



To sew facing and overall piece together:

Place facing (with right side down) onto the right side of your overall piece, pin and sew along dashed lines. Backstitch beginning and end:



Trim off half of the seam allowance with a regular pair of scissors.....



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.....or pinking shears:



Repeat with other set of facing and overall pieces.

Turn overall pieces right side out and press.

These are now the 2 sewn overall pieces with facings:



To sew both overall pieces together:

Place both overall pieces with right sides together and flip up the facing of the piece on the bottom.....



.....fold top overall piece over now and flip that one's facing up so that both facings meet:



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Pin along dashed lines and sew with backstitching beginning and end:



Repeat with other side of overall.

Before you zigzag stitch or serge this seam, trim out a tiny triangle from where the facings meet the overall fabric:

(picture below is from the girls version)



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Now zigzag stitch/serge this raw seam:



This should now be your almost finished overall:



To finish the legs:

IMPORTANT NOTE for inseam: the full length inseam may or may not be correct for YOUR desired size. You want to check the inseam length before finishing the legs. You may want to trim off excess. Please find the average inseam chart on the SIZING CHART! No two children are alike and inseam measurements can vary quite a bit! Further, the inseam can be off due to the overall sitting lower as a normal pair of pants may.

You are looking at the leg hem:



Zigzag stitch or serge the INSIDE of the legs as shown below:



If adding ruffles, go to page 27 now.

Repeat with other side and do the same with the leg hems. Now you should have both leg hems and crotch finished :



Fold your overall sideways. Flip up the upper leg and 1. fold down leg hem to 1" then 2. press:



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Then sew leg hems down on the wrong side with a straight stitch:



To sew on snap button tape:

If NOT adding snap button tape please go now to page 31.

Place your overall with the front facing you. Flip up the crotch. Fold down crotch hem 0.5" and press, fold up the back crotch hem 0.5" and press:

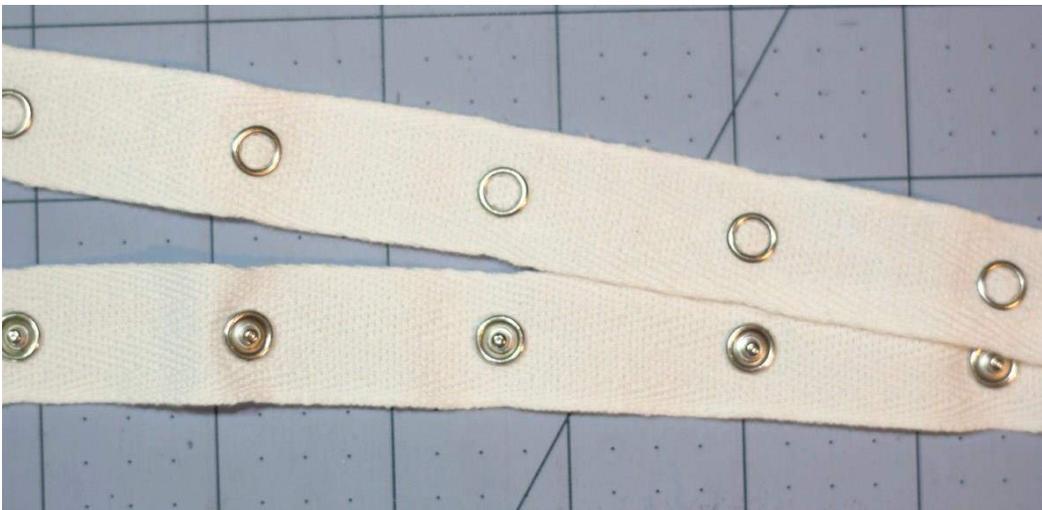


17

Snap button tape comes in a package such as this:



Open both side's button.....

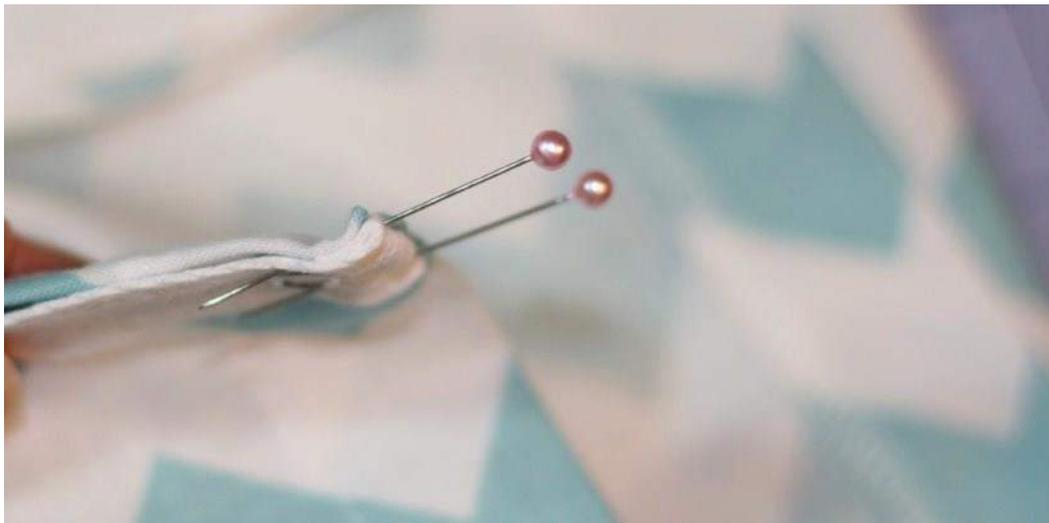


.....and place both tapes onto your crotch hems and trim off excess leaving 0.5 – 3/8\" data-bbox="111 681 868 718"/>

It is helpful to reposition the tape to make sure that both bottom hems end up with buttons at the same distance:



Fold down one side of button tape and pin to crotch hem with having the raw edge inside:



The snap button tape gets sewn on to the inside of the front crotch hem (shown in picture on top) and the other tape side to the outside (shown in picture on the bottom) of the crotch hem.

Now is a good time to make sure you line up both button tape strips (upper and lower) positioned the same so they will match up when buttoned.



Continue pinning both tapes in place aligning the edges:



Use a zipper foot to sew them on along the dashed lines (marked in photo above):



Backstitch beginning and end several times as this area will get lots of wear and tear. This should now be your sewn on snap button tape:



NOTE: when you are making the ruffled version you want to do the same steps as above. The crotch area/leg will look the same with ruffles once the snap button tape is sewn on to the bottom hem of the ruffles!

To topstitch:

It is recommended to top stitch along the outer perimeter of the overall to ensure a nicer look and help keep the facings down.

To sew the buttonhole and button:

Mark the center of the strap tip at half way in from the sides and the same distance from the tip:



Choose buttons with 2 or 4 holes rather than a shank. The size should ideally be fitting the strap nicely but not too much so the button will do its job well! 😊

Follow the steps necessary for your machine in order to sew a buttonhole. The best way is to insert the straps with the tip facing towards you so once the buttonhole gets sewn, so the buttonhole won't reach past the strap by mistake.

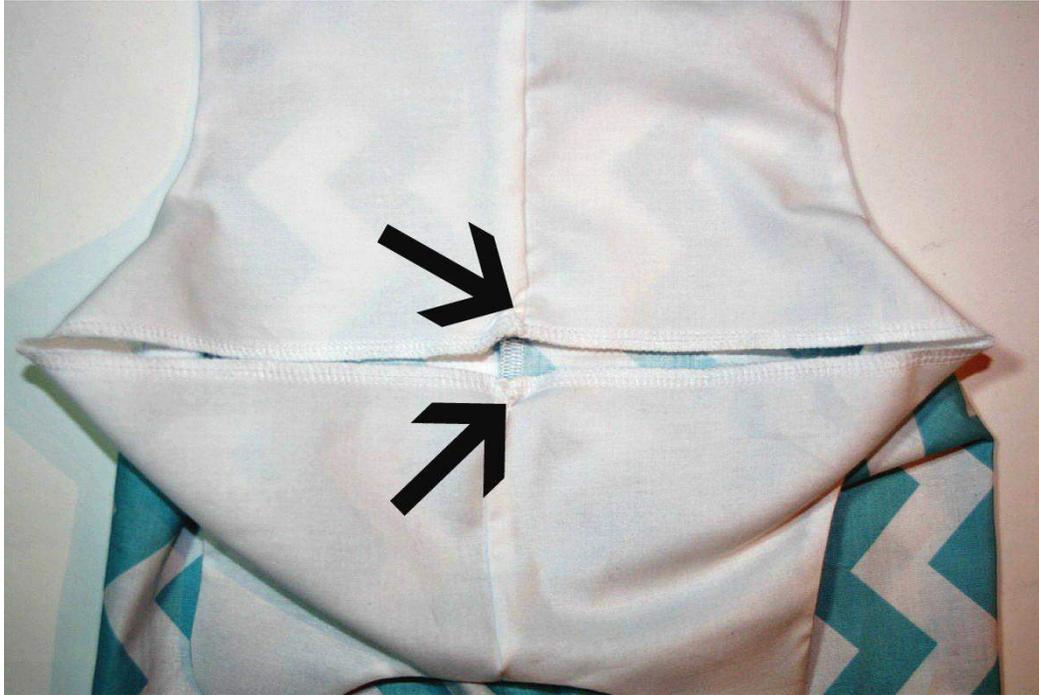


Sew button on positioned nicely into the round. I prefer using embroidery thread since it's thicker and stronger:

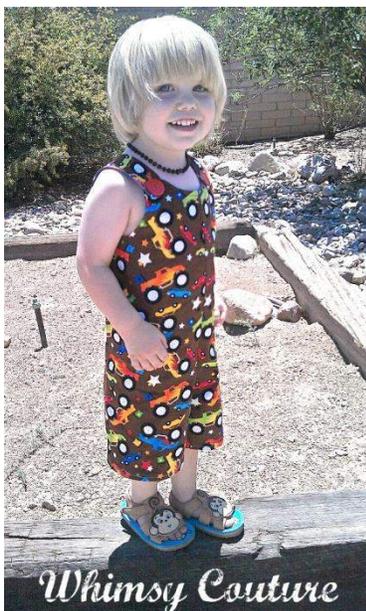


To finish loose hanging threads:

The facings will have threads hanging down which you want to tuck under and tack down either with your machine and by hand with a threaded needle. Don't sew through the entire overall, only through the facings themselves:



Your overall should be done and looking handsome! ☺



Girls version with ruffles added:



This girls overall has ruffles added and no snap button tape (leg width will be trimmed off).

