



Frilly Apron (with adult sizes!)



This frilly apron is not only for cooking or baking! Imagine dressing up a plain dress or skirt with this which is especially cute for girls!

You need a serger for the ruffle seams. If you don't have one you can use your regular sewing machine and make twice folded hems with a 0.25" fold. **Must add 1" to the given ruffle length measurements to make up for the folded hems!**

List of required materials:

- Sewing machine
- Serger
- Notions
- Scissors
- Pins
- Lip edge ruler
- Fabric marker

Cutting chart– based on 44 inch wide fabric WITH print direction

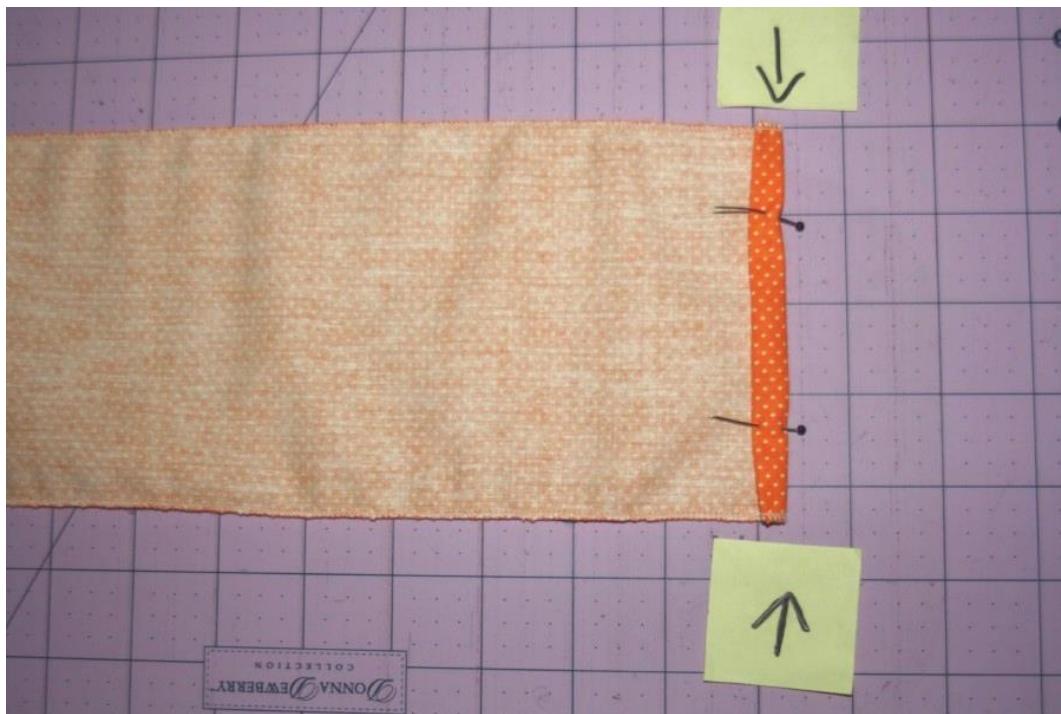
Size	Under panel W x L	Yardage for under panel	Ruffle – cut 3x W x L	Yardage for ONE ruffle	Band – cut 3x W x L	Yardage for band
2t-5t	21"x11"	1/3 yd	36"x4"	1/4 yd	5"x19"	
6-12	23"x12.5"	1/2 yd	38"x4.5"	1/4 yd	5"x20"	
Ladies s-m	25"x16"	1/2 yd	41"x4 3/4"	1/4 yd	5.5"x22"	
Ladies l-xl	28"x16"	1/2 yd	42"x4 3/4"	1/4 yd	5.5"x24"	
Ladies xxl-xxxl	30"x16"	1/2 yd	44"x4 3/4"	1/4 yd	6"x26"	

Sew with a seam allowance of 3/8 inches.

Serge all ruffle strips on top and bottom edge (either rolled hem style or serge style) (Or if you are not using your serger you would want to fold up both edge 0.25" and press, then fold up once more 0.25" and press. Then sew in place along the upper folded edge):

