



Ruffle Sun Hat



This adorable reversible sun hat style is often referred to as “mop cap”, reminiscent of old times when those caps were worn as a sleeping cap. My approach is for today’s fashion with a touch of yesterday and the optional oversized bow adds just enough to make it whimsical😊

List of required materials:

- Non-stretch cotton material
- Matching thread
- Sewing machine
- Iron
- Measuring tape
- Fabric marker/pen
- Safety pin
- Straight pins
- Scissors
- Hand sew needle double threaded

Seam allowance: 3/8” unless stated otherwise

To begin: print out your quarter circle without scaling and double check the 1 inch print scale. Tape the pieces together matching the diamond with the letter “A”. This is now your printed and taped template. I marked the colored lines so they can be seen better.

Size	Fabric 2 pieces	Elastic ¼ “ wide
Newborns aqua	½ yd	13”
Babies red	2/3 yd	14”
Toddlers green	2/3 yd	14.5”
Preteen purple	2/3 yd	16”
Adults yellow	¾ yd	18.5”

The sizing is marked with 2 colored lines per size group as follows:

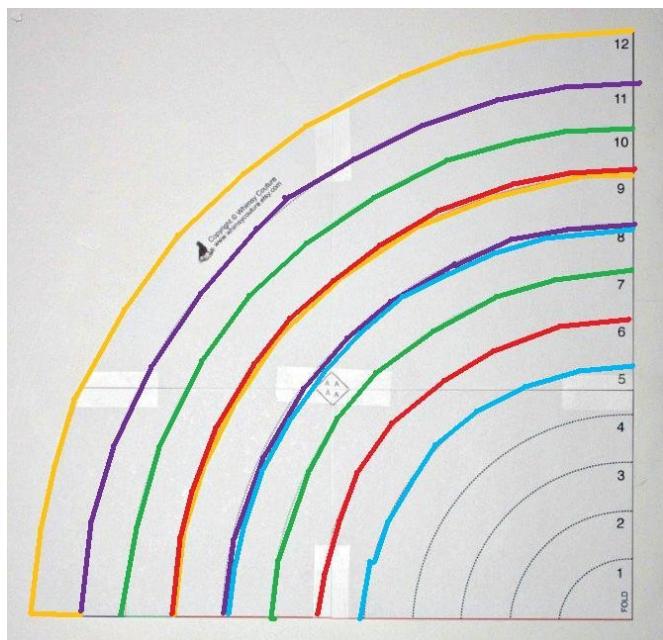
Size newborns = **aqua**

Size babies 9-12m = **red**

Size toddlers = **green**

Size preteen = **purple**

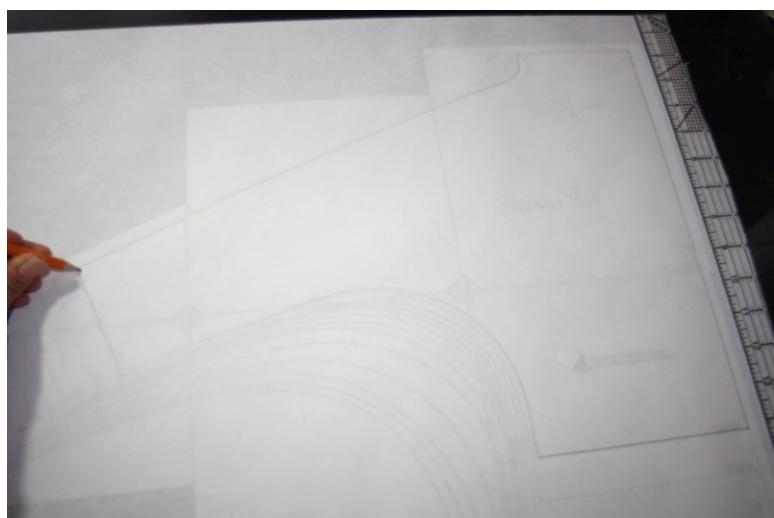
Size adults = **yellow**



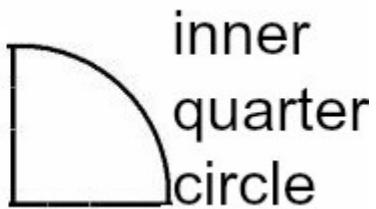
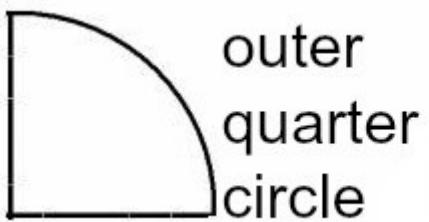
(disregard the remaining black lines and number on side-

might be helpful for making doll hats!! ☺)