Sew your overall up until last section of page 15. Then come back here to continue with making the ruffles....

To make ruffles:

Refer to page 32 for ruffle sizes!

These are the 2 ruffle strips you want to have cut out:



Fold your strip in half with wrong side together



.....and press:



To ruffle your fabric:

Set your sewing machine to the longest stitch length and the highest number tension. This way your machine should automatically gather your fabric! (If your machine doesn't allow this setting you may set your tension to 2-3 and to the longest stitch length and sew. Then manually pull the upper thread to gather your ruffle.)

Sew along the raw edge with a seam allowance of about $\frac{1}{4}$ inch very slowly. **RESET YOUR MACHINE TO NORMAL TENSION/STITCH LENGTH!**

This should now be your gathered ruffle piece:



Now it's the time to double check the inseam length to make sure you will end up with the correct inseam. Best is to measure from the crotch down to the bottom hem of the leg see how much to trim off when the ruffles get added. If you can't measure the girl, please find an average inseam chart for full length pants on page 33.

Place ruffle alongside the leg hems and distribute the gathers to match the width of the leg:



Flip ruffle over and pin, then sew down with a straight stitch, backstitch beginning and end:



28

Zigzag stitch or serge the raw edge:



Fold the inside edge up and top stitch from the right side close to where both fabrics meet:



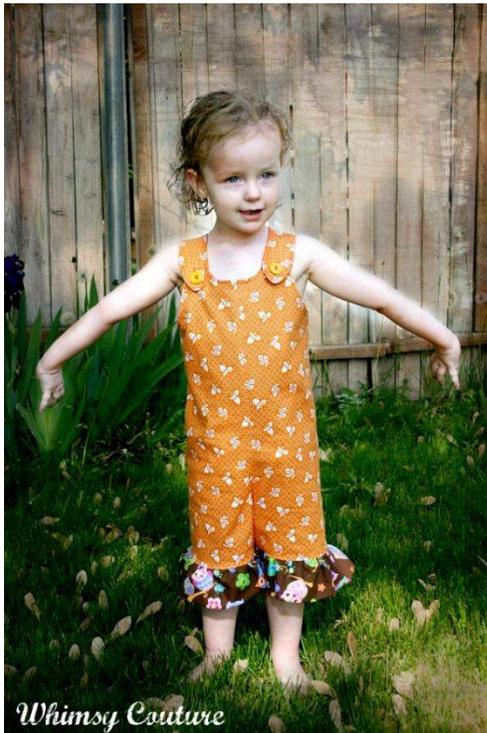
To sew the legs together:

If adding snap button tape, go back to page 19.

Position your overall in front of you with the legs on each side. Pin the inside of the legs and sew along dashed lines. Backstitch beginning and end:



Turn overall with right sides out and finish off the loose hanging threads from the bottom leg hems by tucking under and tacking down (just like you did with the facings). All done!



If you need a different inseam PLEASE measure the actual child's inseam and alter the template accordingly! If you are selling custom made overalls please ask your customer for their inseam! No two children are alike! Even with store brands you will get a wide discrepancy with inseams!

For shorts you want to mark your cut off at about 3" below the crotch for nb – 12m and 4" for up to 2t and 5" for up to 5t. If adding ruffles please take off what the ruffles measure from the legs!!

For capris you want to GO UP about 2-3" from the bottom hem.

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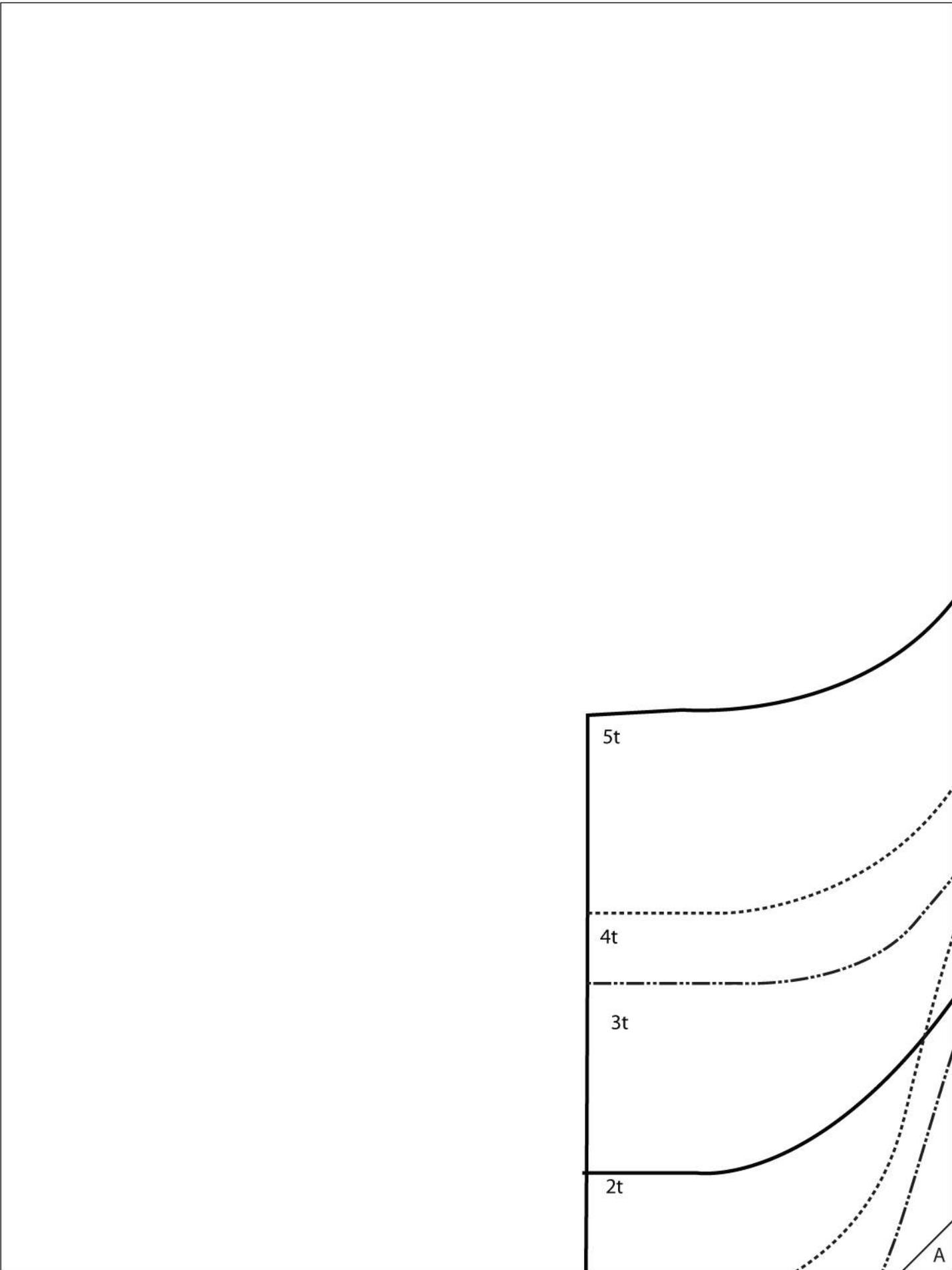
Etsy shop: www.whimsycouture.etsy.com/

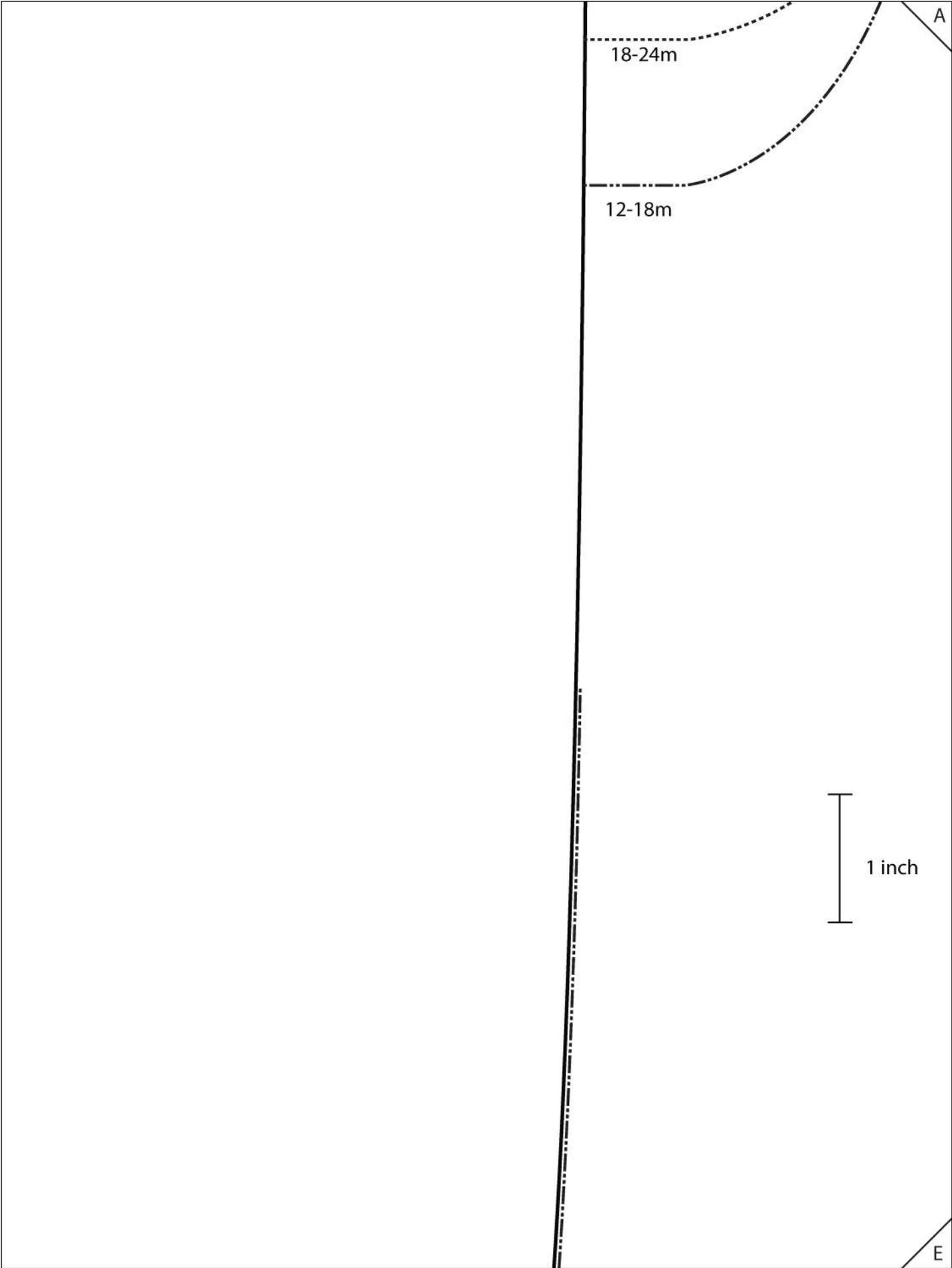
Blog: <http://whimsycouturesewingpatterns.com/blog>