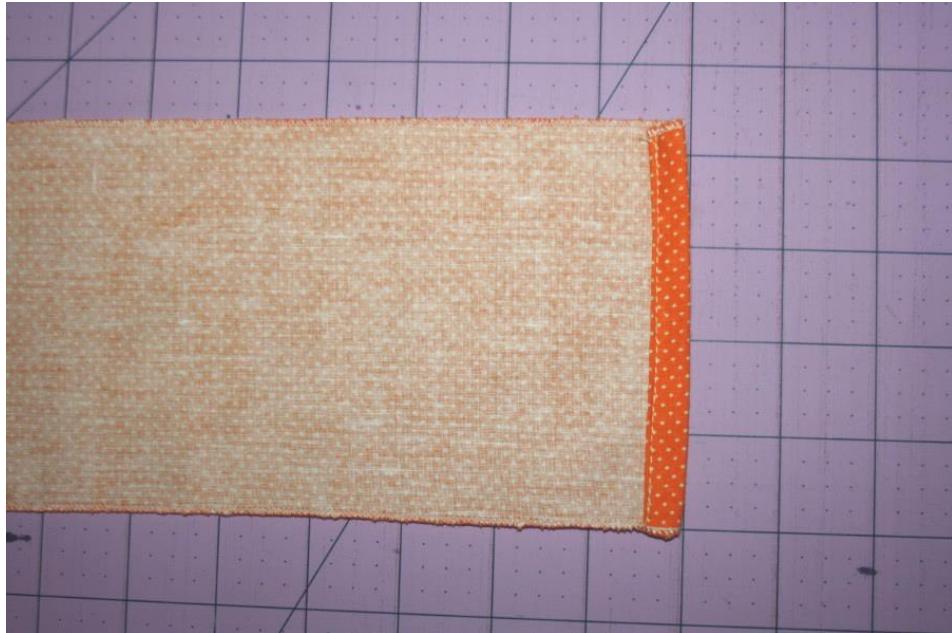


Fold in the side edge to $\frac{1}{4}$ inch and press, fold in again to $\frac{1}{4}$ inch and press. Pin and sew between arrows.



Repeat with all remaining ruffle strips.

This should be your ruffle strip side now:



To gather ruffle strips:

Most sewing machines allow this setting for ruffling. Tension to the highest number and stitch length to the widest stitch. Sew about 3/8 inch away from the top edge as shown. Sew slowly and your machine should ruffle your fabric automatically.



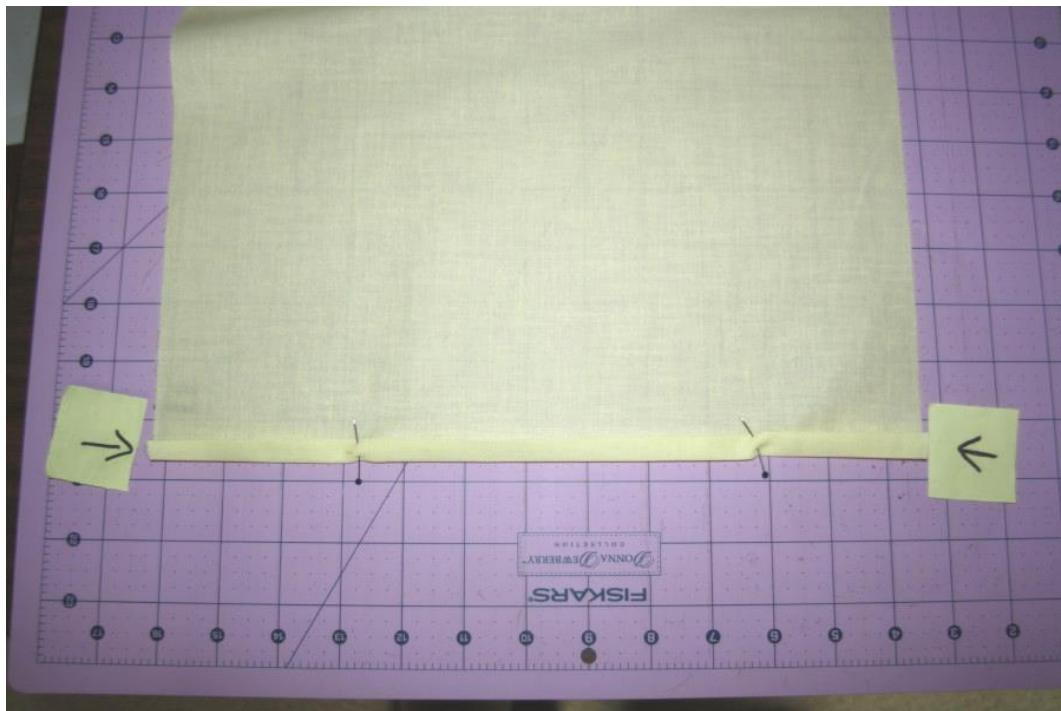
Repeat with all ruffle strips.

This should be your ruffled strip.



To make the under panel:

With right side down, fold the side edge in to about $\frac{1}{4}$ inch and press. Fold in again to $\frac{1}{4}$ inch and press.
Pin and sew between arrows:



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Repeat with other side.