Best is to either print out a second set of cutouts per size or simply trace the taped together pieces onto a larger piece of paper (a poster roll from Office Depot works great), if desired, as shown below on a different project:



These should be the two quarter circles you have traced and cut out (illustration):



To cut out your fabric:

Fold your fabric in half twice so it looks like this with 4 plies:



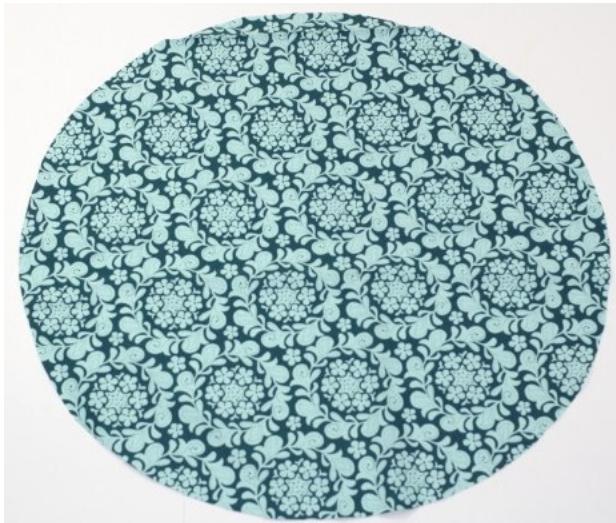
Place the large quarter circle onto the fabric aligning both straight edges with the folded fabric edges. Pin:



Cut around template:



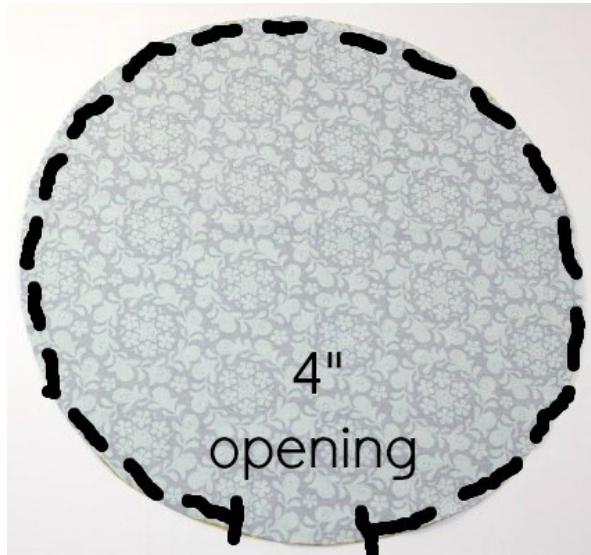
Once unfolded it should look like this circle now:



Spread out the reverse fabric piece with right side up and place the just cut circle with right side down onto it:



Pin and cut around circle and discard scraps. Leave both circles pinned together and sew along the perimeter leaving a 4" opening at the area where you want the back to be. This is important if you have a directional print. Backstitch beginning and end:



Trim off about half of the seam allowance starting at the opening. Do not cut seam allowance at the 4" of the opening:



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Turn with right sides out and press carefully around the outer edges. Fold in the opening edge to make it look smooth:

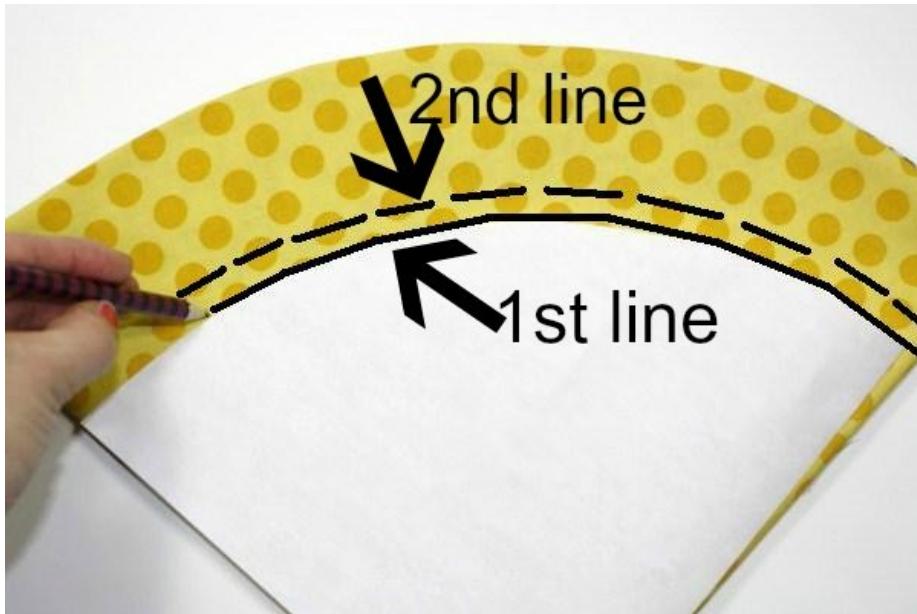


This is now your hat circle:



To mark the casing lines:

Fold your circle into a quarter. Place the small quarter circle template onto your fabric as shown matching the corner of template and fabric. Pin in place. Draw a line right along the template and another line 0.5" above the first:



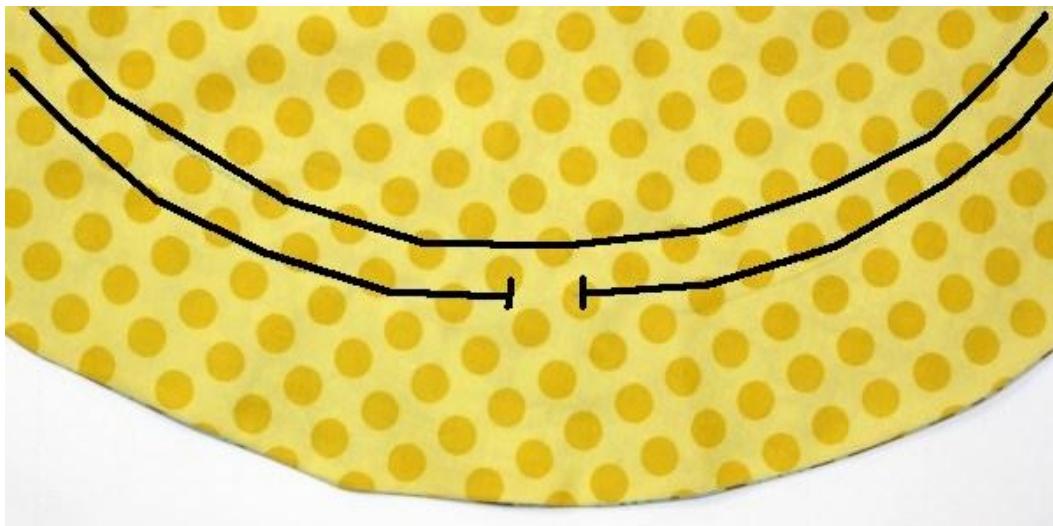
Remove pins and turn fabric around and pin template to other side. Repeat until entire fabric circle has the marked lines (on one side only).

To sew the casing:

Choose a very close matching thread. Start at the opening. First sew along the first (inner) circle all the way around. Backstitch the end. Then sew the second line leaving a 1" opening right by the 4" opening of the fabric circle. Backstitch beginning and end:



This is how your casing should like now:



To insert the elastic:

Secure a safety pin to one end of the elastic and insert it into the casing:



Once both ends of the elastic meet slightly overlap them and pin. Then hand stitch both ends together with at least 10 stitches back and forth:



Last step:

Choose a matching thread for each side. Pin the opening and machine sew it closed close to the outer edge. Backstitch beginning and end:



Your adorable sun hat is done!



How to make a little bow:



This bow gets pinned to the hat from the inside with a safety pin. You can remove it for washing and pin it to either side.

List of required materials:

- Fabric for bow
- ribbon
- Sewing machine
- Thread
- Hand sew needle
- Scissors
- Iron
- Safety pin

Sizing chart:

To cut out your bow fabric piece, select the size that best fits to the hat. Cut 1 piece as follows:

Size	width	length	Ribbon 0.5" – 7/8" wide
Babies/red	4"	14"	2.5"
Toddlers/green	4.5"	16"	3"
Preteens/purple	5.5"	18"	3 ¼ "
Adults/yellow	6.5"	19"	3.5"

This is the piece you have cut out:



Fold both short ends towards the center with right sides together (inside). Overlap the ends 0.5":



Pin and sew with a straight stitch on both long edges (marked with dashes in picture. Backstitch beginning and end:



Turn piece with right sides out and gently “poke” all 4 corners out with a closed pair of scissors or other turning tool. Press:



Turn piece over so the fold is facing down and pinch the center as shown:



With a double threaded hand sew needle stitch in place with several stitches going back and forth:



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Place bow onto the ribbon piece:



.....and wrap ribbon around bow. Fold in the outer ribbon end 0.5":



Hand stitch ribbon closed along dashed line:



Rearrange bow to make it even on both sides. Pin it to the hat, done!

Design examples :



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1 inch



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