For questions please email whimsycouture@hotmail.com

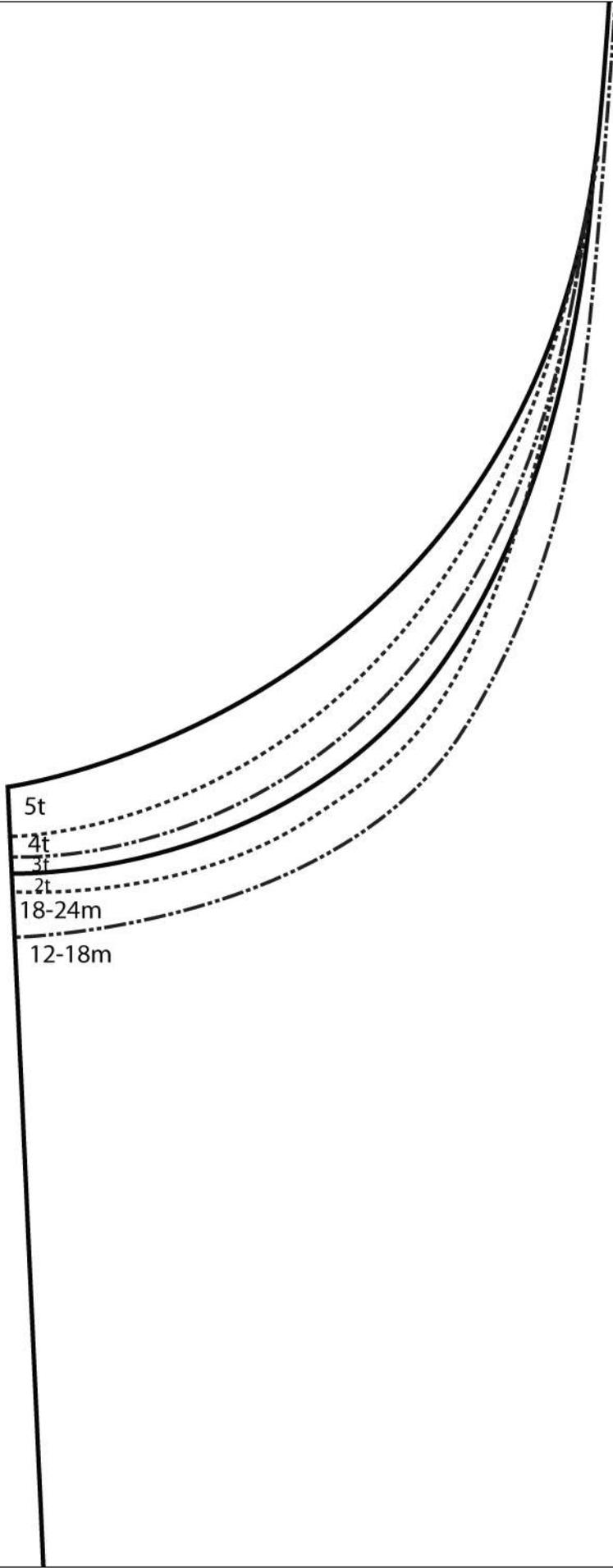
Thank you so much for using this pattern!

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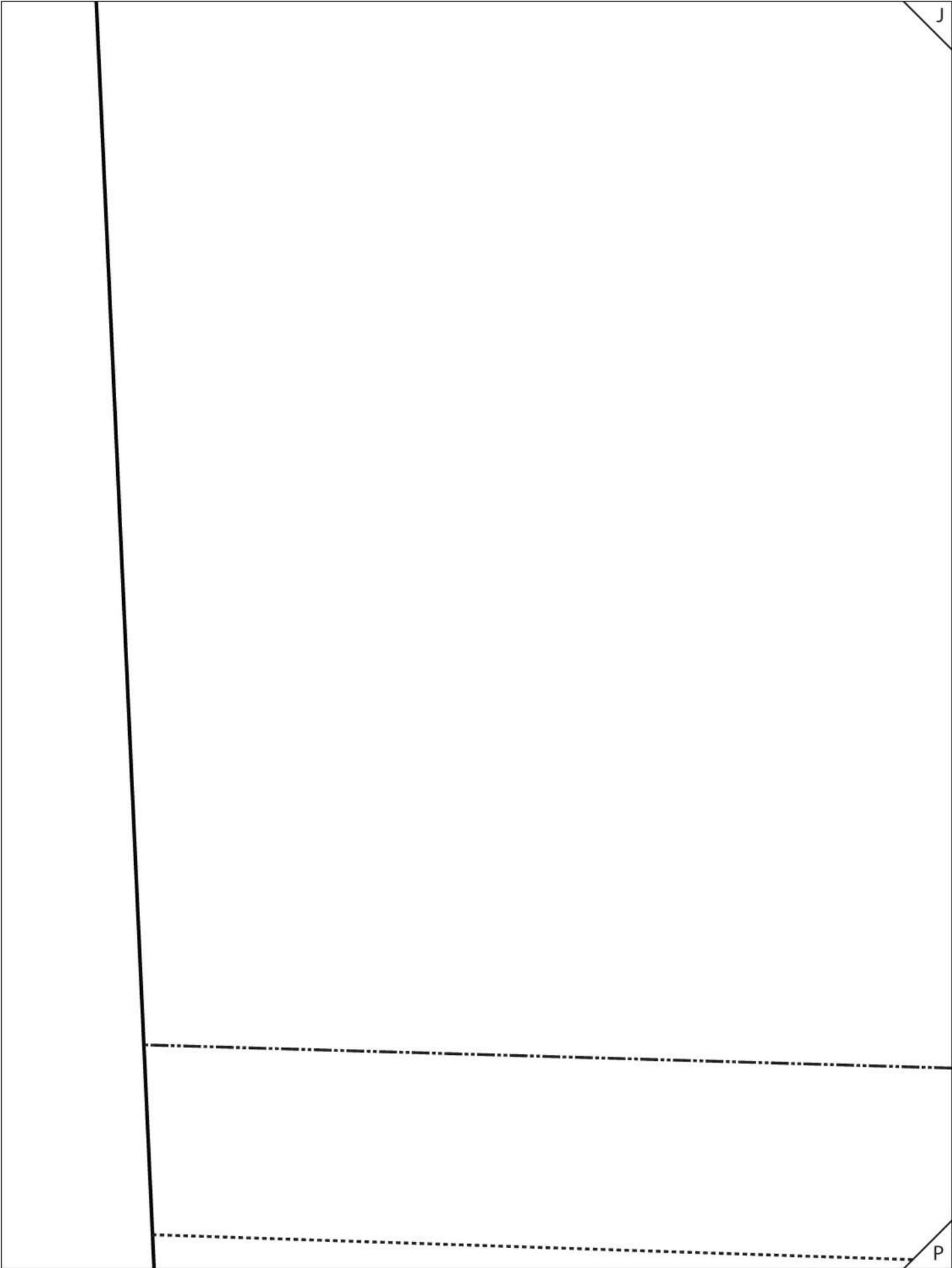