Repeat the same steps with the bottom edge:



This should be your finished apron under panel with 3 sides sewn in:

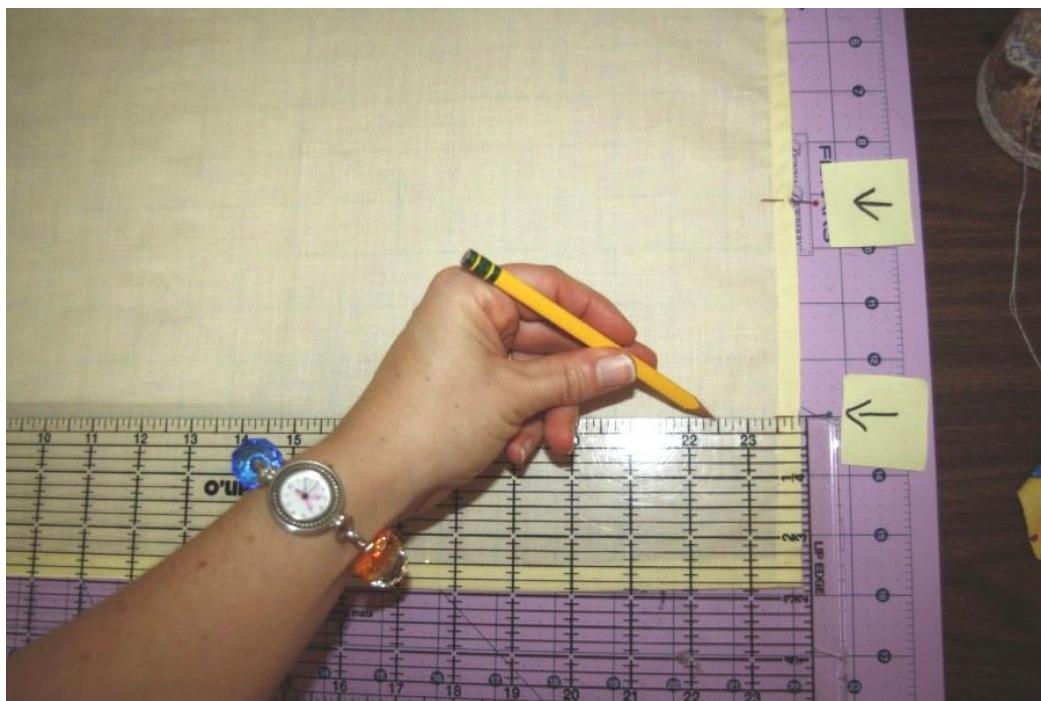


To sew the ruffles on:

In order to sew on the ruffles, position them right onto your underskirt piece as shown. Distribute the gathers so the ruffle will match the width of the under panel. Start with the bottom ruffle and let it slightly hang over the bottom edge. Then every other ruffle let slightly overlap. Pin the sides as shown with my arrows right where the ruffle seam hits. This is where you want to mark with your fabric marker to sew the ruffle strips on later on.



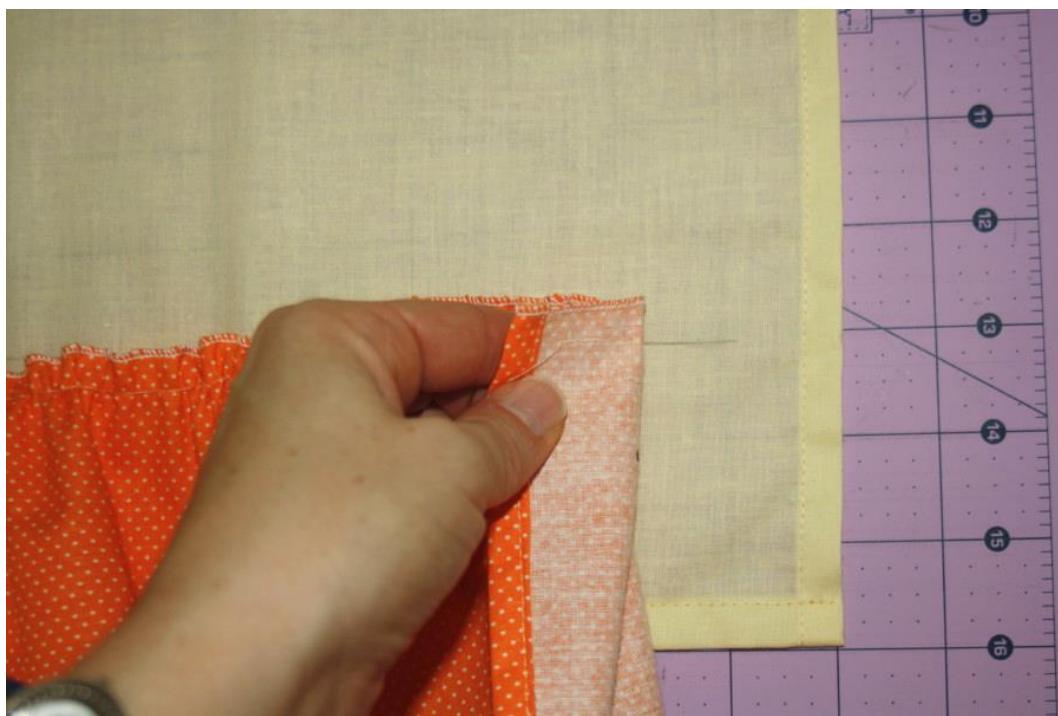
Draw a line across the underskirt piece right along where the pins are. The distance from both lines should be equal.