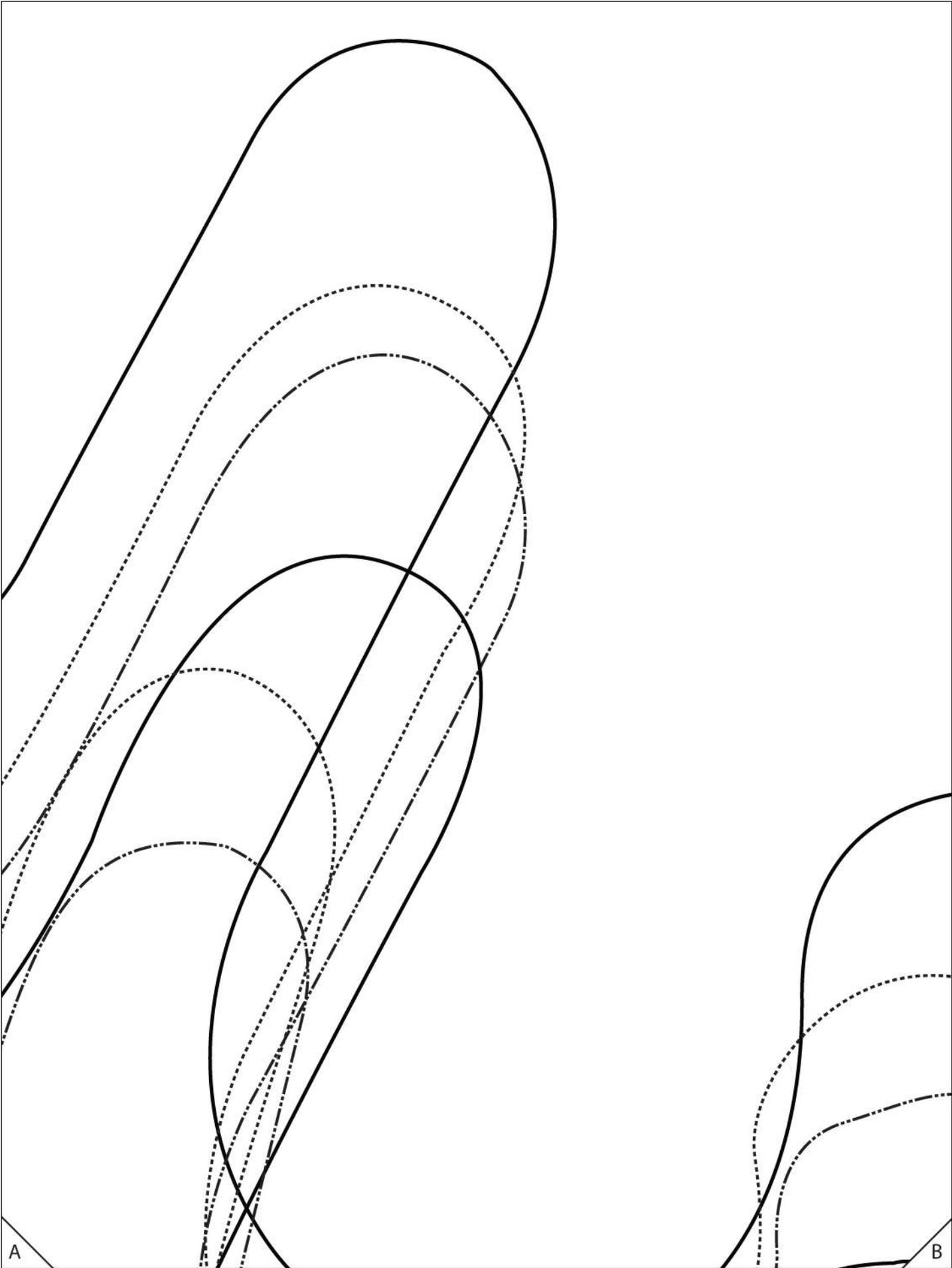
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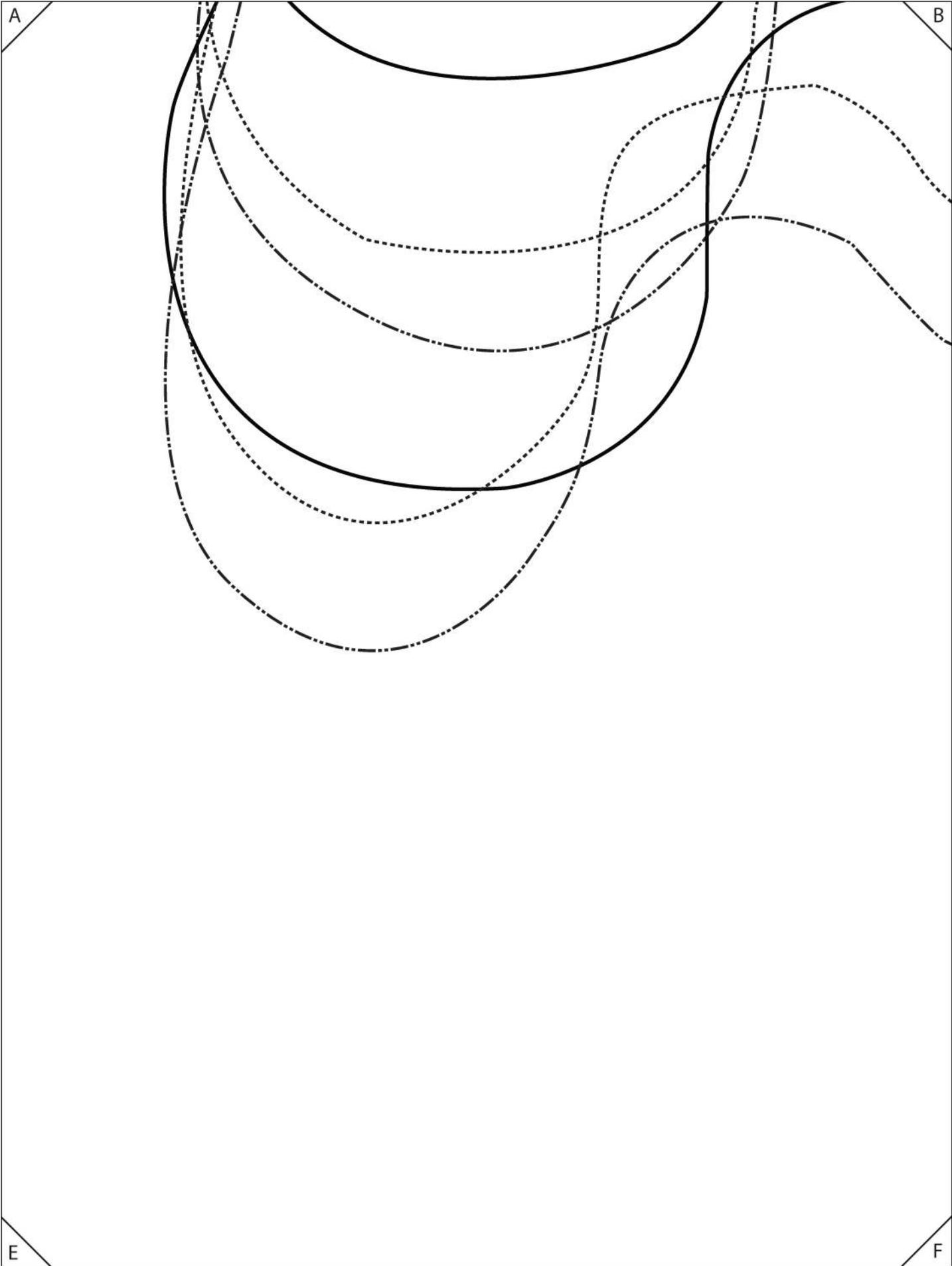


J



A writing template consisting of a vertical line on the left side and three horizontal lines. The top horizontal line is solid, the middle one is dashed, and the bottom one is dashed. The area between the vertical line and the top solid line is a narrow margin. The area between the top solid line and the middle dashed line is the first writing line. The area between the middle dashed line and the bottom dashed line is the second writing line. The area below the bottom dashed line is the third writing line.