Here you can see where I draw my lines. Total of 3 lines where the pins are on the sides.



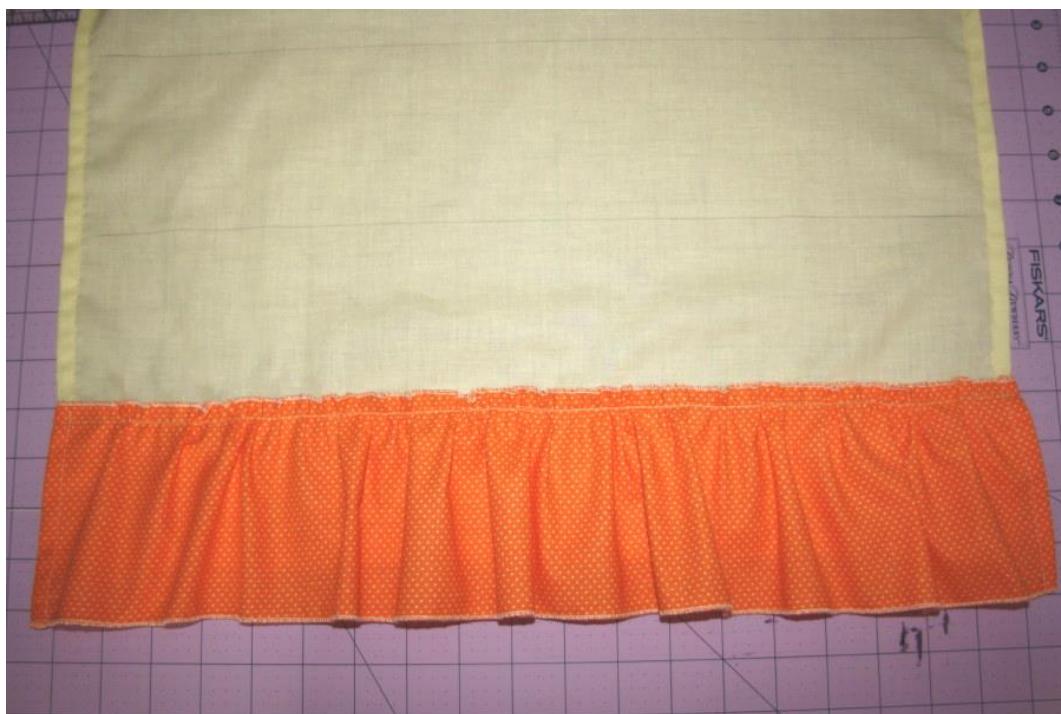
Take your bottom ruffle strip and position it right with the ruffle seam onto the line as shown:



Pin in place.



Sew ruffle onto the under panel with backstitching.



Repeat with remaining 2 ruffles making sure to position them equally distanced.

Gather the under panel's top edge as you did with the ruffles.



Lay piece aside.

To make the tie band:

Take 2 of your 3 tie band pieces and put them with right sides together on the short ends.



Pin in place. Sew between arrows and backstitch the beginning and end:



Sew the third tie band piece on in the same way. You will now have a long tie band strip with 3 sewn parts. Press each seam open.

Now fold your strip over with right sides together as shown:



Pin and lay the tie band flat. Take your gathered apron piece and position it right into the middle of the tie band. Distribute the gathers to the below given length:

2t-5t=14" – 6-12=16" – Ladies s-m=17" – Ladies l-xl=19" – Ladies xxl-xxxl=22"

I placed arrows where to pin. Best is to determine the center of the tie band and place your apron piece also with the center along the tie band. Leave an opening of 2 inches wider than your apron piece measures.



Lay the ruffled piece aside and continue pinning the tie band on either side.

Sew your tie band all the way around leaving the just pinned opening open.

Trim off corners to reduce bulk.



Turn your tie band with right sides out and press it. Also press the opening in place carefully making sure to achieve the same width as the rest of the tie band.



Place your apron piece now right into the opening as shown. Pin where I placed my arrows.



Sew apron piece right onto your inner tie band edge making sure not to sew over the edge. Best is to sew right on top of the gathered edge.



Fold the top layer of your tie band down to cover the just sewn on apron piece and pin.

Sew between arrows close to the edge in a straight line. Backstitch the beginning and end.



This is now your finished apron!



You can decorate your tie band now and add a cute button, flower etc.



Design examples:



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