E

Boys/Girls Overall cut 2

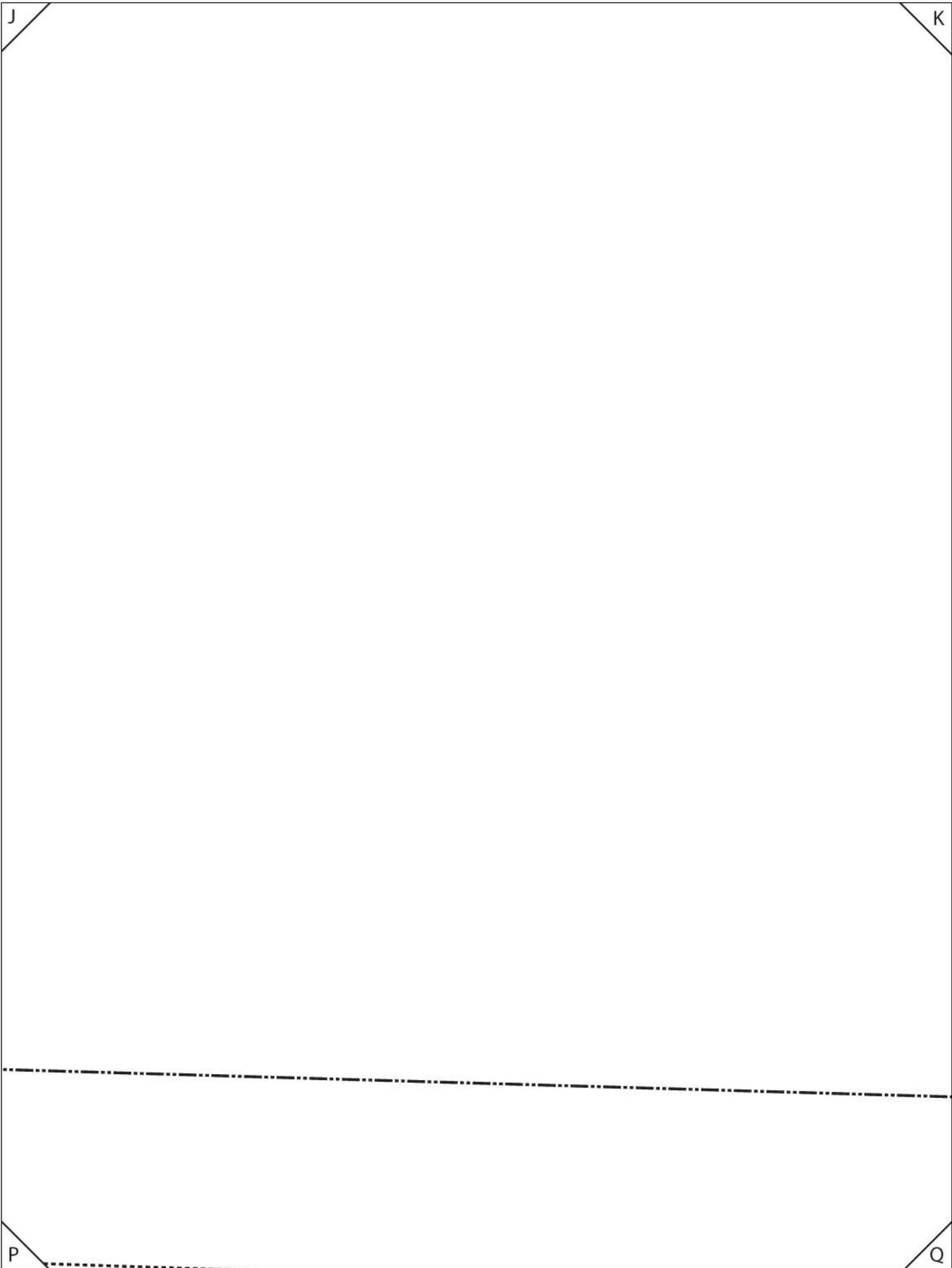
F



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J

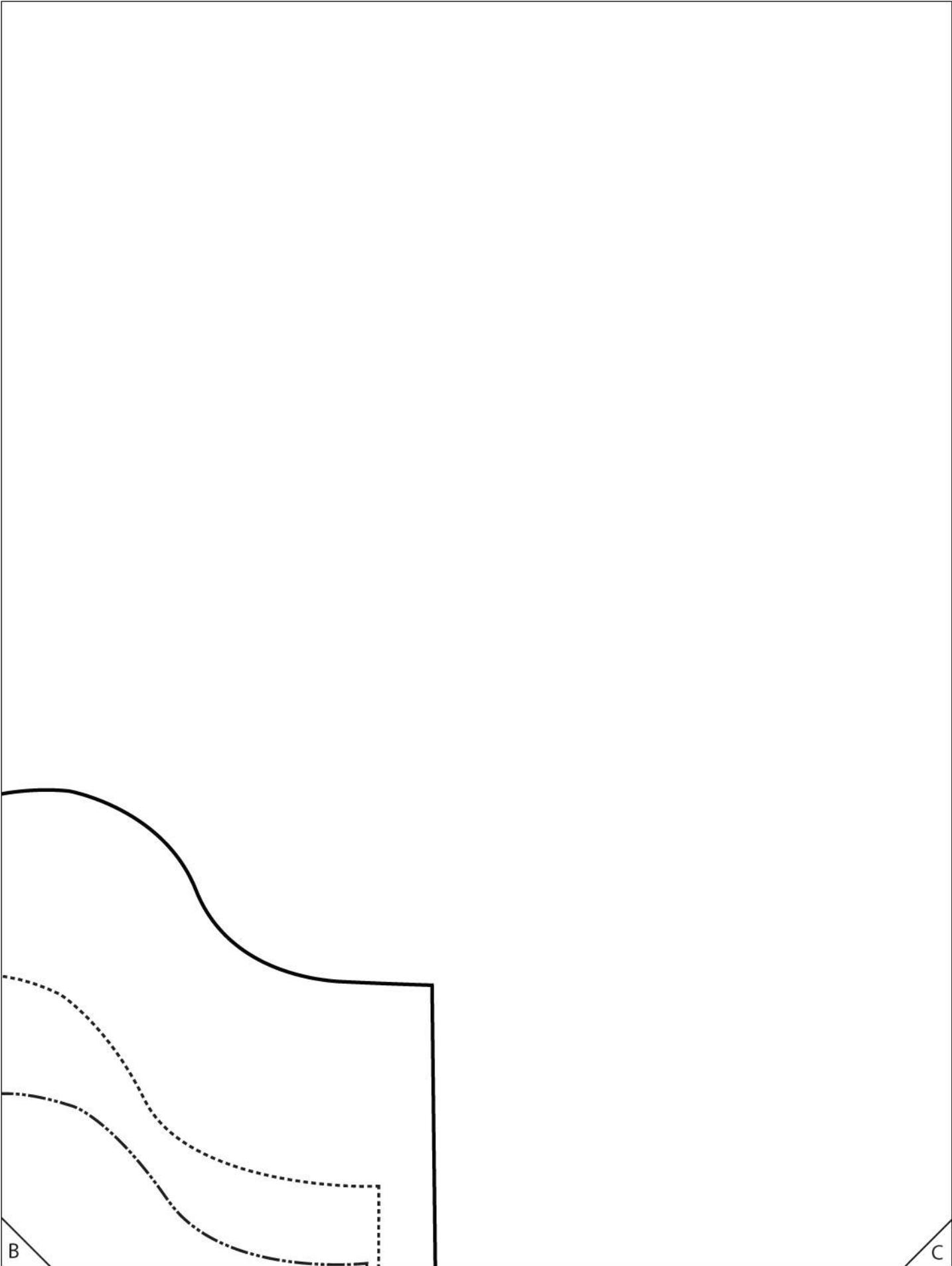
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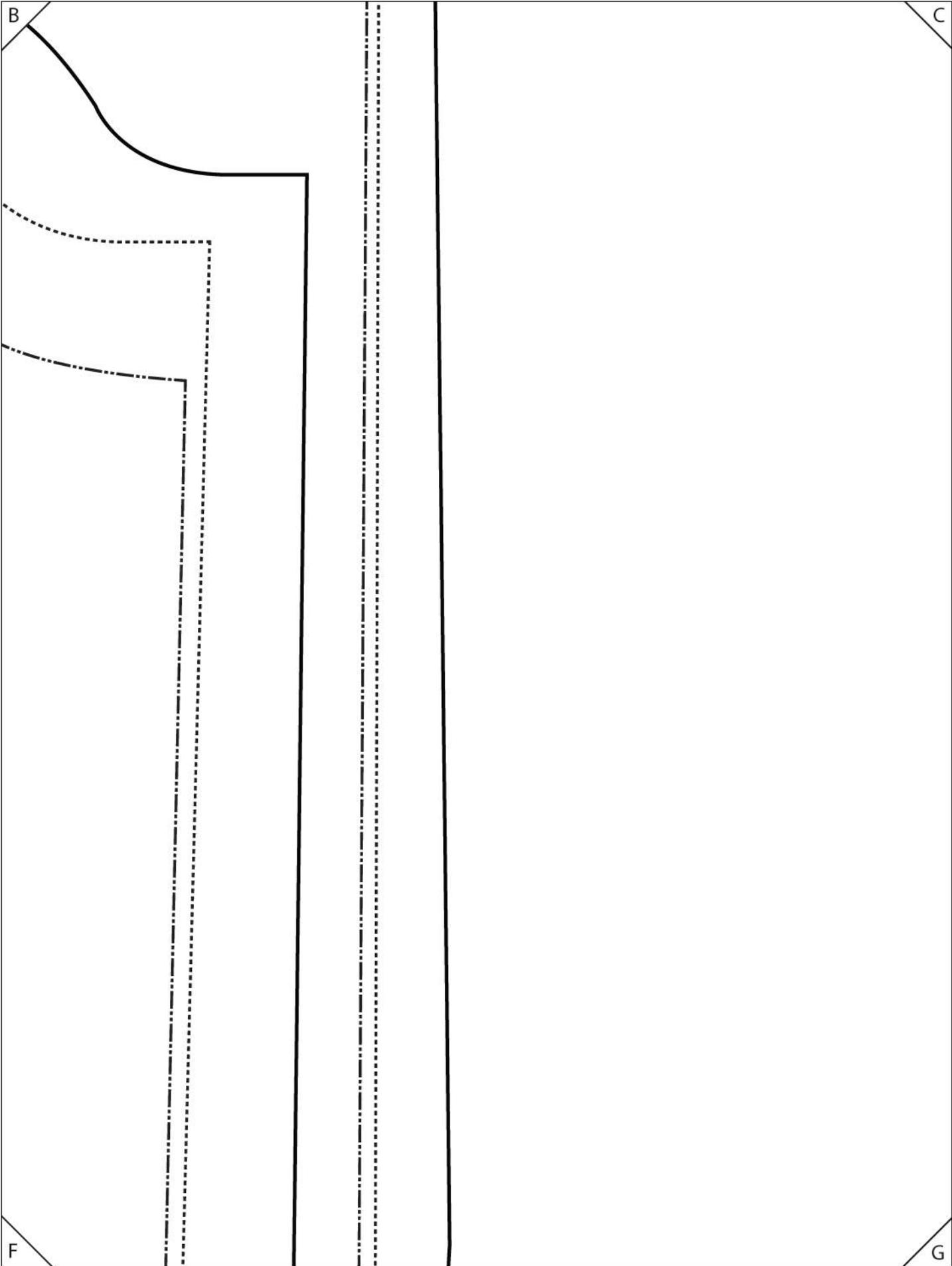


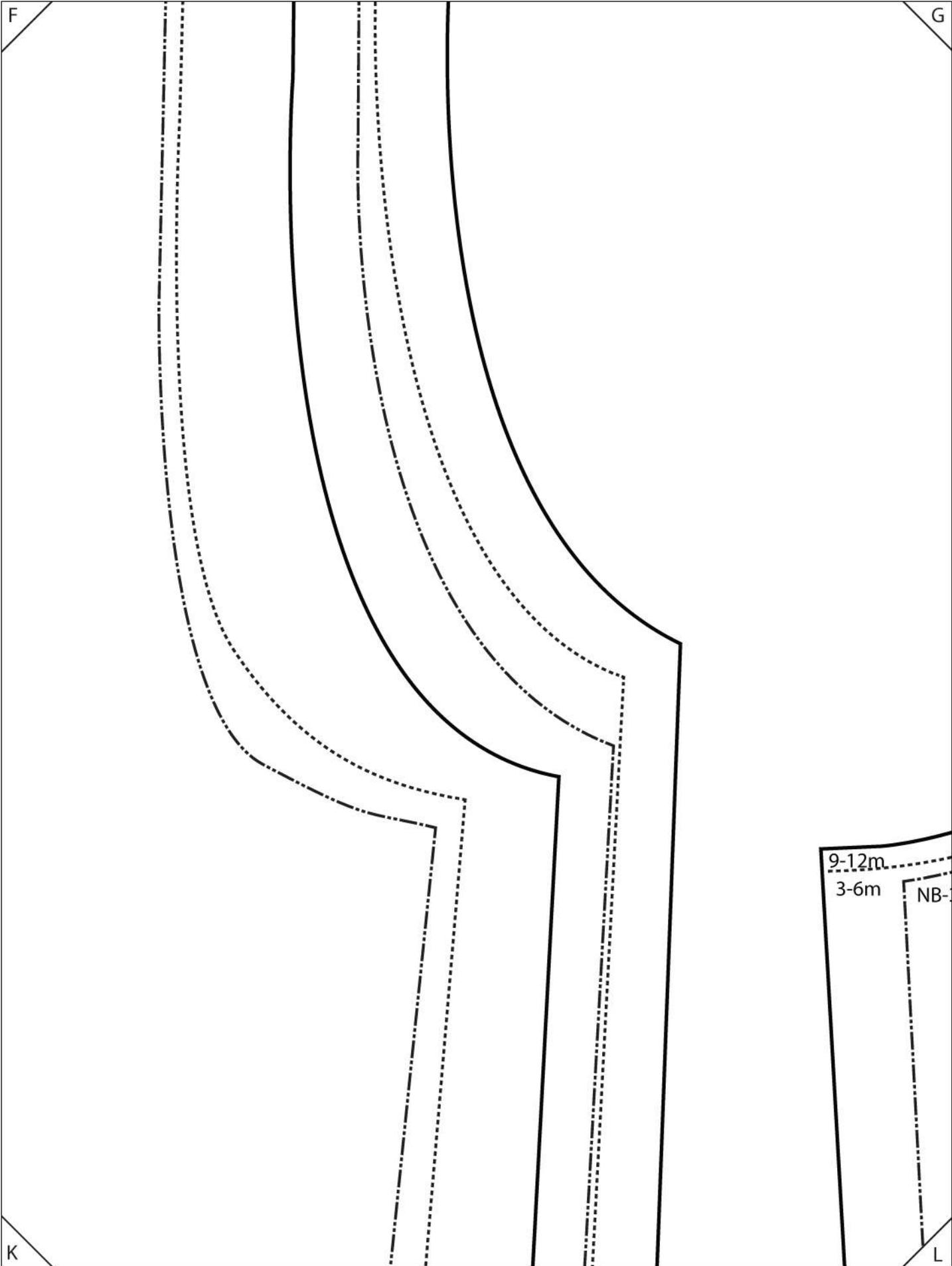
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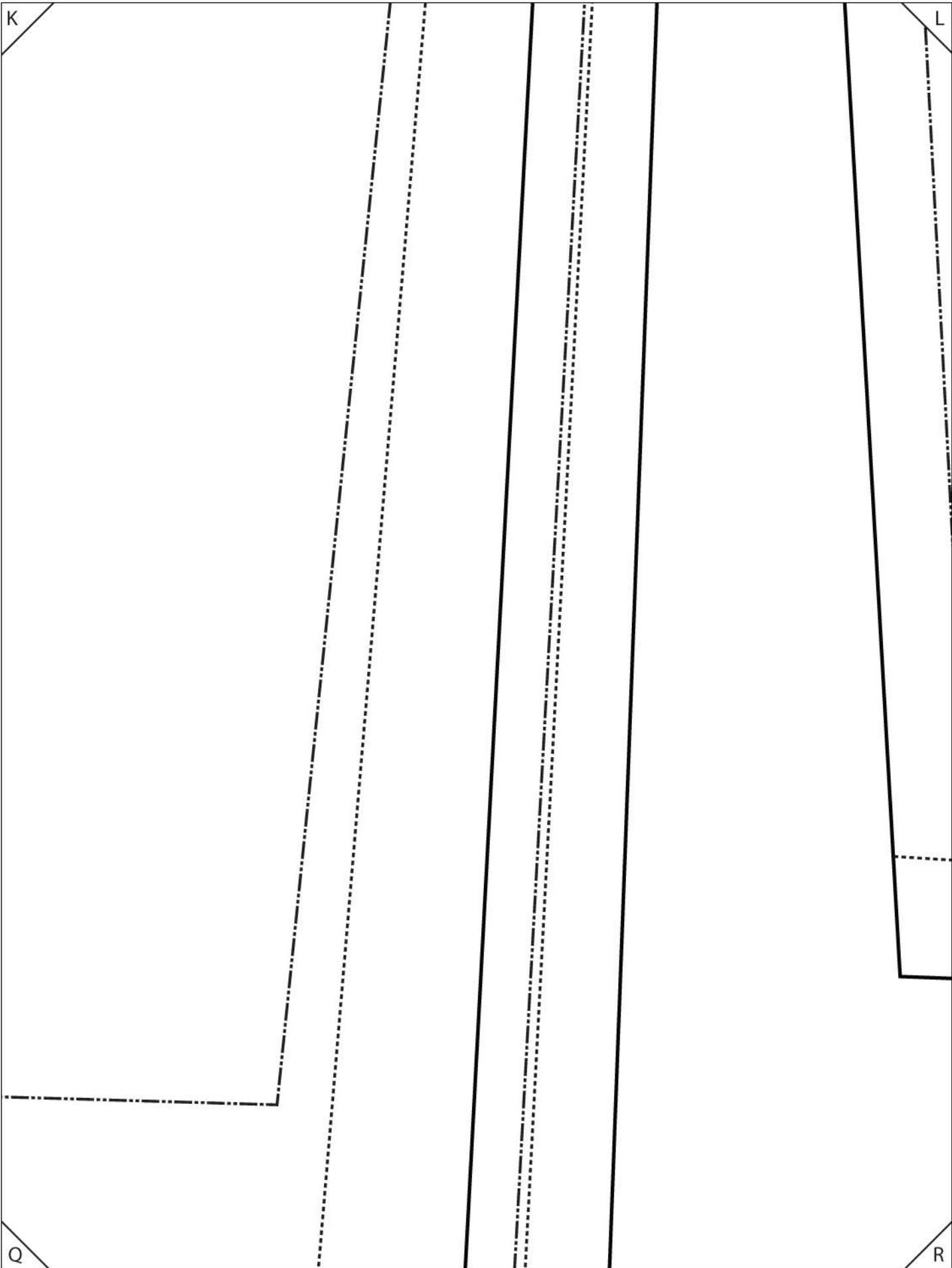
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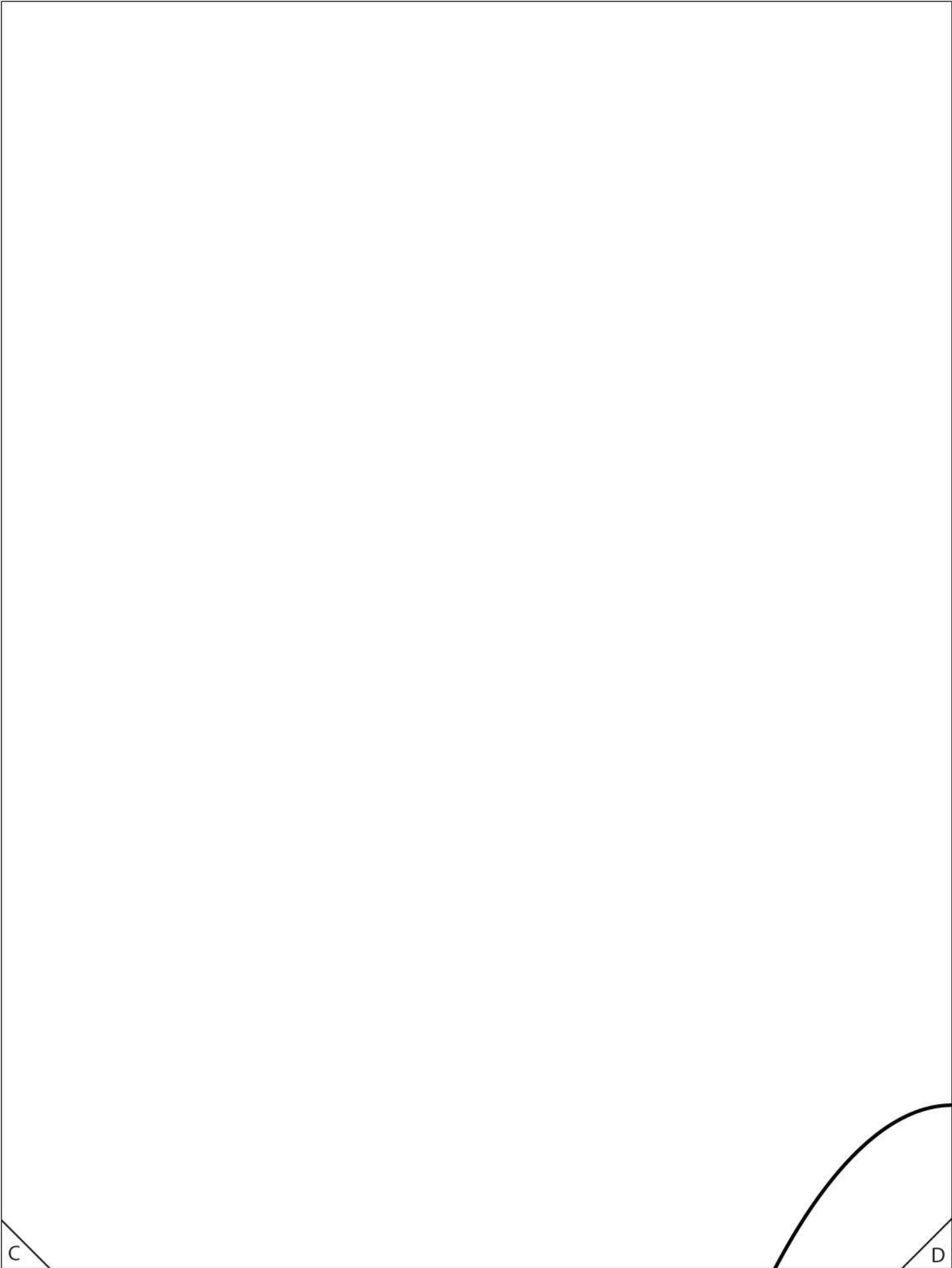


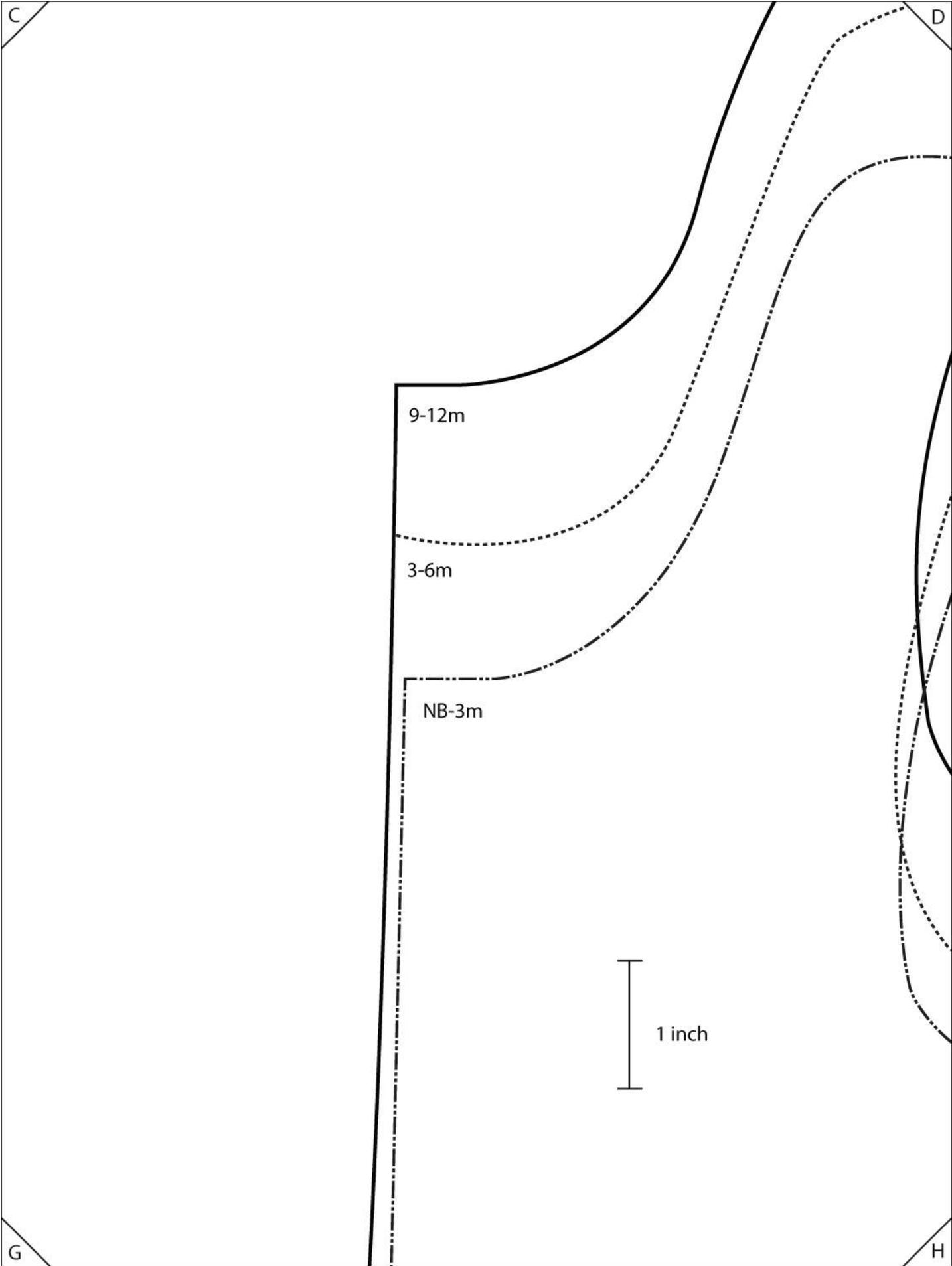


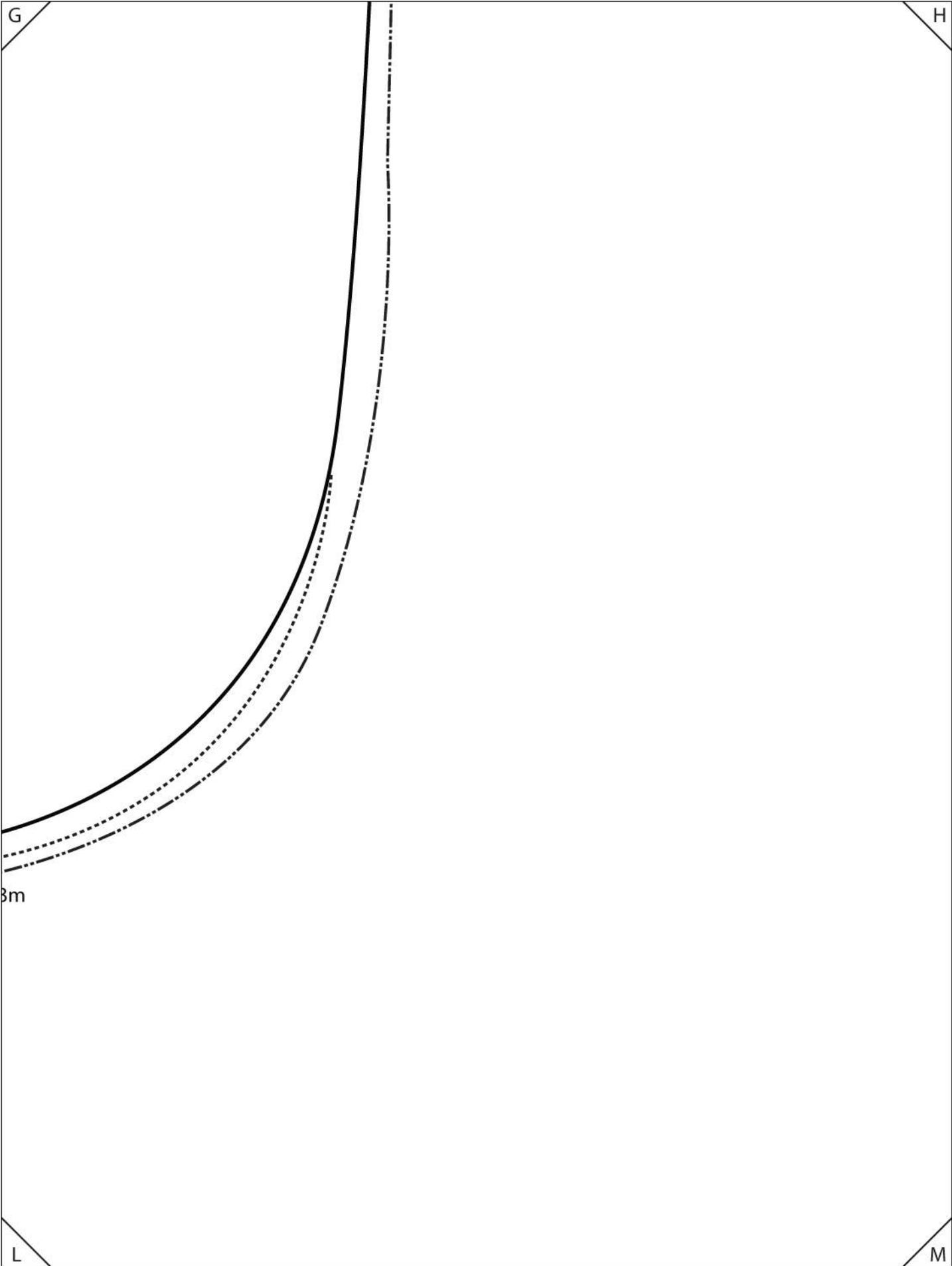


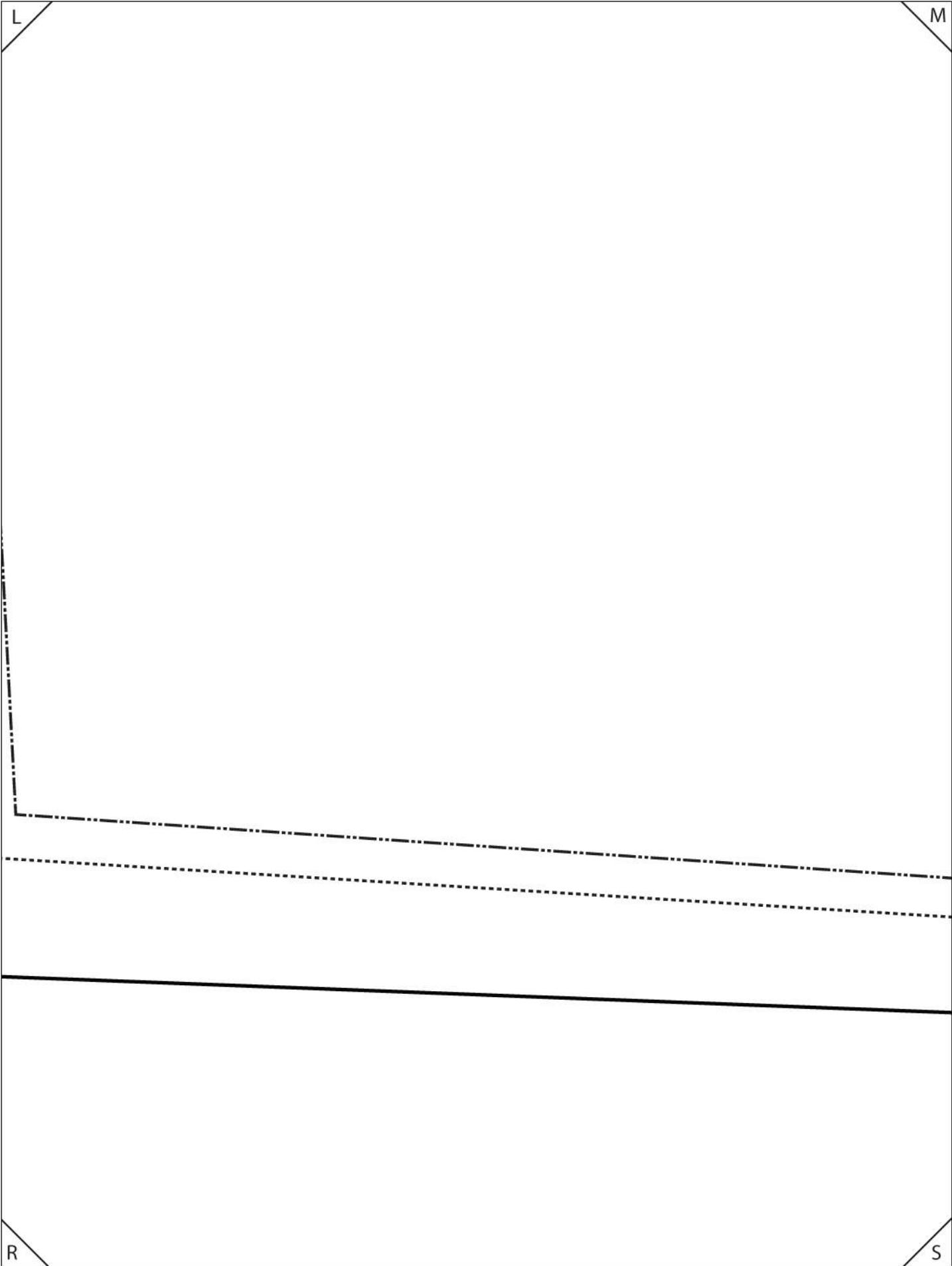


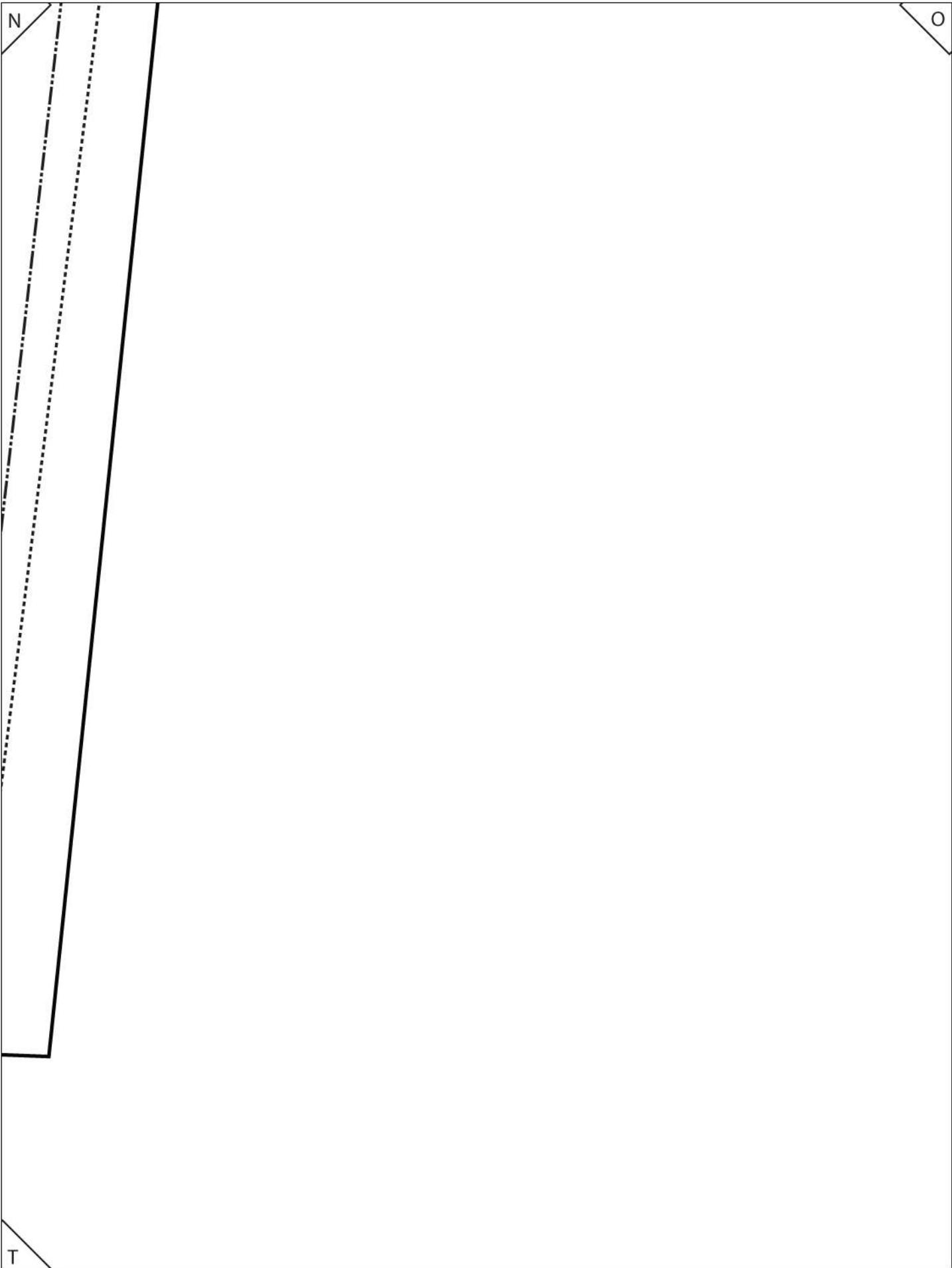


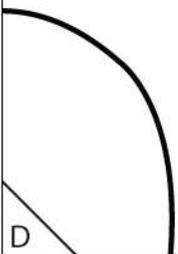


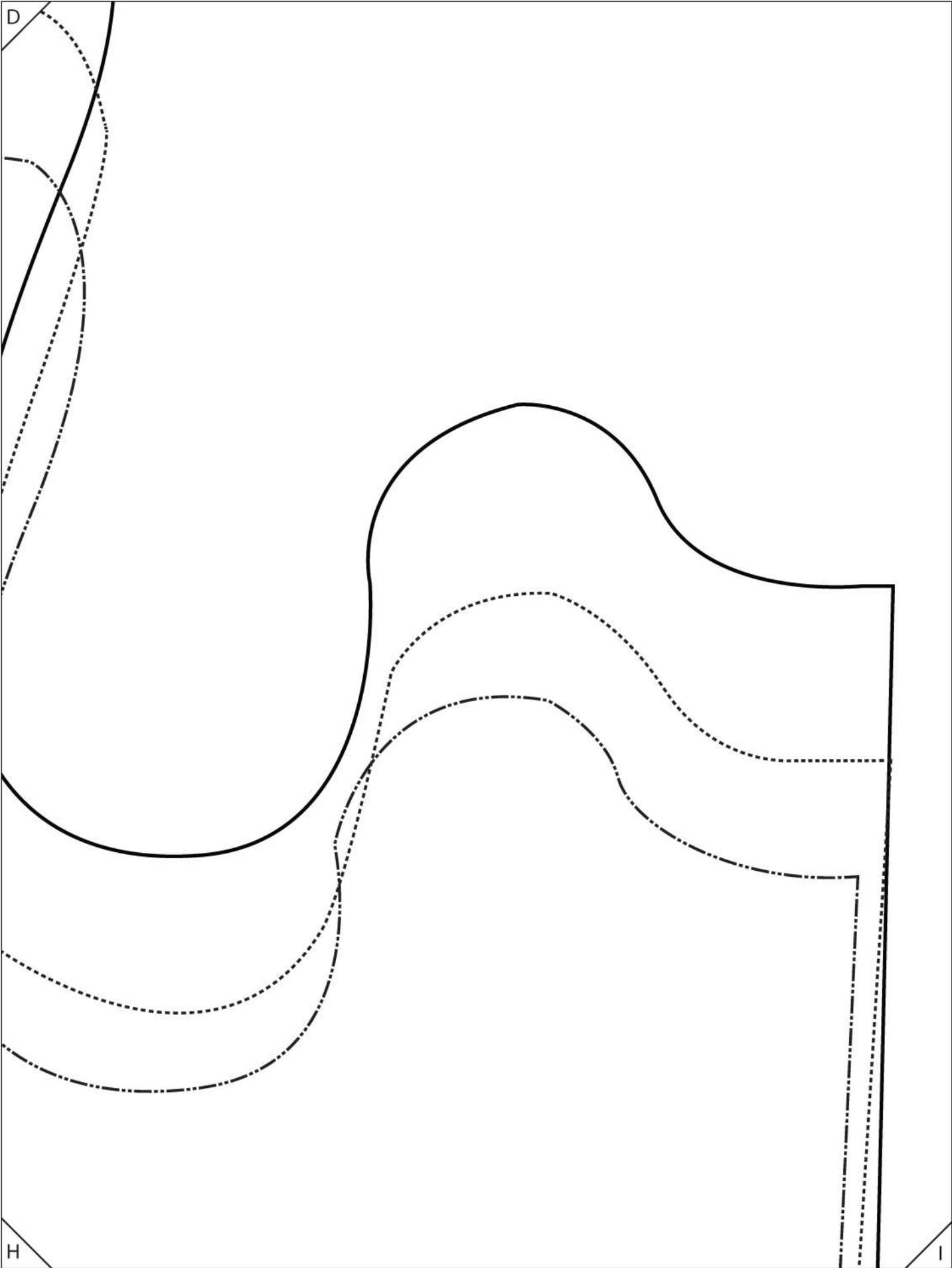












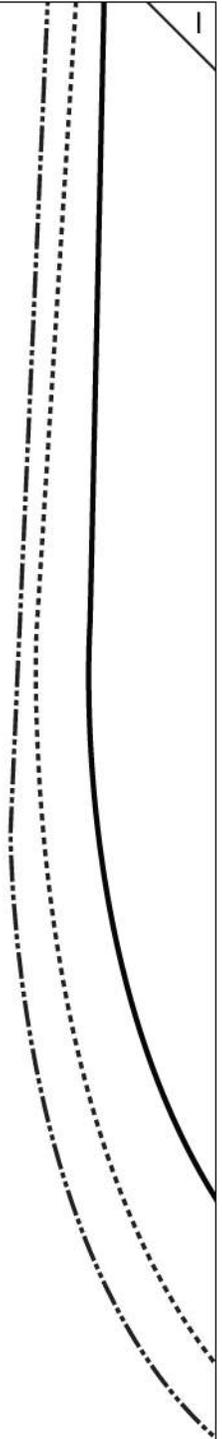
H

Boys/Girls Overall cut 2



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